



MARYSVILLE PARKS AND RECREATION

Activities Guides

WINTER/SPRING 2014
Vol. 25, No. 1



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SPECIAL EVENTS

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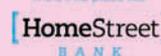
WINTER FAMILY ACTIVITIES & COMMUNITY EVENTS



Father-Daughter Valentines Dances

Marysville Parks and Recreation invites fathers and daughters of all ages to enjoy the 2014 Father-Daughter Valentines Dance. Make this a special night creating lasting memories as you dance with your daughter! Enjoy refreshments and receive a photo to commemorate your evening! Cost is \$20 per couple and \$5 for each additional daughter attending the same session. Registration begins Jan. 6, 2014. Pre-registration is required for this event; no paper tickets will be distributed.

Sponsored by:



Cedarcrest Middle School Cafeteria, 6400 88th St. NE, Marysville

Saturday, February 1st

Course #: 12374	Time: 5:30 - 7:00 pm
Course #: 12375	Time: 7:30 - 9:00 pm

Saturday, February 8th

Course #: 12376	Time: 5:30 - 7:00 pm
Course #: 12377	Time: 7:30 - 9:00 pm



The Everett Silvertips would like to welcome City of Marysville residents, their families and friends to Marysville Night on January 18, 2014 when the Everett Silvertips face off with the Moose Jaw Warriors. Through this promotion, the Silvertips are offering special rates for the night. Lower-level tickets are only \$16! (\$7 off the walk up price with no added fees.) Upper-level tickets are \$12. Tickets will go fast so don't get shut out on this great pricing. Game time is 7:05 pm. Those who take advantage of this offer will receive a \$5 off coupon toward purchases in the Silvertips Team Store. The deadline to buy the tickets is January 15 or while supplies last. For information and to purchase tickets go to www.everettsilvertips.com/marysville or email Kevin Danford at kevind@everettsilvertips.com.

Princess & Pirates Breakfast Bowl



Princess and Pirates of all ages will love this family event! Dress up as your favorite princess or pirate with Marysville Parks and Recreation and Strawberry Lanes for an exciting morning! Take part in a costume contest, create jeweled crafts, enjoy breakfast and bowl! Included are crafts, breakfast from the Strawberry Lanes breakfast menu, 2 frames of bowling and bowling shoes. Price is per person.

Course #:	12368
Time:	9:00 - 12:00 pm
When:	Sunday, March 2
Location:	Strawberry Lanes Bowling Alley 1067 Columbia Ave
Age:	3 and older
Cost:	\$15 per person



Seven A-Side Youth Soccer

Seven A-Side Youth Soccer Ages 7-14

Registration for the 7v7 Soccer League has begun! This recreational soccer program is offered in cooperation with MYSC and is for boys and girls ages 7-14 years. Registration will continue through Feb. 21. Team registration deadline is Wednesday, Feb. 19. Coaches of established North County Youth Soccer teams may register players from their 2013 fall roster as a team. Team registrations must be submitted in person with completed registration forms and payment for each player. PLEASE PRINT RECEIPT FOR DETAILED SOCCER INFORMATION!



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Parks and Recreation Class Registration Form, see Page 29



for last-minute calendar entries and announcements

Time:	Practices to be arranged 5:00 - 8:00 pm on week nights (Practices/games are 1 hour)		
When:	Mon./Wed. or Tues./Thurs. (Girls typically play Mon./Wed., Boys Tues/Thurs)		
Dates:	April 7-June 5		
Location:	Marysville Youth Soccer Complex 4800 152nd St. NE		
Cost:	\$65 (includes uniform shirt)		
U7/U8 Boys	U7/U8 Girls		
Course #:	12345	Course #:	12346
Age:	7-8	Age:	7-8
U9/10 Boys	U9/10 Girls		
Course #:	12347	Course #:	12348
Age:	9-10	Age:	9-10
U11/U12 Boys	U11/U12 Girls		
Course #:	12349	Course #:	12350
Age:	11-12	Age:	11-12
U13/14 Boys	U13/14 Girls		
Course #:	12351	Course #:	12352
Age:	13-14	Age:	13-14



Kidz Love Soccer is designed to teach kids the game of soccer is a fun and safe environment. This is accomplished through games and skills taught at appropriate age and ability levels. You and your kids will love Kidz Love Soccer!

When: Friday, March 7-April 11
Instructor: Kidz Love Soccer
Location: Jennings Park Ballfield, 6915 Armar Road

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the “World’s Most Popular Game!” As you and your child participate in our fun age-appropriate activities, your child will develop their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won’t have to watch from the sidelines.

Course #: 12353 **Time:** 3:00 - 3:30 pm
Age: 2 - 3 1/2 **Cost:** \$61

KLS Tot Soccer

Encourages large motor skill development through games and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids!

Course #: 12354 **Time:** 3:40 - 4:10 pm
Age: 3 1/2 - 4 **Cost:** \$61

KLS Pre-Soccer

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age-appropriate environment.

Course #: 12355 **Time:** 4:10 - 4:45 pm
Age: 4 - 5 **Cost:** \$61

KLS Soccer 1

Teaches the basic techniques of soccer for beginning players including dribbling, passing and receiving, shooting, goal keeping, etc. Every participant will have a ball at their feet! Fun skill games will be played at every session. Small sided soccer matches will be introduced gradually.

Course #: 12356 **Time:** 4:45 - 5:30 pm
Age: 5 - 6 **Cost:** \$61

Soccer Skills and Scrimmages

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team format. Each class we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. All levels of skill are welcome to learn and enjoy the world’s most popular sport! Each participant will receive a soccer jersey.

Course #: 12357 **Time:** 5:30 - 6:15 pm
Age: 7 - 10 **Cost:** \$71



Kung Fu/Tae Kwon Do for Beginners

These beginning Tae Kwon Do and Kung Fu classes taught by Kung Fu 4 Kids are a fun and exciting way for children to build confidence, increase self-esteem and learn self-defense. Every day a portion of the class is dedicated to teaching respect, honesty, discipline and manners. Students attend twice a week for 45 minutes, many days and times are available. No class on Jan. 20 & Feb. 17.

Instructor: Carl Doup
Location: Kung Fu 4 Kids Academy, 804 Cedar Ave.
Age: 4-12
Time: Early Evening (see office for schedule)
Cost: \$99 (material fee \$25 for uniform)

Course #: 12255 **Jan. 2-31**
Course #: 12256 **Feb. 3-28**
Course #: 12258 **March 3-28**
Course #: 12257 **April 1-30**

Bowling for Beginners

Have fun learning the basics of bowling with Strawberry Lanes. Bowling technique and scoring will be covered during the session. Shoe rentals are included in the class fee. Class is not held on holidays. Class will not be held Jan. 17.

Time: 4:00 - 5:00 pm
When: Monday
Instructor: Strawberry Lanes
Location: Strawberry Lanes Bowling Alley
 1067 Columbia Ave.
Age: 6-17
Cost: \$35

Course #: 12140 **Jan. 27-Feb. 24**
Course #: 12141 **March 3-24**
Course #: 12142 **April 14-May 5**

Hoop Dance Workshop for Youth Ages 4-13



Hula Hooping is a natural kids sport! Kids love spinning a Hula Hoop and showing off their new tricks. Instructor Indigo will provide a structured class and encourage learning new movements and activities which promote balance and coordination. Parents may join the last 10 minutes for a mini-hoop demo. Hoops provided for class are available for purchase.

When: Saturday, Feb. 22
Instructor: Indigo
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Cost: \$10

Course #: 12303 **Time: 1:00 - 1:45 pm** **Age: 4-8**
Course #: 12304 **Time: 2:00 - 3:00 pm** **Age: 9-13**



Cheerleading - Beginner Ages 6-8

Come join the fun, exciting world of cheerleading. Learn cheer terminology, cheers, jumps and levels. Students must wear athletic tennis shoes and comfortable fitted clothing. No class on April 7.

Time: 4:30 - 5:20 pm
When: Monday
Instructor: Danielle Kunselman
Location: Community Center, 514 Delta Ave.
Age: 6-8
Cost: \$42

Course #: 12247 **March 3-24** **Level 1**
Course #: 12262 **March 31-Apr. 28** **Level 2**

Cheerleading - Beginner Ages 9-13

Designed to learn new cheerleading skills (levels, jumps, cheers) at a pace that will keep up with the age level of the participant and with a faster progression of skills. Students must wear athletic shoes and comfortable fitted clothing. No class on April 7. *Girls age 14-15 may also register with instructor permission.

Time: 5:30 - 6:30 pm
When: Monday
Instructor: Danielle Kunselman
Location: Community Center, 514 Delta Ave.
Age: 9-15
Cost: \$42

Course #: 12248 **March 3-24** **Level 1**
Course #: 12264 **March 31-Apr. 28** **Level 2**

Gymnastics with Rising Star (Co-Ed)

Has your child been begging to try gymnastics? This introductory class with Rising Stars Gymnastics is the perfect way to explore beginning gymnastics before committing to the full membership and program. Your child will love learning the skills of bars, beam, floor exercise, vault, and trampoline. The highly trained instructors follow USA Gymnastics guidelines. Let your child discover the world of gymnastics! Attire should include leotard and shorts or footless leggings for girls, t-shirt or tank top and shorts for boys (no zippers).

Time: 4:30 - 5:30 pm
When: Tuesday
Location: Rising Stars Gymnastics
 3707 124th St. NE #9
Cost: \$65

Course #: 12397 **Jan. 7-Feb. 4** **Age: 5-7**
Course #: 12398 **March 4-April 1** **Age: 8-12**



Tumbling and Movement

Instructor Monica Olason explores movement through tumbling using mats, beam and hoops. Participants will have fun discovering body awareness, muscle development, flexibility, balance, coordination, basic loco motor skills and positive self- image in this warm and friendly atmosphere. Students are to wear leotard or leggings with T-shirt and bare feet; clothes should allow easy movement. Hair should be neatly secured. Parents are invited to attend the last 10 minutes of class.

Time: 10:45 - 11:30 am
When: Wednesday
Instructor: Monica Olason
Location: Community Center
 514 Delta Ave.
Age: 3-5
Cost: \$40

Course #: 12277 Jan. 8-29
Course #: 12293 Feb. 5-26
Course #: 12290 March 5-26
Course #: 12272 April 2-30 (No class April 9)

Mommy and Me Tumbling and Movement

Explore the world of tumbling and movement with instructor Monica Olason. You and your child will love practicing coordination, balance, rhythm and stretching all while moving to the music. Your child will be delighted with using the mats, hoops, ribbons and more.

Time: 11:30 - 12:00 pm
When: Wednesday
Instructor: Monica Olason
Location: Community Center
 514 Delta Ave.
Age: 1-3
Cost: \$28

Course #: 12281 Jan. 8-29
Course #: 12292 Feb. 5-26
Course #: 12289 March 5-26
Course #: 12271 April 2-30 (No class April 9)

Mommy and Me Creative Dance

This wonderful class taught by Monica Olason will have mommy and child twirling with glee. You will love the exercise and your child will love learning dance, coordination, balance, rhythm and stretching. The class will feature basic dance steps in ballet and jazz.

Time: 9:30 - 10:00 am
When: Friday
Instructor: Monica Olason
Location: Community Center
 514 Delta Ave.
Age: 1-3
Cost: \$28

Course #: 12282 Jan. 10-31
Course #: 12283 Feb. 7-28
Course #: 12284 March 7-28
Course #: 12273 April 4-May 2 (No class April 11)

Dance Combo!

Your child will love this unique class that includes ballet, jazz and tumbling. Instructor Monica Olason will start each class with a ballet warm up then follow it with jazz combinations and beginning tumbling. Students wear leotard and tights with leather soled ballet shoes. Hair should be neatly secured. Parents are invited to attend the last 10 minutes of class.

Time: 1:00 - 1:45 pm
When: Tuesday
Instructor: Monica Olason
Location: Community Center
 514 Delta Ave.
Age: 4-6
Cost: \$40

Course #: 12287 Jan. 7-28
Course #: 12286 Feb. 4-25
Course #: 12275 March 4-25
Course #: 12294 April 1-29 (No class April 8)





Ballet and Tap

Instructor Monica Olason will teach your child phrasing and the terminology of ballet and tap while building grace, poise and strength. Basic building blocks, positions and the preparatory steps of ballet and tap will be taught in each class. Students wear leotard and tights with leather soled ballet and tap shoes. Hair should be neatly secured. Parents are invited to attend the last 10 minutes of class.

Wednesday Classes

Time: 10:00 - 10:45 am
When: Wednesday
Instructor: Monica Olason
Location: Community Center, 514 Delta Ave.
Age: 3-5
Cost: \$40

Course #: 12276 **Jan. 8-29**
Course #: 12291 **Feb. 5-26**
Course #: 12288 **March 5-26**
Course #: 12274 **April 2-30 (No class April 9)**

Friday Classes

Time: 10:00 - 10:45 am
Instructor: Monica Olason
Location: Community Center, 514 Delta Ave.
Age: 3-5
Cost: \$40

Course #: 12278 **Jan. 10-31**
Course #: 12279 **Feb. 7-28**
Course #: 12280 **March 7-28**
Course #: 12285 **April 4-May 2 (No class April 11)**

Drawing for Youth Beginner to Advanced

This fun and creative class taught by Vicki Carver guides budding artists while they explore and develop the skills to draw animals, people, flowers, still life and landscapes using graphite pencils. Returning artists may choose to work on individual projects. Supplies needed: graphite pencils (2H, HB and 6B), Strathmore drawing pad (50lb. or 70lb) with spiral top, white eraser, and a pencil sharpener. Artists may also bring oil pastels or color pencils for drawing enhancements.



Instructor
Vicki Carver

Time: 4:30 - 6:00 pm
When: Tuesday
Instructor: Vicki Carver
Location: Community Center
 514 Delta Ave.
Age: 7-13
Cost: \$63

Course #: 12309 **Feb. 4-25**
Course #: 12310 **March 4-25**
Course #: 12311 **April 1-29 (No class April 8)**



Nail Art for Youth - Water Marble Designs

Do you love doing your nails and want to learn some new and cool techniques that are sure to impress your friends? Join Instructor Sandy Goodwin in this fun class where you learn to do water marbling effects on your nails. Learn design styles including stripes, swirls, flowers, hearts and more! Each participant gets their very own water marbling nail kit containing 3 quality nail polishes, practice sticks, etching tools and everything needed to create beautiful nail art designs at home. You will love the kit and your new fabulous nails!

Course #: 12402
Time: 11:00 am - 12:00 pm
When: Saturday, March 22
Instructor: Sandy Goodwin
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: 6-12
Cost: \$25

Inclement Weather Policy

The City of Marysville values our citizens' safety. In the event that the Marysville School District cancels school due to poor weather, the City will close the Ken Baxter Community Center, and all City recreational/athletic programs will be cancelled.

For weekend youth basketball game status call (360) 363-8403.



NEW! Creative Craft Ideas for Kids

Does your child love to craft? Have they ever thought about selling the crafts they make? This spring Marysville Parks and Recreation will be offering the first ever Children's Handmade Craft Show. Sometimes it takes just one great idea to get things going. In this fun workshop, kids will get to explore different craft making ideas including what materials each craft will require. *Kids who participate in this workshop will receive a \$5 discount on their vendor registration.

Course #: 12420
Time: 10:00 am - 12:00 pm
When: Saturday, March 8
Instructor: Beth Ha
Location: Jennings Park Barn
 6915 Armar Road
Age: 6-13
Cost: \$15 (plus receive a \$5 discount off Children Craft Fair listed below)

NEW! Children's Craft Fair

It's a craft fair just for kids! Kids ages 6-13 may register for a booth. Vendor fee includes table space, chair and a vendor packet with helpful selling tips! Children must be accompanied by an adult while participating in the show. Invite your friends and family! Most items will be priced from \$.25 cents to \$15 so its affordable for young shoppers. This event takes place at the same time as our annual Easter Egg Hunt so there will be lots of shoppers on hand!

Course #: 12387
Time: 9:30 am - 12:30 pm
When: Saturday, April 19
Location: Jennings Park Barn
 6915 Armar Road
Age: 6-13
Cost: \$15

NEW! Rock and Gem Detectives

Learn about the how the earth was formed, the geology of Washington, rocks, minerals and how to identify them. Just like a detective looks for clues, rocks leave distinct identifying features. Create your own rock collection to take home along with a rock identification board. Instructor and gem club enthusiast Ed Lehman has years of experience with rocks, gems and geological education.



Course #: 12405
Time: 6:00 - 8:00 pm
When: Wednesday, March 12
Instructor: Ed Lehman
Location: Community Center
 514 Delta Ave.
Age: 10 and older
Cost: \$10 (Material fee of \$5 per person payable to the instructor at class.)



NEW! LEGO Adventures, Terrific Transportation!

Join Leap4Kids at this exciting event where parent and child work together on a LEGO adventure. Learn about engines and how things move in this fun and educational day designed around cars, planes and the world around us. Using batteries and motors, you will bring creations to life. Let your child lead the way for an afternoon of fun! Light refreshments provided. Please register under the child's name.

Course #: 12335
Time: 1:30 - 4:30 pm
When: Saturday, March 22
Instructor: Leap4Kidz
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: 6-10
Cost: \$50



Kindermusik®

Kindermusik taught by instructors Chris Floyd and Shelley Metcalf is a music and movement program for infants, toddlers, preschoolers, and big kids. Your child will play, listen, and dance through musical activities specifically designed to stimulate early childhood development and strengthen neural pathways in your child's mind. Material fees are payable to the instructor at the first class. Classes are 15 weeks. Payments may be divided into 4 installments. For payment plans please contact the Parks and Recreation office (360) 363-8400.

Instructor: Shelley Metcalf or Chris Floyd
Location: Marysville Library Large Meeting Room
 6120 Grove St.
When: Jan. 28-May 14 (No class April 1/2)

Village

In *Village* you and your baby will experience a unique blend of musical activities that stimulate and engage all of the senses. You'll laugh, learn, sing, dance, play together, bond, socialize and make memories.

Age: Birth to 18 months
Cost: \$144
Material Fee: \$70 (payable to the instructor at first class)

Course #: 12120
When: Tuesday
Time: 12:15 - 1:00 pm
Instructor: Shelley Metcalf

Course #: 12130
When: Wednesday
Time: 10:00 - 10:45 am
Instructor: Shelley Metcalf



Kindermusik - Our Time

In *Our Time* you'll witness your child's development in language skills, literacy, listening, problem solving, social skills, self-esteem and musicality.

Age: 18 months - 3 1/2 years
Cost: \$144
Material Fee: \$60 (payable to the instructor at first class)

Course #: 12121
When: Tuesday
Time: 10:00 - 10:45 am
Instructor: Shelley Metcalf

Course #: 12122
When: Tuesday
Time: 11:00 - 11:45 am
Instructor: Shelley Metcalf

Course #: 12123
When: Tuesday
Time: 6:00 - 6:45 pm
Instructor: Chris Floyd

Course #: 12131
When: Wednesday
Time: 11:00 - 11:45 am
Instructor: Shelley Metcalf

Kindermusik - Imagine That

Imagine That encourages socialization, sharing and participating in group activities. Activities are integrated with music, song, dance and instrument play. Parents are invited to join in the last 15 minutes of class.

Age: 3 1/2 - 5
Cost: \$144
Material Fee: \$70 (payable to the instructor at first class)

Course #: 12124
When: Tuesday
Time: 1:15 - 2:00 pm
Instructor: Shelley Metcalf

Course #: 12125
When: Wednesday
Time: 12:30 - 1:15 pm
Instructor: Shelley Metcalf

Course #: 12126
When: Wednesday
Time: 5:20 - 6:05 pm
Instructor: Chris Floyd

Kindermusik - Young Child Semesters 2 and 4

Young Child Semesters 2 and 4 provide a pressure-free small-group class where children can develop a strong musical foundation by learning the concepts, language, notation and vocabulary of music and its greatest composers. Young children, eager for their first experience with musical symbols and instrument discovery, are introduced to a very exciting musical world. Parents are invited to participate in the last 15 minutes of class for sharing time.

Cost: \$184
Material Fee: \$55 (payable to the instructor at first class)

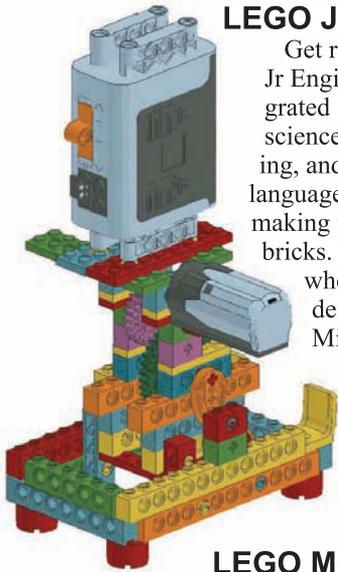
Young Child Semester 2

Age: 5-6
Course #: 12127
When: Tuesday
Time: 4:45 - 5:45 pm
Instructor: Chris Floyd

Young Child Semester 4

Age: 6-7
Course #: 12129
When: Wednesday
Time: 4:10 - 5:10 pm
Instructor: Chris Floyd

SPRING BREAK CAMPS



LEGO Jr Engineers

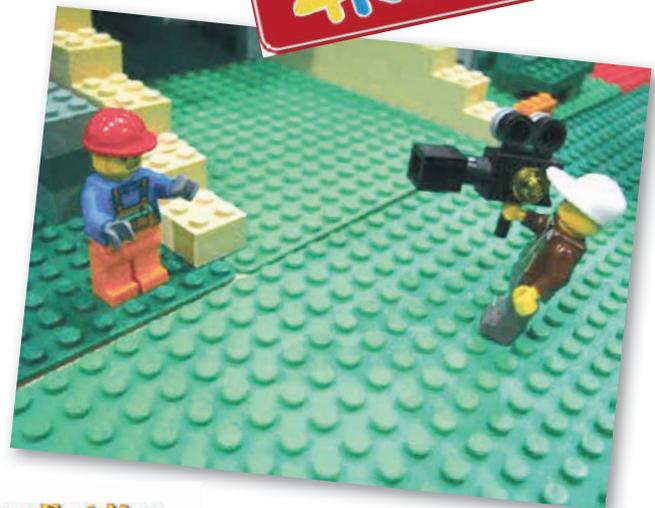
Get ready to discover and build! Jr Engineer camp offers an integrated STEM curriculum including science, technology, engineering, and math, as well as history, language arts, and team decision making for children using LEGO® bricks. This is a hands-on camp where students will build and design with Lego and Technic Mindstorm bricks. Builders will develop problem solving and critical thinking skills while learning, exploring, creating, and playing together.

Course #: 12333
Time: 9:00 am - 12:00 pm
When: Monday-Friday, April 7-11
Instructor: Leap4Kidz
Location: Jennings Park Barn
 6915 Armar Road
Age: 6-12
Cost: \$145

LEGO Movie Making

Get ready for fun with Leap4Kidz as you use LEGO bricks to create your own movie, complete with music special effects and LEGO mini-figure characters. In this unique and creative camp, students will work in teams to plan, script, stage shoot, and produce their own mini-movie using computers, webcams, and Stop-Motion Animation software.

Course #: 12334
Time: 1:00 - 4:00 pm
When: Monday-Friday, April 7-11
Instructor: Leap4Kidz
Location: Jennings Park Barn
 6915 Armar Road
Age: 8-12
Cost: \$180



Kung Fu 4 Kids Camp ages 6-13

Kids will love this camp as they build confidence, learn self defense, improve concentration, increase self-discipline, and develop manners through activities that include martial arts/tae kwon do, crafts, stories, educational activities and more! Three formal martial arts classes are taught each day.

When: Monday-Friday, April 7-April 11
Instructor: Carl Doup
Location: Kung Fu 4 Kids Academy, 804 Cedar Ave
Age: 6-13

Course #:	12259	Time: 9:00 - 4:00 pm	Cost: \$139
Course #:	12260	Time: 9:00 - 12:00 pm	Cost: \$79
Course #:	12261	Time: 1:00 - 4:00 pm	Cost: \$79



Babysitting Basics

Camp Fire USA will teach youth the 'how-tos' of babysitting. Topics include: proper ways to hold a child, what to do in an emergency, infant and toddler care, play ideas, beginning behavior management, age characteristics, finding sitting jobs and working with parents. Participants may bring a snack.



Course #: 12113
Time: 9:00 am - 1:00 pm
When: Saturday, Feb. 1 and Feb. 8
Instructor: Camp Fire USA
Location: Jennings Park Barn
 6915 Armar Road
Age: 10-14
Cost: \$40

Interview Skills: Get Your First Job!

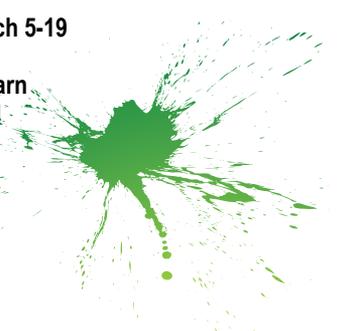
Are you looking for a job? Join Corina Stretch of Simply Customer Service in this informative workshop where you'll identify the key steps necessary for a successful interview. Included in this workshop: communicating effectively, knowing your personal strengths, and interview etiquette. Practice with real interview questions so you know what to expect and feel comfortable with the answers. This will help you nail the interview and improve your chances for getting the job you want.

Course #: 12316
Time: 7:00 - 8:45 pm
When: Tuesday, March 4
Instructor: Corina Stretch
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: 14-18
Cost: \$25

Oil Pastels with Mollie Estes

Try your hand at oil pastel with instructor and art teacher Mollie Estes. Learn to create beautiful close-up pastel 'paintings' using layering, blending and texture. Become inspired by famous artists, Georgia O'Keefe as well as Wayne Thiebaud before creating oil pastels of beautiful flowers and scrumptious desserts. Use symmetry to draw and color faces of your favorite animals. Materials are provided.

Course #: 12366
Time: 4:00 - 5:00 pm
When: Wednesday, March 5-19
Instructor: Mollie Estes
Location: Jennings Park Barn
 6915 Armar Road
Age: 11-14
Cost: \$35



Parenting Classes



Parenting with Positive Discipline

Do you want new information, experiential training and tools you can use *right now* to help with: morning or bedtime hassles, whining, 'attitude', chores and more? Positive Discipline provides respectful and effective tools to replace shouting, nagging, bribing and punishing. For no extra charge, please feel free to bring an additional adult with you.

Course #: 12327
Time: 6:00 - 8:00 pm
When: Thursday, Jan. 16
Instructor: Penny Davis
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 18 and older
Cost: \$25



Twelve Ways to Avoid Power Struggles

Do you ever feel that life with your child(ren) is one big power struggle? This class will share twelve (at least) tools to avoid this phenomenon and encourage children to become more responsible, respectful and self-directed. For no extra charge, please feel free to bring an additional adult with you.

Course #: 12328
Time: 6:00 - 8:00 pm
When: Thursday, Feb. 20
Instructor: Penny Davis
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 18 and older
Cost: \$25



Misbehavior Detective

Children misbehave for many reasons. This workshop will help parents understand why kids do the things they do, learn to recognize the "clues" and solve the misbehavior puzzle, as well as practice the tools that will help children become more cooperative, respectful and self-directed. For no extra charge, please feel free to bring an additional adult with you.

Course #: 12329
Time: 6:00 - 8:00 pm
When: Thursday, March 13
Instructor: Penny Davis
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 18 and older
Cost: \$25

Yoga for Beginners

Increase your flexibility, strength, balance and concentration with beginning yoga classes lead by instructor Tonya Miranda, RYT. These classes will focus on yoga fundamentals and are recommended to those new to yoga or those seeking a gentle, slower-paced practice with an emphasis on proper alignment and foundational poses. Modifications will be provided and props will be available to enable students of various ability levels to customize their practice. Each class will end with relaxation. Please bring a mat and blanket.



Instructor
Tonya Miranda

Time: 6:00 - 7:00 pm
When: Wednesday
Instructor: Tonya Miranda
Location: Community Center
514 Delta Ave.
Age: Adult, 16 and older

Course #: 12145	Jan. 8-Feb. 12	Cost: \$60
Course #: 12146	Feb. 19-March 26	Cost: \$60
Course #: 12147	Apr. 2-30	Cost: \$50



Yoga Beginner to Intermediate

Continue to develop your flexibility, strength, balance and concentration with classes that are designed for those with some basic knowledge and experience with yoga. Lead by instructor Tonya Miranda, RYT, these classes will build on foundational poses and focus on proper alignment, breathing techniques, and developing self-awareness. Modifications will be provided and props will be available. Each class will end with relaxation. Find out how regular practice can improve your overall well-being, decrease stress, and help you incorporate more ease into your daily life. Please bring a mat and blanket.

Time: 7:15 - 8:15 pm
When: Wednesday
Instructor: Tonya Miranda
Location: Community Center
514 Delta Ave.
Age: Adult, 16 and older

Course #: 12148	Jan. 8-Feb. 12	Cost: \$60
Course #: 12149	Feb. 19-March 26	Cost: \$60
Course #: 12150	April 2-30	Cost: \$50

Meditation

Learn the basics of meditation and how to maintain a daily practice to improve concentration and invite more calmness, joy, and well-being into your life. Both seasoned and beginning meditators will benefit from practicing in a supportive group setting with thoughtful guidance. Class includes instruction, guided and silent meditation, and discussion. Please wear comfortable clothing.

Time: 5:15 - 5:45 pm
When: Wednesday
Instructor: Tonya Miranda
Location: Community Center
514 Delta Ave.
Age: Adult, 16 and older

Course #: 12143	Jan. 8-Feb. 12	Cost: \$30
Course #: 12144	Feb. 19-March 26	Cost: \$30
Course #: 12254	April 2-30	Cost: \$25



Healthy is a Choice

Healthy is a Choice is a 'come as you are' introductory course that focuses on making the time in the day to take care of *you*. Finding a balance in your life with family, work and health can be a challenge. This class combines several elements of healthy living and helps you find balance. You will learn mindful stretching and meditation practices; get the recipes for and taste nutritional, energy boosting dishes; discuss concepts, do exercises and learn tools for inspiring and motivating yourself; find out how to re-prioritize in order to make the time and space for your health and self-care; receive and give support in a community setting and have fun doing it! All you need is a desire to begin becoming a healthier version of yourself - starting from where you are right now. Please wear comfortable clothing and bring a yoga mat or blanket.



Instructor
Kimberly Kirk

Course #: 12399
Time: 6:00 - 7:45 pm
When: Monday, March 3-17
Instructor: Kimberly Kirk
Location: Jennings Park Barn
6915 Armar Road
Age: Adult, 16 and older
Cost: \$49

NEW **R.I.P.P.E.D. One Stop Body Shock System**

Arnie and Grace Martinez will be your guide in this total body workout. R.I.P.P.E.D. is a 'Plateau Proof Fitness Formula' that helps you create continuity, consistency and challenge in each and every class. It is plateau proof, because each component of the workout provides a uniquely different emphasis or system response, so your body never gets accustomed to it. This workout masterfully combines the components of Resistance, Intervals, Power, Plyometrics, Endurance as the workout portion along with the Diet suggestions to help you attain & maintain your physique in ways that are fun, safe, doable and extremely effective. Bring a mat and a water bottle.

Time: 8:00 - 9:00 am
When: Saturday
Instructor: Run 2 Be Fit
Location: Community Center
 514 Delta Ave.
Age: Adult, 16 and older
Cost: \$35

Course #: 12406 Jan. 4-Jan. 25
Course #: 12407 Feb. 1-Feb. 22
Course #: 12408 Mar. 1-Mar. 22
Course #: 12409 Mar.29-Apr. 26 (No class April12)



Zumba & Zumba Toning

Ditch the workout and join the party with Zumba and Zumba Toning! Have a blast while working out on Tuesdays with Zumba then raise the bar with Zumba Toning on Thursdays. When it comes to body sculpting, Zumba Toning raises the bar (or rather, the toning stick). It combines targeted body sculpting exercises and high energy cardio work with Latin-infused Zumba moves to create a calorie torching, strength training dance fitness party. Students learn how to use lightweight, maraca-like toning sticks to

enhance rhythm and tone all their target zones, including arms, abs, glutes and thighs. Zumba Toning is the perfect way to sculpt your body naturally while having a total blast. Optional materials are available for purchase at class.

Time: 5:30 - 6:30 pm
When: Tuesday and Thursday (Attend both days*)
Instructor: Suzanne Barrett
Location: Community Center, 514 Delta Ave.
Age: Adult, 14 and older
Cost: \$40

Course #: 12132 Jan. 7-30
Course #: 12133 Feb. 4-27
Course #: 12134 March 4-27
Course #: 12135 April 1-29

*To register for one day a week please register online

Instructor **Meet Arnie & Grace Martinez** **SPOTLIGHT** *Insanity Workout Instructors*

Arnie & Grace Martinez have completed BeachBody programs such as Insanity in the past. They know the hard work and dedication it takes to finish an at-home program. They're excited to bring a LIVE version of the Insanity DVDs to you! Arnie has been in the professional fitness world for over 2 years, and active all his life playing sports in high school, playing soccer as an adult, running in short and long distances, as well as doing adventure/obstacle runs, coaching youth fitness activities, BeachBody coach, and most recently starting his own group circuit training classes with his wife, Grace. She has struggled with her weight and after having her first child she committed herself to become a fitness enthusiast. She now owns Run 2 Be Fit, and maintains a regular fitness regimen.

30 Minute Live Insanity Workout

You have seen the infomercials on TV, but now you can try it live with Certified Insanity Instructors Grace and Arnie Martinez of Run 2 Be Fit.



Get ready to burn lots of calories in this 30-minute MAX interval training, where you perform long bursts of high-intensity exercises with short periods of rest. Each INSANITY workout keeps you constantly challenged as you alternate between aerobic and anaerobic intervals. No equipment is necessary, wear athletic shoes, workout clothes, bring a water bottle, towel and be prepared to sweat! Taking this class will help you reach your goals.

Time: 6:30 - 7:00 pm
When: Tuesday and Thursday
Instructor: Run 2 Be Fit
Location: Community Center, 514 Delta Ave.
Age: Adult, 16 and older
Cost: \$69

Course #: 12090 Jan. 7-30
Course #: 12091 Feb. 4-27
Course #: 12092 Mar. 4-27
Course #: 12093 April 1-29

30 Minute Core Training

Strengthen your core with Arnie and Grace Martinez of Run 2 Be Fit in this 30-minute class designed to target your torso. Work on all aspects of the abs, back and strengthening the core, the key to overall strength. Bring a yoga mat and water bottle.

Time: 7:00 - 7:30 pm
When: Thursday
Instructor: Run 2 Be Fit
Location: Community Center, 514 Delta Ave.
Age: Adult, 16 and older
Cost: \$30

Course #: 12323 Jan. 9-30
Course #: 12324 Feb. 6-27
Course #: 12325 Mar.6-27
Course #: 12326 April 3-24



Boot Camp

Are you ready to feel the burn? Get fit, have fun and make friends all in an hour of booty busting mania! Instructor Tory is there to help you reach your goal of building a stronger cardiovascular system, building muscle, avoiding injury and having FUN! Classes are geared to challenge ALL fitness levels. Class includes one SOLID hour of cardio, weights, core and stretching, with focus on upper and lower body. No two classes are ever the same. Please bring water, a yoga mat, fitness band, hand weights (3-5 lbs.) and running shoes. Boot Camp will not be held on holidays.

Course #: 12317
Time: 5:30 - 6:30 pm
When: Monday and Wednesday, Jan. 6-Apr. 30
Instructor: Tory Klementsens
Location: Jennings Park Meet @ The Rotary Ranch
 6915 Armar Road
Age: Adult, 16 and older
Cost: \$50 (10 visit punch card)

Journey Fit Club & Weight Loss

Are you ready to get fit and lose weight? Join Tory Klementsens of Journey Fitness in this life changing class. Studies show that people lose weight and keep it off longer if it is done in the context of a support group using healthy, sensible methods that work. Tory, who lost over 100 pounds in 2002 and has kept it off for 11 years will guide you to long term weight loss and fitness success. You will learn about all of the facets of weight loss, including: nutrition, fitness, and the mental and emotional frustrations that accompany loss. The focus is small, sustainable changes that get results! The class includes a workbook, one boot camp per week, guest speakers and access to Tory, your personal trainer for 8 weeks. Your trainer and coach will support you the entire way!

Course #: 12319
Time: 7:00 - 8:00 pm
When: Mon., Jan. 6-Mar. 10
 (No class Jan. 20 or Feb. 17)
Instructor: Tory Klementsens
Location: Community Center
 514 Delta Ave.
Age: Adult, 16 and older
Cost: \$150

Running with Journey Fitness

Do you watch those happy runners run by and wonder just what gets them out there day after day, pounding the streets? Do you wonder WHY they have that smile on their face? Do you envy their form, their drive, their determination, and their great runners legs? Join Tory Klementsens to learn run! Whether you have barely laced up your shoes, or are a seasoned runner, Tory has a program that fits your style. **All running classes include one weekly visit to Tory's Boot Camp.**

Build Your Running Base and Speed

The Build your Base and Speed Program is for the runner who has already run at least one or two 5ks and is ready to build a running base and move up to running 10ks and get a little faster. Join Tory Klementsens of Journey Fitness to work on increasing mileage and the number of times you run each week, as well as adding in speed work and other challenges. One boot camp per week is included for cross training.

Course #: 11373
Time: 9:00 - 10:30 am
When: Saturday, Jan. 18-March 8
Instructor: Tory Klementsens
Location: Meet @ the Pavilion at Jennings Park
 6915 Armar Road
Age: Adult, 16 and older
Cost: \$90



Full or Half Marathon Training with Tory

Start your weekend out right by training for your first or next full or half marathon. Join Tory Klementsens of Journey Fitness as you prepare to run late Spring early Summer half/full marathons such as Tacoma City, Capital City, or the amazing Seattle Rock and Roll Half/Full Marathon! This training program includes a full season of training, one boot camp per week, an experienced coach who has trained hundreds of runners, camaraderie on the run, weekly seminars, on course support including fuel and water stops on all runs over six miles, guest speakers, an awesome training shirt and swag.

Course #: 11376
Time: 9:00 - 11:00 am
When: Saturday, Jan. 18-June 14
Instructor: Tory Klementsens
Location: Meet @ the Pavilion at Jennings Park
 6915 Armar Road
Age: Adult, 16 and older
Cost: \$150

Get Off the Couch and Run! St. Paddy's Day Dash!

Tory Klementsens of Journey Fitness will be your guide in this class designed for the new runner who wants to start running or transition from a walking to a running program in a safe way. Work toward running in the St. Paddy's Day Dash by starting with low-impact walk to run transitions. Learn proper form, gait and transition. Also, there will be weekly seminars on running gear, how to warm up and cool down, fuel and hydrate, avoid injury and enjoy the run. Includes one boot camp per week. Does not include St. Paddy's Day Dash entry fees.

Course #: 11372
Time: 8:00 - 9:00 am
When: Saturday, Jan. 25-March 15
Instructor: Tory Klementsens
Location: Meet @ the Pavilion at Jennings Park
 6915 Armar Road
Age: Adult, 16 and older
Cost: \$75

Get Off The Couch and Run! Marysville Berry Run

Increase your energy, stamina and fun quotient while you train to run or walk your first or next 5k! This group will train for the Marysville Berry Run in mid-June! The class is designed to get you off the couch, take you from walking, to walking or running a 5k so you finish feeling strong and looking good for that finish line picture! Run/walk groups are a fun way to get fit, meet new people, and meet a new goal! Your coach will be Tory Klementsens, a former couch potato herself, who started walking a block at a time while losing 100 lbs. and is now a fitness and running coach!

Course #: 11375
Time: 8:00 - 9:00 am
When: Saturday, April 19-June 14
Instructor: Tory Klementsens
Location: Meet @ the Pavilion at Jennings Park
 6915 Armar Road
Age: Adult, 16 and older
Cost: \$75



Run Club

Unable to commit to a full season of training, but want some company on the weekend for a run? Pick up a Run Club 10 Visit Punch Card and join Tory Klementsens of Journey Fitness for fully supported runs. Runs will be in distance from 3-18 miles at many different paces. Runs, distances and races will be announced weekly in the Run Club e-newsletter. Shorter distance runs will meet at 8 am and longer distance runs will begin at 9 am. The Run Club 10 Visit Punch Card may also be used for boot camp. Saturday runs will not be held on race days.

Course #: 11374
Time: 8:00 - 10:30 am
When: Saturday, March 22-June 28
Instructor: Tory Klementsens
Location: Meet @ the Pavilion at Jennings Park
 6915 Armar Road
Age: Adult, 16 and older
Cost: \$50 (10-visit punch card)

Be a volunteer coach - give your time on the field to develop tomorrow's leaders



Marysville Parks and Recreation needs adult volunteer coaches who are ready to give something back to our growing community and tomorrow's generation. Are you willing to step up? Can you make the time? Find out more! Please call the Parks and Recreation Office for details at (360) 363-8403.

ADULT FITNESS & DANCE

Kettlebell Fitness

A kettlebell workout will increase endurance, core power and make you leaner! This quick, thirty minute, intense workout also includes an aerobic component for a well balanced program. Kettlebell is a great workout because its portable and provides fast results. Current participants rave about the class and range in ages as well as in body type. If you need assistance in finding a kettlebell for purchase, please contact the parks office. NOTE: Participants brand new to kettlebell or to the kettlebell program are required to take the 7:30 pm beginner class for at least one month before attending the intermediate classes.



Instructor: Tracey Mackie
Location: Totem Middle School Cafeteria
 1605 7th St. NE
Age: Adult, 16 and older
When: Tuesday and Thursday

Beginner

Course #:	12161	Time: 7:30 - 8:00 pm	Jan. 9-30 Cost: \$46
Course #:	12164	Time: 7:30 - 8:00 pm	Feb. 4-27 Cost: \$46
Course #:	12171	Time: 7:30 - 8:00 pm	Mar. 4-27 Cost: \$46
Course #:	12175	Time: 7:30 - 8:00 pm	Apr. 1-29 Cost: \$46 (No class April 8 & 10)

Intermediate:

Course #:	12160	Time: 6:30 - 7:00 pm	Jan. 9-30 Cost: \$46
Course #:	12163	Time: 6:30 - 7:00 pm	Feb. 4-27 Cost: \$46
Course #:	12172	Time: 6:30 - 7:00 pm	Mar. 4-27 Cost: \$46
Course #:	12173	Time: 6:30 - 7:00 pm	Apr. 1-29 Cost: \$46 (No class April 8 & 10)

Course #:	12159	Time: 7:00 - 7:30 pm	Jan. 9-30 Cost: \$46
Course #:	12162	Time: 7:00 - 7:30 pm	Feb. 4-27 Cost: \$46
Course #:	12165	Time: 7:00 - 7:30 pm	Mar. 4-27 Cost: \$46
Course #:	12174	Time: 7:00 - 7:30 pm	Apr. 1-29 Cost: \$46 (No class April 8 & 10)



Belly Dance

Whether new to belly dance or an experienced dancer, you will love learning the music, culture, dances and movement from Egypt, Spain, Turkey and India. This fusion of Belly Dance, taught by Astarte, will inspire you to develop a new mind-body connection as you sway your hips, hands, arms and torso to the beautiful music. Develop grace and a stronger body while having fun! Hip scarves and veil are not required but are suggested. The instructor will be able to suggest purchasing options.

Time: 7:00 - 8:00 pm
When: Tuesday
Instructor: Astarte
Location: Community Center
 514 Delta Ave.
Age: Adult, 14 and older
Cost: \$64

Course #: 12252 Jan. 14-Feb. 18
 Course #: 12253 Feb. 25-April 1

Hoop Dance Workshop with Indigo

Hoop Dance with Indigo is a fun, safe, effective and low impact aerobics which moves your entire body and burns calories. Class begins with a Yoga inspired warm up. You will then learn the basics of hooping, adding movements progressively throughout class. The first hour is a structured class with the second hour being a Hoop Dance party where you will get to try out and explore all of your new moves and have fun. You will walk away from class feeling energized, relaxed and excited about getting out and hooping! Hoops provided for class are available for purchase.

Course #: 12305
Time: 3:15 - 4:45 pm
When: Saturday, Feb. 22
Instructor: Indigo
Location: Marysville Library, Large Meeting Room
 6120 Grove St.
Age: Adult, 14 and older
Cost: \$10



Self-Defense for Women

Kung Fu Northwest will take you on a fun, yet focused exploration of women's self-defense. Participants will have opportunities to participate and practice with others in a relaxed, safe and supportive group environment. Water and healthy snacks will be provided.

Course #: 12332
Time: 1:00 - 3:00 pm
When: Saturday, April 12
Instructor: Carl Doup
Location: Kung Fu Northwest
 804 Cedar Ave.
Age: Adult, 14 and older
Cost: \$25

CPR, First Aid & AED Certification

Through hands-on practice and demonstration students will gain knowledge, skills, and the confidence to provide CPR, First Aid and to properly operate an Automated External Defibrillator. CPR (Adult/Child/Infant), First Aid and AED certification is from the American Safety and Healthy Institute and is valid for two years.



Time: 5:15 - 9:45 pm
Instructor: Florian Professional Instructors
Location: Jennings Park Barn
 6915 Armar Road
Age: Adult, 12 and older
Cost: \$50

Course #: 12330 Monday, Feb. 3
Course #: 12331 Wed., March 26



Pet First Aid/Pet CPR

Earn your 2-year certification in Pet First Aid/Pet CPR with Licensed Veterinary Technician and certified Pet Tech instructor Dawn Gregory. In this informative class, you will learn the following skills: restraint and muzzling, rescue breathing, canine and feline CPR, choking management, bleeding injuries and shock management, assessing pet vital signs, as well as treatment for insect bites and stings, heat and cold injuries, and seizures. Includes a reference guide.

Course #: 12371
Time: 9:00 am - 1:00 pm
When: Saturday, March 1
Instructor: Dawn Gregory
Location: Jennings Park Barn
 6915 Armar Road
Age: 10 and older
Cost: \$60



Dental Care of Pets

Join Licensed Veterinary Dental Technician, Dawn Gregory as you learn all aspects of the importance of dental care for your pet and learn how to provide dental care for your pet at home. Gain a better understanding of periodontal disease and learn about the details of a professional veterinary dental cleaning. Explore effective home care products and how to use them. Includes a reference guide.

Course #: 12372
Time: 6:30 - 8:30 pm
When: Monday, March 31
Instructor: Dawn Gregory
Location: Jennings Park Barn
 6915 Armar Road
Age: 10 and older
Cost: \$30



Senior Pet Care & Information

Is your beloved pet getting up there in years? Your older pet has unique needs. Join Licensed Veterinary Technician Dawn Gregory as you learn about specific needs older pets have, how to recognize common age related health issues and begin end-of-life planning for your elderly pet and your family. Includes a reference guide.

Course #: 12370
Time: 6:30 - 8:30 pm
When: Monday, Feb. 10
Instructor: Dawn Gregory
Location: Jennings Park Barn
 6915 Armar Road
Age: 10 and older
Cost: \$30

New Year, New You!

Have you been sporting the same makeup routine for a few years now? Say 10 or 15 years? It's time for a new one! This class will show you quick and easy makeup tricks to update your current look or help you create a new one. You will master the 5 Minute Face - the foundation of any great makeup look. You will also learn how to turn your 5 Minute Face into a custom creation suited just for your face shape, eye shape and coloring. Leave feeling confident in your new skills and new look!



Course #: 12362
Time: 6:30 - 8:30 pm
When: Thursday, Feb. 27
Instructor: Tiffany Nash
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 14 and older
Cost: \$15

Trading Faces, A Fresh New You

Searching for a new look? Take the mystery out of makeup! This hands-on workshop includes skin analysis, custom color consultation, shading and contouring specific to your eye and face shape, day to night looks and a custom color chart. Gain confidence in application techniques and let your new look dazzle! This isn't your normal makeup lesson! Each participant will pick a look for their neighbor to try. Perfect for mother/daughter or girlfriend time.

Course #: 12363
Time: 6:30 - 8:30 pm
When: Thursday, March 27
Instructor: Tiffany Nash
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 14 and older
Cost: \$30

Beauty Boot Camp

Beauty Boot Camp with Tiffany Nash creates a comfortable environment for women to learn about the skin they live in. The mission at Beauty Boot Camp is to help women create a more positive and healthy self through proper skin care, make-up application and nutrition. The goal is to break down beauty barriers for everyone and enjoy the beauty of the beauty world. You will love the comfortable environment and have fun discovering ways to let your face glow with health and beauty.

Course #: 12364
Time: 6:30 - 8:30 pm
When: Thursday, Apr. 10-Apr. 17
Instructor: Tiffany Nash
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 14 and older
Cost: \$30

NEW! Essensualize Your Life

Aromatherapy has been used for thousands of years! Some people believe that certain scents can be healing and even attract love into your life or heal your relationships. In the spirit of Valentine's Day, instructors Rietta Costa and Illuminata will teach this fun 'Aphrodisiac' class! Learn how to create your own 'Love Potion' and discuss scents that excited the senses!

Course #: 12337
Time: 6:00 - 8:00 pm
When: Thursday, Jan. 23
Instructor: Rietta Costa and Illuminata
Location: Community Center
 514 Delta Ave.
Age: Adult, 18 and older
Cost: \$15 **Material Fee:** \$10 payable to instructor at class

NEW! Liquid Sunshine

Open the bottle and let the sun shine out! Beat the winter blahs with this essential oils workshop. Come learn how to change your mood, uplift your spirit and purify your space. Learn to change the atmosphere in your room. Find out why we call it aroma "therapy." Lessons learned in class will allow you to create and take home your own blend of liquid sunshine. Taught by essential oil experts, Rietta Costa and Illuminata.

Course #: 12338
Time: 6:00 - 8:00 pm
When: Thursday, Feb. 20
Instructor: Rietta Costa and Illuminata
Location: Community Center
 514 Delta Ave.
Age: Adult, 18 and older
Cost: \$15 **Material Fee:** \$10 payable to instructor at class

NEW! Spring Cleaning

From toxic to terrific! Learn how you can replace chemical and toxic cleaning products as well as make your own bug and insect repellents with essential oils! Instead of being poisoned while you clean, you can actually be getting aromatherapy! Essential oil experts Rietta Costa and Illuminata will cover natural solutions to get the same (and even better!) results from many of your everyday cleaning products. Optional supply fee payable to the instructor in class to take home samples.

Course #: 12339
Time: 6:00 - 8:00 pm
When: Thursday, March 20
Instructor: Rietta Costa and Illuminata
Location: Community Center
 514 Delta Ave.
Age: Adult, 18 and older
Cost: \$15

NEW Nail Art - Water Marbling

Achieve eye-catching nail art produced by nail technicians and manicurists! Instructor Sandy Goodwin will show you the steps to achieve marble effects on your nails including stripes, swirls, flowers, hearts and more. Come as an individual or bring your daughter for an evening of fun. Each individual or mother/daughter pairing will receive one nail kit containing 3 nail polishes, practice sticks, etching tools and everything needed to create beautiful nail art designs at home. Participants ages 9-13 must attend with an adult. Price is for an individual or two in the same family sharing a nail kit.

Course #: 12373
Time: 6:00 - 7:00 pm
When: Thursday, Feb.13
Instructor: Sandy Goodwin
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 9 and older
Cost: \$25

NEW Budget Basics 101

Are you living paycheck to paycheck? Have you ever paid a bank fee? Where does all your money go? Join instructor George Lusk in this budgeting class where you will learn the primary reasons for debt, learn about the debt cycle, discover the simple basic steps to eliminating debt and learn how to create and live with a workable budget. A successful budget requires all family members working together. For this reason, your single registration fee includes you and your household family. When you learn to control your debt, you learn to control your future!

Course #: 12401
Time: 7:00 - 8:30 pm
When: Tuesday, Feb. 11 and Feb. 18
Instructor: George Lusk
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 15 and older
Cost: \$22

NEW Grocery Savings Workshop

This class will cover three important aspects of savings. Starting with realistic couponing, learn how coupons work and how you can use them to save at least 50% on your groceries, understand your store's policies and how to keep it all organized. Learn about how to grocery shop strategically and avoid common marketing traps. End it with some great meal planning tips made simple and get practical help with how to plan out your menu to save the most money. Jen and Sia run the popular blog, ThriftyNorthwestmom.com and have been featured on KING5's morning show. You will get so many money saving tips and coupons in this workshop that it will practically pay for itself! Optional purchase of coupon organizer is available in class.

Course #: 12390
Time: 10:30 am - 12:30 pm
When: Saturday, Feb. 22
Instructor: Jen Dotson
Location: Community Center
 514 Delta Ave.
Age: Adult, 18 and older
Cost: \$12



Instructor SPOTLIGHT

Meet Ginger Oliphant Etsy Instructor

Ginger is a self-taught graphic artist, collector of inspiring quotes and lifetime dog lover. Since pairing the quotes and her dog images into art prints available for sale on Etsy.com in 2010, her life has changed.

"I would never have guessed the impact a single website could have on my entire life. Because of Etsy, I'm an artist. From very humble and obscure beginnings, I now consider myself a successful contributor to the art community." Her art can be seen on a number of licensed products available for sale online as well as retail brick and mortar stores. Ginger is excited to give students a demo on how to use Etsy to transform their business, too.



ETSY- An Introduction to ETSY

Learn the basics of selling your handmade products, vintage or craft supplies on the popular Etsy website. If you've already established a shop but would like more ideas to help make it successful, this class will include marketing tips and ideas to help make it a reality! Or, maybe you've never even heard of Etsy, but would love to know how to sell your hand made items (including photography and art) online without the expense of creating your own website. Join Ginger Oliphant, a successful Etsy shop owner in this informative class. Visit her shop at www.goingplaces2.etsy.com.

Course #: 12340
Time: 6:00 - 8:30 pm
When: Wednesday, Feb. 26
Instructor: Ginger Oliphant
Location: Community Center
 514 Delta Ave.
Age: Adult, 18 and older
Cost: \$25

Meal Planning Made Simple

The ladies from the popular blog site, Thrifty Northwest Mom, are back at the savings game again with a new workshop! Meal Planning Made Simple is a practical way to plan out your menu to save the most money! Learn meal planning tips and tricks that will revolutionize the way you prepare meals for your family! Following the workshop, you'll have a better understanding of the different ways to make a meal plan, how to make your meal planning successful, along with cooking strategies and shortcuts to help you spend less time in the kitchen while still making fabulous healthy meals for your family.

Course #: 12394
Time: 10:30 am - 12:30 pm
When: Saturday, Mar. 29
Instructor: Jen Dotson
Location: Community Center
 514 Delta Ave.
Age: Adult, 18 and older
Cost: \$12

Small Business Accounting

Kristal Schwartze is an experienced CPA specializing in small businesses. Learn the pros and cons of various business structures, become familiar with State and Federal tax departments and requirements and make tax time easier. This will be an informative class with lots of time for questions.



*Instructor
Kristal Schwartze*

Course #: 12250
Time: 6:30 - 8:00 pm
When: Wednesday, Feb. 5
Instructor: Kristal Schwartze
Location: Community Center
 514 Delta Ave.
Age: Adult, 16 and older
Cost: \$25

The Basics of Starting Your Own Small Business

Jennifer Ward, Owner of Pick Of The Litter Design, will walk attendees through the process of starting their own business. From the required licensing to basic stationary needs, you will get step-by-step direction. We will discuss the differences between business types and their advantages and disadvantages. A small business can be confusing, with a great deal of paperwork - this class will get you started and make the process easier. Jennifer has over 20 years of graphic design and advertising experience.



*Instructor
Jennifer Ward*

Course #: 12251
Time: 6:30 - 8:00 pm
When: Wednesday, Feb. 12
Instructor: Jennifer Ward
Location: Community Center
 514 Delta Ave.
Age: Adult, 18 and older
Cost: \$25

Free and Innovative Marketing Solutions

Free and Innovative Marketing Solutions for your Small Business or Charity. Jennifer Ward, Owner of Pick Of The Litter Design, will provide attendees a comprehensive list and description of free (and low-cost) marketing solutions for your small, micro and charitable business. Explore the world of internet marketing options, from networking groups to websites and blogs. Learn about free community resources that can publicize your business. Additional information will be provided on start-up basics for a small business. If you don't currently have a business, it's recommended that you participate in the Basics of Starting Your Own Small Business class first.

Course #: 12249
Time: 6:00 - 8:00 pm
When: Wednesday, Feb. 19
Instructor: Jennifer Ward
Location: Community Center
 514 Delta Ave.
Age: Adult, 16 and older
Cost: \$35

Improve your Interview Skills: Get that Job!

Are you looking to gain confidence and increase your interview skills? Join Corina Stretch of Simply Customer Service in this informative workshop as you explore the complex challenge facing many adults today by gaining confidence and realizing your full potential. Values, beliefs and attitudes are significantly influenced by what is happening in the world around you. In this workshop we'll identify the key steps that are necessary for a successful interview including: communicating effectively, knowing your personal strengths, and interview etiquette. Be on the road to hearing, "You're hired!" and landing that perfect job!

Course #: 12315
Time: 7:00 - 8:45 pm
When: Tuesday, March 18
Instructor: Simply Customer Service Inc.
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 18 and older
Cost: \$25

Purge the Paper, Conquer the Piles, Create Files!

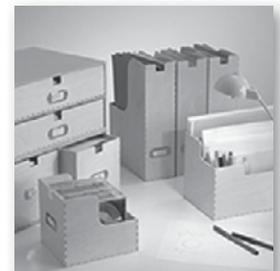
Join Monica Kristofferson of Efficient Organization as you learn how to conquer the paper. Learn the four systems you need to have in place for the different types of paper that comes into our lives. Explore the organizing tools that are a must to keep the paper flow moving, how to organize taxes and receive resources. Discover how long to keep household papers. Optional material fee of \$15-\$20.

Course #: 12312
Time: 6:00 - 7:30 pm
When: Thursday, Jan. 23
Instructor: Monika Kristofferson, Efficient Organization
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 18 and older
Cost: \$22

Declutter, Organize & Park in Your Garage

Has your garage become a catchall for everything that you don't know what to do with? Professional Organizer Monika Kristofferson will show you how to declutter, how to make decisions on what to let go and how to properly store what you keep. Included will be resources for stretching space in your garage, disposal of unwanted items and how do deal with hazardous materials.

Course #: 12313
Time: 6:00 - 7:30 pm
When: Thursday, March 20
Instructor: Monika Kristofferson, Efficient Organization
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 18 and older
Cost: \$22





Geocaching for Beginners

Geocaching is a high-tech, real-world, outdoor treasure hunting game using GPS-enabled devices. Participants navigate to a specific set of GPS coordinates, then attempt to locate the geocache. This family-oriented activity is a great way to get your family out of the house exploring the great outdoors. This course will provide an overview of how to get started, equipment needs, different types, and how to log a find. We will also cover other tangents of the game, such as Travel Bugs, hiding your own caches and events. At the core of Geocaching is being friendly to the environment and learning how we as 'Cachers' can help. At the end of the presentation, we will visit Jennings Park with GPS devices and hunt for caches hidden right in our backyard. Note that Geocaching is a technology-based hobby and relies on access to the internet and a GPS or smartphone device. Bring your own smartphone or GPS if you wish; however, it isn't necessary to participate in the workshop. All ages invited. Youth 14 and under, bring your parents. Dress for the weather and wear shoes for easy trail walking. **Pre-registration is required.** Register at the Parks Office or email akingsford@marysvillewa.gov. Online registration is not available.

Course #: 12369
Time: 1:00 - 4:00 pm
When: Saturday, March 8
Location: Jennings Park Barn
 6915 Armar Road
Age: 3 and older
Cost: FREE

Backyard Birds

Enhance your understanding of common birds, and improve your ability to identify them. This class includes basics of anatomy, migration, reproduction, foods and foraging.

Course #: 12155
Time: 7:00 - 8:30 pm
When: Thursday, Feb.20
Instructor: Candy Brown, Pilchuck Audubon Society
Location: Jennings Park Barn
 6915 Armar Road
Age: Adult, 12 and older
Cost: \$17

Pacific Northwest Birds

Hone your bird identification skills as you learn more about different birds and habitats of the Puget Sound region including raptors, owls, and birds of forests, fields, water, cities, parks and yards. Prior attendance in Back Yard Birds is recommended but not required.



Course #: 12156
Time: 7:00 - 8:30 pm
When: Thursday, April 24
Instructor: Candy Brown, Pilchuck Audubon Society
Location: Marysville Library Large Meeting Room, 6120 Grove St.
Age: Adult, 12 and older
Cost: \$17

Mason Bees in Your Garden

Mason bees are easy to raise, fun to watch and good for your garden. Join mason bee hobbyist Todd Brown for an introductory talk about mason bees. Learn about the mason bee life cycle, the 5 essentials for raising your own mason bees, how to build a mason bee box and managing your bees year-round. Great for kids - they don't sting!



Course #: 12157
Time: 7:00 - 8:15 pm
When: Thursday, Feb. 13
Instructor: Todd Brown
Location: Jennings Park Barn
 6915 Armar Road
Age: 12 and older
Cost: \$17



Instructor Candy Brown with a winged friend.

Astronomy - Discover the Night Sky

Have you ever looked up at night and asked 'What is that?' Join Ken Hoffman in this wonderful course that focuses on visual astronomy you can do with your eyes, binoculars or a home telescope. See Jupiter and the great nebula in Orion through a telescope, weather permitting. Discover and learn interesting facts about the planets. Explore the moon. Find out about special events you can watch for such as seeing the International Space Station, satellite flares, meteors, comets and the Northern Lights. Explore galaxies, star clusters and nebulae that are easily viewable. Cover telescope basics so you can buy and use one with confidence. Weather permitting, one session outdoors with several different telescopes and a clear night sky. Please dress for the weather.

Course #: 12320
 Time: 7:00 - 9:00 pm
 When: Thursday, March 13-27
 Instructor: Ken Hoffman
 Location: Jennings Park Barn
 6915 Armar Road
 Age: Adult (ages 8-13 may register when attending with a registered adult)
 Cost: \$45



Marysville Parks & Recreation invites you to BECOME A VOLUNTEER!

Whether you are a group of 1 or 101, we can assemble a project that will be meaningful and fun. We host Scouts, civic groups, school groups, church groups, business groups, families, etc. Here are project ideas - or suggest your own!

- * Bulb planting activity
- * Wetland Cleanup
- * Landscaping/Flower Beds
- * Tree planting
- * Painting picnic tables, benches
- * Trail/Path Maintenance

Get involved today!

Call Parks Maintenance
 (360) 363-8406

Park Maintenance Manager named Employee of Month

Congratulations to October City Employee of the Month Mike Robinson, Park Maintenance Manager, a veteran in the Parks and Recreation Department who will celebrate his 25th anniversary with the City in March.

Mike provided leadership and management of a record number of volunteer project hours for the City in 2013.

He has been instrumental in creating great partnerships with local faith-based groups, local business and nonprofit organizations, which together that have provided labor towards ongoing maintenance and new construction of City facilities.

Through Mike's coordination, the City has doubled its volunteer hours with over 3,230 hours which equates to a value of over \$73,000.

In 2012-2013, more than 34 events required many hours of volunteer time to organize outside of normal work schedules. Mike filled that leadership role. Some of the more high-visibility projects he guided include Clean Sweep Week neighborhood cleanups, the Doleshel Park project, United Way Day of Caring volunteer projects, dozens of Eagle Scout projects over the years, and tree and bulb plantings.



Mayor Jon Nehring presents award to Mike Robinson

Drawing for Adults Beginner to Advanced

Learn the fundamentals of drawing with artist Vicki Carver. Explore your creative side and learn about shape, light source and design with still life, animals, landscape and portraits. You will love this relaxed class and enjoy drawing with other artists while working on your own project using graphite pencils and the medium of your choice. Supplies needed: medium of your choice, graphite pencils (2H, HB and 6B), Strathmore drawing pad (50 lb. or 70 lb.) with spiral top and white eraser.

Time: 6:30 - 8:00 pm
When: Tuesday
Instructor: Vicki Carver
Location: Community Center
 514 Delta Ave.
Age: Adult, 14 and older
Cost: \$63

Course #: 12306 **Feb. 4-25**
Course #: 12307 **March 4-25**
Course #: 12308 **April 1-29 (No class April 8)**



Driftwood Sculpture

Learn how to find and clean a piece of driftwood, then oil and finish it, turning it into an amazing piece of art. Artists and non-artists alike will enjoy driftwood sculpture with instructor Arline DePalma. Each student will be given a piece of wood in class. Please bring a towel with you.

Time: 12:30 - 2:30 pm
When: Thursday
Instructor: Arline DePalma
Location: Community Center
 514 Delta Ave.
Age: Adult, 18 and older

Course #: 12268 **Jan. 2-Jan. 30** **Cost:** \$38
Course #: 12269 **Feb. 6-Feb. 27** **Cost:** \$38
Course #: 12267 **Mar. 6-Mar. 27** **Cost:** \$38
Course #: 12270 **Apr. 3-Apr. 17** **Cost:** \$29



Basics of Woodcarving Adults

In this one-day workshop, Wade Faries will teach adults a solid foundation of woodcarving basics so you can take it with you wherever you go. Knife safety, wood basics, grains, use of patterns and carving technique will be featured.

Course #: 12414
Time: 2:00 - 5:00 pm
When: Saturday, Feb. 8
Instructor: Wade Faries
Location: Jennings Park Barn
 6915 Armar Road
Age: Adult, 18 and older
Cost: \$20

Gourd Carving & Decorating

In this open studio format gourds can be carved, wood-burned and painted for a finished look. Bring your own project learn techniques from fellow artists. Bring your own tools and be ready to share ideas.

Time: 9:00 - 12:00 pm
When: Tuesdays, Jan. 7 - April 29
Location: Community Center
 514 Delta Ave.
Age: Adult, 18 and older
Cost: \$5 per visit

Join Marysville Parks & Recreation on Web, Facebook and Twitter

The Marysville Parks and Recreation Department is always there for you on our website when you need the latest information about classes, events, closures, the endless benefits of our parks and recreation system, or to register online.

You can also check us out on Facebook. Facebook users can find and "Like" the page through their own accounts by search for "City of Marysville," access the page directly in Facebook, or link directly at <http://marysvillewa.gov/facebook>. "Follow us" on Twitter.

And don't forget to sign up for Calendar and News updates on the website at marysvillewa.gov. Click on the "Notify Me" button, and you'll be in the know in seconds!



Fusing Glass 101

Artist Janet Foley begins this workshop with a discussion and hands-on demonstration about fusing glass. Then it is time to let your creativity soar! There are several choices of projects: plates, small dishes, mirrors, picture frames or coasters. All materials, tools and firing are included in the supply fee. Glass will be fired out of class and can be picked up two weeks later at the Parks Office. Please wear closed-toe shoes.



Instructor
Janet Foley

Course #: 12265
Time: 6:00 - 9:00 pm
When: Wednesday, Jan. 29
Instructor: Janet Foley
Location: Jennings Park Barn
 6915 Armar Road
Age: Adult, 16 and older
Cost: \$40 **Material Fee: \$25 and \$45**
 depending on the project(s)
 chosen.

Fused Glass Jewelry and Pendant Projects

You will love this workshop with artist Janet Foley as you explore making jewelry with fused glass. Make several brooches, pins, earrings, or pendants using small pieces of brilliantly colored glass. Stringers, iridized, dichroic, opalescent and transparent glass will all be available for use. Finished jewelry will be attached to silver bales, silver-plated frames, pins or earring backs. Glass will be fired outside of class and will be ready to pick up at the Parks Office two weeks later. All materials, tools and firing fees are included in the supply fee. Please wear closed-toe shoes.

Course #: 12266
Time: 6:00 - 9:00 pm
When: Tuesday, March 11
Instructor: Janet Foley
Location: Jennings Park Barn
 6915 Armar Road
Age: Adult, 16 and older
Cost: \$40 **Material Fee: \$15 and up**
 depending on the project
 chosen.



Guitar for Beginners with Ford Giesbrecht

Have you always wanted to play guitar but didn't know where to start? Dust off your guitar and join instructor Ford Giesbrecht of 8th Note Music as you learn the fundamentals in this fun and rewarding class. Discover the guitar basics to get you playing in no time. Do you have a song you have always wanted to play? Bring a list of your five favorite songs and one of them will be chosen to learn at class. Bring your guitar, join Ford and get the music started! Don't have a guitar? Guitars may be rented from the instructor for \$50.

Time: 7:00 - 8:00 pm
When: Monday
Instructor: Ford Giesbrecht, Eighth Note Music
Location: Community Center
 514 Delta Ave.
Age: 13 and older
Cost: \$50

Course #: 12153 **Jan. 27-Mar. 3 (No class Feb. 17)**
Course #: 12154 **Mar.17-Apr. 21 (No class April 7)**



Marysville City Band

Join the Marysville City Band! If you play an instrument, even if you're rusty, the Marysville City Band is seeking interested musicians ready to receive instruction under the co-directorship of Totem Middle School Band Director Peter Joseph and Nathan Sachman. The Marysville City Band focus is to learn and perform orchestral and Big Band pieces that will appeal to a broad audience. Musicians must have their own instrument and have played for three years or more. Rehearsals will follow a collegiate rehearsal style, and may vary to include small sections of pieces until mastered. Sectional work will occur depending on need. Performance preparation and practice outside of rehearsal is a must. Come join the fun with the Marysville City Band!



Course #: 12152
Time: 6:00 - 8:00 pm
When: Wednesday, Jan. 8-April 2
Instructor: Peter Joseph
Location: Totem Middle School Band Room, 1605 7th St. NE
Age: Adult, 16 and older
Cost: \$25

Instructor SPOTLIGHT

Meet Fumiko
Healthy Cooking Instructor

Fumiko Bretzke is a cooking instructor of healthy and tasty food from all around the world. Growing up in Japan, she learned from her mother how to grow Japanese vegetables and prepare traditional Japanese meals. Living in Seattle, she has refined her cooking by learning new techniques from her friends from Thailand, China and Italy. She loves to photograph food, which she shares on Twitter. Her current food explorations include Indian Curries, Miso making and home-made yogurt.

Chinese New Year Celebration

Jan. 31, 2014 is the Chinese New Year, ushering in the Year of the Horse. To celebrate, students will learn to cook delicious Chinese dishes, fried rice and Shumai (steamed dumplings) which are often served in dim sum. This class will be part demonstration and part hands-on. Please bring a cutting board and a chef's knife.

Course #: 12342
Time: 6:30 - 8:30 pm
When: Friday, Jan. 31
Instructor: Fumiko Kurose-Bretzke
Location: Jennings Park Barn
6915 Armar Road
Age: Adult, 18 and older
Cost: \$42 **Material Fee:** \$5 payable to instructor at class



Sushi Basics

Learn how to make Sushi vinegar, perfect Sushi rice and techniques for rolling. After making Sushi, students will taste their own delicious California Sushi roll and cucumber roll. Please bring a chef's knife and cutting board to class.



Course #: 12341
Time: 6:30 - 8:30 pm
When: Friday, Feb. 21
Instructor: Fumiko Kurose-Bretzke
Location: Jennings Park Barn
6915 Armar Road
Age: Adult, 18 and older
Cost: \$42 **Material Fee:** \$5 payable to instructor at class.

Learn to make Sukiyaki

Sukiyaki is a staple dish at many Japanese restaurants. It consists of beef, vegetables and other ingredients that are seasoned with soy sauce, sugar and sake. Students will learn how to prepare the ingredients to cook tasty Sukiyaki just like Japanese people do at home! Please bring a chef's knife and cutting board.

Course #: 12343
Time: 6:30 - 8:30 pm
When: Friday, April 4
Instructor: Fumiko Kurose-Bretzke
Location: Jennings Park Barn
6915 Armar Road
Age: Adult, 18 and older
Cost: \$42 **Material Fee:** \$7 payable to instructor at class

Gluten Free & Loving It!

Whether you are eating gluten free due to intolerances or a lifestyle choice, you will love this informative workshop. Denice Ullestad, who has been eating gluten free for the past three years, will share cooking tips, recipes, great gluten free brands and sampling of commercially-prepared gluten free foods. In addition, she will provide a cooking demonstration of homemade condensed cream soup, homemade gravy mixes, appetizers and homemade pizza crust.

Course #: 12410
Time: 10:30 - 12:30 pm
When: Saturday, Jan. 25
Instructor: Denice Ullestad
Location: Marysville Library Large Meeting Room
6120 Grove St.
Age: Adult, 16 and older
Cost: \$25

Do you have a talent, hobby or class idea you would like to teach?

Tell us about it!



Shelley Metcalf
Kindermusik Instructor

City of Marysville Parks and Recreation is always looking for new ideas for classes, and instructors to teach them. If you have a special talent or are interested in teaching a class that you are qualified to teach, e-mail Recreation Coordinator Andrea Kingsford at (360) 363-8400, or e-mail akingsford@marysvillewa.gov.

All instructors are independent contractors and not considered City employees.

NEW! ANTIQUE EDUCATION

Many of us have antiques that have been passed down from relatives or have obtained a great find at a sale. Perhaps you've dreamt of starting a booth in an antique shop or just wondered how to learn the value of an item. This series of workshops about antiques, appraisals, evaluation and how to find the information you need is a great way to get started in the world of antiques! Taught by Kathleen Victor, Certified Appraiser and owner of Victor Appraisal Services and Don Jensen, a member of the International Society of Appraisers and Certified Appraiser. He has appeared on 7 seasons of the popular television show, Antiques Roadshow.



NEW! How Best to Buy and Sell Your Antiques and Collectibles

Do you want to sell your antiques and collectibles? How about start your own business? What if you just want to know the value of your things or understand where to start looking? Kathleen Victor, Owner of Victor Appraisal Services, will teach you about the most appropriate markets to sell your items, advertising and how to negotiate a price with a potential buyer. She will also educate participants on how and where to purchase sought-after items. Attendees may bring up to two items for Kathleen to give an estimated market value, as well as recommendation on how to sell them.

Course #: 12395
Time: 10:00 am - 12:00 pm
When: Saturday, April 26
Instructor: Kathleen Victor
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 18 and older
Cost: \$45

NEW! Learn About Antique & Collectible Jewelry

Ever wonder what kinds of jewelry are considered antique or collectible? Learn how to recognize different types of jewelry with samples brought in by instructor Kathleen Victor. Attendees may bring up to two jewelry items for examination and comments offered by the appraiser. Participants may want to bring a magnifying glass or a 10x jewelers loupe to assist in the learning process. Extra loupes will be on hand if you don't have one.

Course #: 12403
Time: 10:00 am - 12:00 pm
When: Saturday, May 24
Instructor: Kathleen Victor
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 18 and older
Cost: \$45

NEW! The Relative Value of "Silver" Items

Most people are likely to find about six types of silver items in their home: Holloware, flatware, jewelry and decorative items, just to name a few. The value of these items varies dramatically depending on the amount of silver in the metal and how it was made. Learn about metal, its manufacturing process and how to distinguish between types. Instructor Don Jensen will answer these questions and help rank the value of your items. You may bring one item to class for a verbal evaluation.

Course #: 12396
Time: 1:00 - 2:30 pm
When: Saturday, April 26
Instructor: Don Jensen
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 18 and older
Cost: \$45

NEW! Paintings vs. Prints

Artwork prints and paintings are vastly different in value. This workshop will show you the basics of determining the difference between the two. Discussion of various media will be included. You are encouraged to bring a 10x power loupe or magnifying glass to class. The instructor will have a few extra too if you don't have one. Participants may bring one item of their own for discussion. You will learn a lot in this class!

Course #: 12404
Time: 1:00 - 2:30 pm
When: Saturday, May 24
Instructor: Don Jensen
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 18 and older
Cost: \$45



Adventures and Tours with Recreation Without Borders

Get ready for adventure! Choose the tour and Recreation Without Borders will take care of all the details. From the comfortable van ride, to the exciting locations and wonderful staff, you will be sure to have a great time on your worry-free day. Tours are for adults and family members ages 12 and older (under 18 must attend with a registered adult).

Go places with trips and tours offered by Recreation Without Borders! For all trips, remember:

- ✓ Meet at Marysville Municipal Court Parking Lot, 1015 State Ave.
- ✓ Bring money for food and purchases.
- ✓ Bring snacks for the van ride.
- ✓ Wear weather-appropriate clothing and comfortable walking shoes.
- ✓ Bring completed Recreation Without Borders release forms. Form and supplies lists are available online at: <http://recreationwithoutborders.com>



Full Moon Snowshoe Adventure on Mt. Baker

Back by popular demand and always a sellout! Join Recreation Without Borders as you venture into a winter wonderland on this (nearly) full moon evening. Snowshoes, poles and head lamps are provided. Bring your enthusiasm and have an adventure to remember! The group will head north to the Mt. Baker Ski Area and explore the peace and tranquility by the light (hopefully!) of a full moon. Learn basic snowshoeing techniques and practice simple winter safety skills while exploring the gentle slopes. Then on the way home, stop by Milano's for a delicious no-host dinner.

REGISTRATION DEADLINE: Friday, Jan. 10.

Course #: 12416 **Time:** 2:30 - 11:30 pm
When: Saturday, Jan. 18 **Cost:** \$72

30th Annual Langley Mystery Weekend

Calling all Agatha Christie and Sherlock Holmes wannabes! Join Recreation Without Borders as you head to the quaint town of Langley on Whidbey Island and partake in this truly one-of-a-kind mystery weekend. It's a whodunit event that involves the whole town! Once registered you will receive a copy of the Langley Gazette (published specifically for this event), an entry form and map. Then you are off on your own sleuthing throughout the town while visiting the stores and cafes, interviewing the locals and collecting clues. After you've figured it all out you'll enter your best guess into a drawing for fantastic prizes. Sound intriguing? Don't forget your hounds tooth cap!

REGISTRATION DEADLINE: Friday, Feb. 14.

Course #: 12417 **Time:** 10:30 - 6:30 pm
When: Sunday, Feb. 23 **Cost:** \$68



BC's Best: MOV, Granville & Cherry Blossoms

Join Recreation Without Borders as you head for the border and explore some of Vancouver's best attractions. First stop: the Museum of Vancouver featuring the current special exhibit *Rewilding Vancouver* as well as many other wonderful permanent exhibits chronicling the city's rich and diverse history. Next up: Granville Island. Once here participants will have time to enjoy a no-host lunch and shop the market and artisan stalls. Lastly, on the drive back you'll explore many neighborhoods, home to over 40,000 ornamental cherry trees bursting with color. Please note: **valid passport or DMV enhanced approved driver's license** is required to cross the border.

REGISTRATION DEADLINE: Friday, March 21.

Course #: 12418 **Time:** 9:00 - 6:00 pm
When: Saturday, March 29 **Cost:** \$72

Spring has Sprung

Every Spring the Northwest awakens from its wintery sleep with a burst of new colors. Today's trip is all about new plants, new ideas and new inspiration. The Dunn Gardens, a historic treasure in the city of Seattle, was designed by the esteemed Olmsted Brothers Landscape firm in 1915. Nearly one hundred years later, the vision of the Gardens as a place of timeless grace has been realized. Throughout the private docent-led tour notable features including naturalistic groupings of trees, broad lawns with borders of shrubs, ribbons of textures and hues and woodland walks will be explored. After enjoying this wonderful oasis you will continue onto Swanson's Nursery. Participants will enjoy a no-host lunch in Seasons Café and then browse the amazing store and nursery. The next stop will be the unique and quirky Home and Garden Art Store in Ballard featuring one-of-a-kind yard art, metal sculptures and more. Lastly, you'll stop at Larsen's Scandinavian Bakery.

REGISTRATION DEADLINE: Friday, April 4.

Course #: 12419 **Time:** 9:00 - 4:30 pm
When: Friday, April 11 **Cost:** \$69





Welcome to Café Baxter

Every Monday from 9:30-11:30 a.m. the Ken Baxter Community Center is transformed into a café. Seniors can enjoy socializing with friends while sipping on coffee and eating delicious pastries. Read the paper, sit by the fire, and enjoy good conversation. This is your time to relax! Open on Mondays except holidays. We would like to thank our café sponsor, the Cottages at Marysville, for providing the goodies each week for our enjoyment. Located in the Ken Baxter Community Center, 514 Delta Ave. No café on 1/21, 2/18 and 5/28.



COMMUNITY CENTER ACTIVITIES



Marysville's Ken Baxter Community Center in downtown Comeford Park offers recreation and social activities, as well as educational opportunities and intergenerational programs catering to all ages. Friendly Community Center staff and volunteers are available to

help you discover ways that make the Community Center your home away from home.

A variety of activities are offered this fall including:

- ◆ Aerobics
- ◆ Clogging
- ◆ History Discussion
- ◆ Grief and Loss Support Group
- ◆ Genealogy
- ◆ Canasta
- ◆ Pinochle
- ◆ Bridge
- ◆ Driftwood Sculpture
- ◆ Gourd Arts
- ◆ Wood Carving
- ◆ Scrabble
- ◆ Mah Jongg
- ◆ Defensive Driving
- ◆ Legal Assistance
- ◆ Chair Massage
- ◆ Book Club
- ◆ Movie Day
- ◆ Trips
- ◆ Special Events



Hours are 9 a.m.-4 p.m. Monday through Thursday, and 9 a.m.-noon on Friday. For more information, call the Center at (360) 363-8450.

Woodcarving Studio

Learn how to carve beautiful things out of wood in this open studio format. Experienced and beginning woodcarvers welcome. Students teach one another and share techniques. Bring your own tools and decide what kind of project you would like to pursue. Bark, soft woods, toys, ornaments or burned wood are just a few projects you can complete. Many participants belong to the Quil Ceda Carvers group. This is mainly an adult class however, youth are welcome with an accompanying adult.

Time: 9:00 - 12:00 pm
When: Friday, Jan. 3 - April 25
Location: Community Center
 514 Delta Ave.
Age: Adult, 16 and older
Cost: \$3 per visit

iPad and iPhone 101



Instructor
 Kim Reynolds

So you own an iPhone or iPad. Now what? Learn how to use these devices and enjoy every minute of it! Everything from basic operation to installing 'apps', deleting files, finding WiFi, downloading tunes, texting, emailing and much more. Kimberly Reynolds will teach you step by step how to operate your iPad or iPhone so you can get the most out of your device and embrace the technology that everyone is using! Please bring your device to class with you. If you are unsure of whether or not you want to purchase an iPad or iPhone, this is also a good class. Note: This class is specific to Apple products and not any other type of tablet or smartphone.

Course #: 12412
Time: 7:00 - 9:00 pm
When: Tuesday, Jan. 21
Instructor: Kim Reynolds
Location: Marysville Library Large Meeting Room
 6120 Grove St.
Age: Adult, 18 and older
Cost: \$35

Instructor SPOTLIGHT

Meet Tracey Mackie
 Kettlebell instructor



Tracey Mackie believes in the power of the Kettlebell! As a personal trainer for over 20 years, she helps her students achieve their fitness goals. Since being trained on how to teach Kettlebell, it has been her primary source of training clients ever since. Tracey's made a smooth transition from a gym environment to her own successful personal training business, and we are excited to have her teach classes through Marysville Parks and Recreation. Sharing the gift of health is Tracey's passion and you can see it in the success of her students. Several of her students have lost over 50 lbs. this year and gained muscle in the process! In addition to Kettlebell classes, Tracey has taught self-defense, spin, kid fit and aquatics. When she isn't training, Tracey enjoys spending time home decorating for herself and others, reading, cooking and running.

Aerobics

Find fitness and friendship in our low-impact aerobics class! Instructor, Tracey Mackie will keep you moving while maintaining flexibility. No class April 7 or 9.

Time: 9:00 - 10:00 am
When: Monday and Wednesday
Instructor: Tracey Mackie
Location: Community Center
 514 Delta Ave.

Course #:	12057	Jan. 6-29	Cost: \$35
Course #:	12058	Feb. 3-26	Cost: \$35
Course #:	12059	March 3-31	Cost: \$40
Course #:	12060	April 2-30	Cost: \$35

Rent the Ken Baxter Community Center



Ken Baxter Community Center, 514 Delta Ave.

Rent the Ken Baxter Community Center for your next wedding reception, birthday party, special occasion or event! The Center is available evenings and weekends. For more information about renting this and other Marysville Parks and Recreation facilities, call the Parks Office at (360) 363-8400. Security deposits required in advance with all rental agreements.

Capacity 100 **Special:** \$155 for 5 hours
Cost per/hr M-Th-\$35 F-Sat-Sun-\$45

Conveniences

LEGEND:
 restrooms accessible electricity kitchen coffee alcohol allowed (Permit required)



Special Winter Golf Rates at Cedarcrest GC

Good through May 31, 2014

- Mondays** Pay for 9 holes, play all day
- Tuesdays** Two 18-hole green fees for price of one
Seniors save even more
- Wednesdays** No cart fee - 18 holes
Senior rate
- Thursdays & Fridays** All day Twilight rate for 18 holes

For reservations & tee times:

Phone: (360) 363-8460
Book online: www.cedarcrestGC.com

Course features:

- * 52 bunkers
- * Senior age discount 55+
- * Bleachers Grill at Cedarcrest
- * EZ GO Cart Fleet & Yamaha
- * Outstanding Pro Shop facility



Bleachers



Golf Pro Dave Castleberry (right)

Book Online

www.CedarcrestGC.com

6810 84th Street NE
Marysville, WA 98270



Annual passes for 2014 **on sale** now!

For holiday gifts, consider Cedarcrest logo apparel, a new putter, bag or shoes for under the tree or Titleist balls, or unbreakable tees, for a stocking stuffer. Shop early for great gift ideas.

Cedarcrest Winter Rates

Valid Oct. 1, 2013-May 31, 2014

Weekdays M-F (excl. holidays)	18 holes	9 Holes
Regular Rate	\$27	\$16
Senior (55 Years)	\$23	\$16
Military	\$23	\$16
Junior	\$15	\$15
Early Bird (Before 8 am)	\$23	N/A
Twilight	\$21	N/A

Weekends Sat./Sun. & holidays)

Regular Rate	\$30	\$16
Twilight Rate (after 2pm – Oct. 31)	\$21	N/A

Cart Fees

Regular Rate	\$14	\$8
Twilight	\$9	\$8
Pull Cart	\$6	\$5
Trail Fee	\$8	\$8



City awarded \$50,000 County grant toward Phase II construction of Bayview Trail

City and Snohomish County officials joined for a ceremonial check presentation recognizing the \$50,000 Conservation Futures Fund matching grant the City will receive to fund Phase II of Bayview Trail along Marysville's eastside foothills. Phase II will extend a 10-foot wide paved trail further north from 75th Street NE, connecting with the County's Centennial Trail trailhead on 84th Street. Marysville was one of seven cities to have their project funded. The extension will be built in 2014. Pictured from left: Marysville Parks and Recreation Director Jim Ballew; City Councilmembers Kamille Norton (also Park Board Liaison), Rob Toyer and Steve Muller; Mayor Jon Nehring; Snohomish County Executive John Lovick; County Councilman John Koster; and County Parks Director Tom Teigan.

Breathe easier now: Marysville city parks go smoke free; Health District honors city with Healthy Workplace Award

You can breathe easier now.

Marysville city parks are smoke free zones.

For several years, the City had only an advisory in effect discouraging people from smoking in the parks to cut down on exposure to second-hand smoke.

Now it's a law barring smoking and other tobacco use in city parks, and punishable by a fine of up to \$500.

"For children who are coming to the parks to play and exercise, second-hand smoke is a real health risk," says Parks Director Jim Ballew, who led the campaign along with support from the Parks and Recreation Advisory Board.

In honor of these efforts, the Snohomish Health District (SHD) presented the City with a Healthy Workplace Award at the Nov. 25 City Council meeting.

"Marysville is taking very seriously the health of its employees, residents, and visitors by addressing smoking -- the leading underlying cause of death in Snohomish County," says Dr. Gary Goldbaum, Health Officer and SHD Director.

Second-hand smoke isn't the only problem in the park system -- so are cigarette butts. Health experts say it's more than a litter control problem; it's also the number one call to poison control hotlines that a child has ingested a cigarette butt, which is toxic.

Signs advertising the new law barring smoking and other tobacco use in Marysville city parks are posted in select parks.



Look for these A-Board signs in a park near you.

Marysville Parks & Recreation Registration Form



ONLINE

Register online at *Marysville ePlay*:
<http://marysvillewa.gov>



MAIL

Complete Registration Form below. Make check or money order payable to: "City of Marysville":

Marysville Parks and Recreation
6915 Armar Road
Marysville, WA 98270



WALK IN

Register in the Parks and Recreation Office located in Jennings Memorial Park.



CALL US

(360) 363-8400 for more details.
 FAX (360) 651-5089

MARYSVILLE PARKS & RECREATION REGISTRATION FORM

Registration Form Per Person/Family

Please print & fill out completely

NAME (Parent or Guardian if under 18) _____

ADDRESS _____

City _____ State _____ Zip _____

HOME PHONE _____ DAYTIME PHONE _____

EMAIL _____

Yes, I would like to receive Parks & Recreation email updates

PARTICIPANT NAME	BIRTH-DATE	M/F	COURSE #	CLASS/PROGRAM	DATE(S)	TIME	FEE

TOTAL FEES:

For and in consideration of the opportunity offered to participate in the above named activity offered by the Marysville Parks and Recreation Department, I, as evidenced by signature, do hereby hold harmless, release and waive all claims I/my child may have against the City of Marysville, its officials, employees, agents or contracted instructors, and any other person(s) involved in the above named activity/activities for any and all injuries, losses or damages suffered by me or my child as a result of our participation in the above named activity/activities. I accept full responsibility for cost of treatment for any injury, losses or damages suffered.

I grant to the City of Marysville, its representatives and employees the right to take photographs of me and my property in connection with the above-registered program. I authorize the City of Marysville, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that City of Marysville may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising and Web content.

I have read and understand the above:

SIGNATURE: _____ DATE: _____

PARENT/GUARDIAN SIGNATURE (if under 18): _____

Amount Enclosed: \$ _____

- Check # _____
- Money Order
- Cash (*Please do not mail cash.*)
- Visa/MasterCard

Upon receipt of this Registration Form a staff member will contact you for your credit card payment information.

Refund Policy

The Marysville Parks & Recreation Department wishes to provide you with the highest quality recreation program possible and ensure your satisfaction. If you are dissatisfied with the quality of your instructor, facility, or any other program component, please call us at (360) 363-8400, and we will be happy to address your concerns.

ALL REQUESTS FOR REFUNDS MUST BE IN WRITING

(Please allow 3-4 weeks for processing.)

Recreational Activities

- Participants will receive a full refund if the class is cancelled by the Parks Department.
- Refunds requested 5 working days prior to the first class would receive a full refund, less a \$10 administrative fee.

Adult Team Athletics

- Once a team's entry fee is submitted to the Parks Department's Athletic Office, a \$25 service charge will be assessed when a team withdraws from the league prior to the scheduling process.
- Teams requesting a refund after game schedules have been completed will be

refunded, less a \$150 cancellation fee.

- Refunds will not be issued for any reason after the start of league play.
- Refunds will be made to the person listed as head coach/manager of a team.

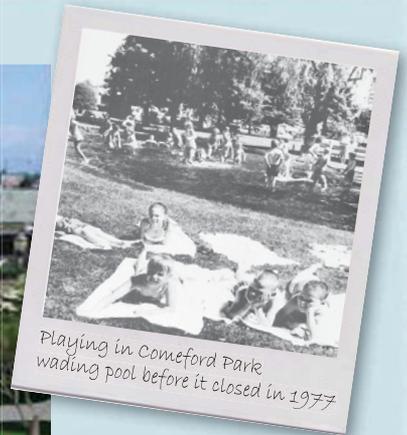
Youth Athletics

- Participants requesting a refund in writing prior to the team's scheduled second practice of the season will receive a full refund. (Less \$10 administrative fee.)
- Refunds will not be issued after the second practice has taken place.
- Injuries prohibiting continued participation in the Marysville Parks and Recreation Departments youth athletic programs are subject to pro-rated refunds.

Special Events and Facility Rentals @ Jennings Park/Marysville Library

- Participants requesting a refund in writing 10 working days in advance of the rental will be refunded, less a \$10 administrative fee.
- Refunds will not be issued if a refund request is made later than 10 days prior to rental.
- No refunds will be given on trips or special events, unless there is someone on a wait list to fill the vacancy.

New Spraypark could be the big splash your children will rave about in 2014



Playing in Comeford Park wading pool before it closed in 1977

Features:

- * Creative water jet designs
- * Water cannons
- * bollards & raised curbing
- * Blue LED lights in winding river feature for night lighting
- * Seating
- * Lighting
- * Landscaping
- * Restroom upgrades
- * Available for reserved birth day parties, other occasions

From its soaring watertower to a wading pool that was once the main attraction for splash-happy kids and families until 1977, Comeford Park has long had a special connection with water. The City of Marysville is hoping to make a big splash by constructing a new spraypark that could open as early as next summer.

In addition to the fun factor, the spraypark will draw more visitors and help revitalize downtown, and

add additional amenities at the park.

Two-thirds of the funding is in place for the \$325,000 project; the balance must come through local support from individual, group and service club donors.

For more information about donating, please contact Parks Director Jim Ballew at (360) 363-8400 or email jballew@marysvillewa.gov.

Happy Anniversary

City of Marysville Employees

- 30 YEARS** **Deryck McLeod**, Police Sergeant, *February*
- 25 YEARS** **Deryl Taylor**, Development Services Tech - Community Development, *February*
Mike Robinson, Park Maintenance Manager, *March*
Monty Mechling, Maintenance Worker II - Golf Course, *March*
- 20 YEARS** **Rick Herzog**, Senior Construction Inspector - Community Development, *January*
Charles Smith, Police Officer, *March*
Doug Buell, Community Information Officer - Executive, *April*
Kim Ricker, Business Office Supervisor - Municipal Court, *April*
- 15 YEARS** **Tom King**, Senior Traffic Control Systems Tech - Engineering, *January*
Jeff Burkholder, Custody Officer, *April*
- 10 YEARS** **Jeff Vaughan**, City Councilmember, *April*
Bianca Korkeakoski, Program Specialist - Community Development, *January*
- 5 YEARS** **Ilia George**, Program Specialist - Police, *January*
Jake Wetzel, Maintenance Worker II - Public Works, Sewer and Stormwater, *February*



Parks Staff give best wishes to retiring Judie Kirchberg; voice and face of the Parks Office for 20 years!

She was the friendly face and voice who greeted you in the Parks and Recreation Office or on the phone for more than two decades.

On Nov. 15, employees bid farewell and best wishes Parks and Recreation Receptionist Judie Kirchburg.



“Judie had boundless enthusiasm for her job, and she brought spunk and energy to the office every day,” says Jim Ballew, Parks and Recreation Director. “Nothing made her happier than a satisfied customer. She brought a smile to every visitor, and her humor and genuine team spirit made the office a welcome place for staff and visitors.”

Her service to the community during her tenure included participation in American Cancer Society Relay of Life events, and volunteering with Operation Marysville Community Christmas.

“We are going to miss her,” Ballew says.

City of Marysville prepares for cold, wet winter

City Public Works crews have already mobilized for the coming snow and ice by readying snow equipment, stockpiling supplies, training staff for emergency response and updating the City's snow and ice routes map. Public Works and Emergency Management staff in recent weeks also hosted pre-snow and ice meetings to share strategies and information with neighboring jurisdictions and utilities.

"We are well-prepared for any major snow and ice events that affect Marysville this year," Mayor Jon Nehring says. "Our dedicated snow and ice response teams are ready to keep traffic moving and motorists safe on local roadways to the best of our ability and with the least amount of disruption, while protecting lives and property."

Road safety is the top priority, keeping traffic moving throughout Marysville as efficiently as possible, says Kevin Nielsen, Public Works Director. The Street Department maintains 196 miles of streets within the City. Street crews provide 24-hour coverage, conducting periodic sanding and snow-ice removal to mitigate conditions during a severe weather event. An in-house database system tracks response to dispatched crews in order to create more efficient work flow.

Marysville's fleet includes several ve-



Left, Marysville Public Works crews ready vehicles and attend snow and ice training; above, the snowplows are out well ahead of commuters' drive to work.

hicles equipped for snow and ice control, including three 10-yard trucks for plowing and sanding and another 10-yard truck that sands; 2 five-yard trucks, a 1-ton truck for plowing and sanding, and another that dispenses anti-icing liquid, says Charlie Burke, Streets and Surface Water Manager.

The City's Snow and Ice Removal Plan designates snow and ice routes for sanding and plowing using a zoned system, Nielsen says. Within each zone, a system of priority has been established taking into consideration topography, traffic volumes and special usage.

During events where snow and ice conditions are widespread, Street personnel concentrate their removal efforts based on the following:

- Arterials leading into and out of the City
- Arterials located on hills within City

boundaries

- Fire and Police access
- All other arterials within City boundaries

That means response is focused on priority routes and arterials, such as State, 51st, 67th, 83rd and Twin Lakes avenues; 4th, Grove, 88th 116th and 136th and 152nd and 172nd west of I-5 in the Lake-wood area; and Sunnyside, Ingraham and Smokey Point boulevards. (To view the Snow Routes map, visit the City website at <http://marysvillewa.gov>.)

When "Snow Closure-Do Not Enter" signs and barricades are placed at these locations, in the interests of public safety, motorists are advised not to go around them (same goes for pedestrians), says Burke. "In general, be cautious and use common sense when out driving or walking in freezing weather."

City gives you many ways to get emergency alerts and latest updates in event of snow, flooding, etc.

Marysville Public Works, Police and Emergency Management personnel have been training, reviewing and preparing for when the season delivers its first winter storms – they urge residents and businesses to also be prepared. For most current information online about local emergency or road conditions and preparedness, visit the City website at <http://marysvillewa.gov>.

The site has interactive features including an Emergency Alert Center that offers the latest updates; or for your added convenience, sign up for emergency alerts sent automatically to your email through the site's Notify Me email subscription service.

Other Marysville places you can find updates; hotline

- City's Facebook site - marysvillewa.gov/facebook
- Twitter site - @WA_Marysville
- Marysville TV21 (Comcast) or TV25 (Frontier) cable access

Emergency Alert Hotline

Ph: (360) 363-8118
for latest updates or emergency or road conditions

Water/Sewer Emergencies:
Ph: (360) 363-8100

After Hours Water/Sewer Emergencies: Call 911



Visit the City website to view updated Snow Routes interactive map (includes WSDOT I-5 traffic cameras). Works on smart phones, too.



Pictured from left, front row, Donna Wright, Mayor Jon Nehring and Council President Jeffrey Vaughan; back row, Jeff Seibert, Stephen Muller, Michael Stevens, Kamille Norton and Rob Toyer.

Mayor-City Council

Jon Nehring	Office: (360) 363-8000 Home: (425) 346-9472	mayor@marysvillewa.gov
Jeffrey Vaughan (Council President)	651-0805	jvaughan@marysvillewa.gov
Kamille Norton	657-3496	knorton@marysvillewa.gov
Stephen C. Muller	657-4844	smuller@marysvillewa.gov
Jeff Seibert	659-2226	jseibert@marysvillewa.gov
Michael Stevens	(425) 530-5646	mstevens@marysvillewa.gov
Rob Toyer	(425) 760-9471	rtoyer@marysvillewa.gov
Donna Wright	659-7027	dwright@marysvillewa.gov

Council Highlights

Between September and November 2013, the Marysville City Council took action more than 81 agenda items. Below are highlights from their deliberations. To view actual Council minutes, visit the City website at marysvillewa.gov, then click on "City Documents." To receive notice by email or smart phone when Council packets, agendas and minutes are posted and a link to view them, sign up with our Notify Me email service at <http://marysvillewa.gov/list.aspx>.

SEPTEMBER

◆ Approved an interlocal agreement for interjurisdictional cooperation related to affordable housing within Snohomish County.

◆ Authorized the Mayor to sign an agreement with the state Department of Ecology for \$61,276 to fund the Local Source Control Program, which uses existing staff members to do business inspections, and provide information about spill prevention and decreasing impacts to the city's storm water system.

◆ Approved a \$209,855 professional services agreement with Seattle-based KPG, Inc. to provide engineering design for federally-funded HSIP projects.

◆ Awarded an \$86,838 contract to Rehrg Pacific Company and authorized the Mayor to execute a contract to buy

and deliver roll carts to new Sunnyside customers.

◆ Awarded a \$310,949 contract for the 53rd Avenue NE and SR528 Intersection Improvements project to Transportation Systems, Inc. Work includes a traffic signal and park entrance enhancements.

◆ Approved a one-year moratorium on siting and permitting of new marijuana-related businesses in order to allow the city to develop a Recreational Marijuana Regulations Work Plan. The plan will include steps to be taken, evaluation of regulations and requirements, and forming an ad-hoc committee to develop recommendations toward a final ordinance.

OCTOBER

◆ Approved the \$73,000 purchase for a dump truck, plow and sander with Han-

son International.

◆ Authorized the Mayor to sign a \$305,000 professional services agreement with Otak, Inc. to finish design work for all phases of the North End/Smokey Point Master Plan.

NOVEMBER

◆ Approved an ordinance establishing a Transportation Benefit District in the city code to better preserve and maintain the city's transportation infrastructure through the levying of future additional revenue sources.

◆ Authorized the Mayor to sign a professional services agreement with Gray and Osborne, Inc. to provide design services for the 3rd Street Retrofit Project. The \$120,000 project is funded through a state Department of Ecology Low Impact Development (LID) grant. By using LID, stormwater runoff can be treated and handled within existing right of way. Another DOE grant for \$170,000 was also agreed on to help fund future innovative design projects identified in the city's NPDES Phase II municipal stormwater permit.

Use City MIRS for easier access to public documents

The **Marysville Information Retrieval System (MIRS)** is the place to go for easy online access to City of Marysville public documents and records. Documents include:

- City Council Packets, Agendas and Minutes
- Interlocal Agreements
- Ordinances
- Proclamations
- Public Forms
- Public Notices
- Resolutions

To access MIRS, visit the City website at <http://marysvillewa.gov>, then click on "City Documents."

Document Center

Can't find what you're looking for in MIRS? Visit our Document Center on the City website, which houses a variety of other miscellaneous City documents and publications.

MORE WINTER ACTIVITIES & COMMUNITY EVENTS

Treasure Trove ★ ANTIQUE ★ APPRAISAL SHOW

Saturday, March 8, 2014

10AM to 2PM

Ken Baxter Community Center 514 Delta Avenue

Fun snacks and atmosphere.
Listen to others' evaluations, too!



City of Marysville Parks and Recreation
Limit 2 items. \$10 per item.

Pre-registration highly recommended. No large items or furniture. You may bring a photo with measurements though if desired.

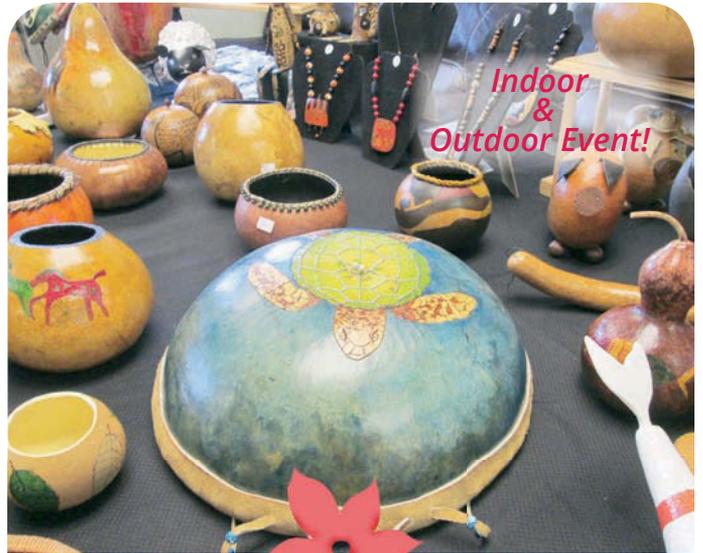


Once you have registered, you will be contacted with a general time frame to meet with the appraiser for a verbal evaluation of your item(s). Approximately 5-8 minutes is given to each customer.



For details (360) 363-8450

marysvillewa.gov • Program #12365 - \$10 for 1 item • Program #12386 - \$20 2 items



Indoor & Outdoor Event!

Spring Craft & Garden Show

at the

KEN BAXTER
COMMUNITY CENTER

Handmade gifts in time for Spring, Mother's Day or just because! Over 60+ vendors with handmade items will be on hand. Soaps, garden art, metal work, wood art, clothes, cards, decor, plants and more! In addition, the Marysville Rock and Gem Club will have a special section, selling rocks and gems, too! Call (360) 363-8450 for vendor information. Admission is free for shoppers!

Course #: 11553
Time: 10:00 - 4:00 pm
When: Saturday, April 12
Location: Community Center
514 Delta Ave
Cost: Free for Shoppers!



About this Activities Guide



The Winter/Spring 2014 Marysville Parks & Recreation Activities Guide is distributed to Marysville residents and Marysville-area utility customers. This Guide and the interactive version are printed by Nexsite. We would like to hear your comments about this publication. Please write to Marysville City Hall, 1049 State Ave., Marysville, WA, 98270, or e-mail dbuell@marysvillewa.gov.

You can download a copy of this Activities Guide, or read the interactive version by visiting the City web site at:

<http://marysvillewa.gov>

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City of Marysville
1049 State Ave.
Marysville, WA 98270

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MARYSVILLE PARKS & RECREATION

Activities Guides



for last-minute calendar entries and announcements

<http://marysvillewa.gov/facebook>

Saves the Dates



Fishing Derby

Children may bring their own equipment or use the equipment that is provided. The Kiwanis Club will also be sponsoring a Pancake Breakfast from 8:00 am to 11:00 am in the pavilion. The cost for the breakfast is \$3 a plate for kids and \$5 for adults. All participants are asked to bring a canned food item to be donated to the Marysville Community Food Bank. Please leave pets at home.

Kiwanis Pond in Jennings Park
Saturday, May 3
8:00 - 11:00 am
Ages 2-12
Free

Kids Garage Sale

For vendor information, call (360) 363-8450.

Ken Baxter Community Center
Saturday, June 28
10 am to 2pm
Indoor Table: \$20 Outdoor Table: \$15

Junk in the Trunk

'Junk in the Trunk' is a HUGE sale where over 60 vendors sell their treasures in our large parking lot. For vendor information call (360) 363-8450 or email us at mburgess@marysvillewa.gov. We will start accepting applications starting April 2, 2014.

Marysville Municipal Court Parking Lot
1015 State Ave
Saturday, July 12
10:00 - 3:00 pm
Free for Shoppers



Easter Egg Hunt

Presented by Marysville Parks and Recreation, Marysville Noon Rotary Club, Steve Fulton State Farm Insurance and Grandview Village, the annual Easter Egg Hunt is a fun event for the entire family. More than 10,000 plastic eggs filled with candy and prizes will be hidden in and around the Jennings Memorial Park Rotary Ranch. Limit 8 eggs per child. Participants are asked to bring a canned food item for the Marysville Community Food Bank. For more information, please contact Marysville Parks and Recreation at 360-363-8400. Additional parking is available at the Marysville Middle School until 1pm. Please leave pets at home, thank you! Be sure to stop by the new children's craft fair at the barn.

Time: 10:00 - 11:00 am
When: Saturday, April 19
Location: Jennings Park
6915 Armar Road
Age: 0-8 years old
Cost: Free

