

MARYSVILLE PARKS AND RECREATION

Activities Guide

Winter/Spring 2016
Vol. 28, No. 1



Inside

Spring Soccer
Father-Daughter Dance
Mother-Son Superhero
Spring Ball
Classes & Activities
Health & Fitness

Marysville ePlay
Register Online
for Classes and Activities
Marysvillewa.gov





Father-Daughter Valentine's Dance

Fathers and daughters of all ages are invited!

Enjoy a special night of lasting memories as you dance with your daughter! Refreshments and a 5x7 photo to commemorate your evening is included. The cost is \$25 per couple and \$5 for each additional daughter attending the same session of dance. Dance is located at Cedarcrest Middle School.

Registration begins Jan. 5, 2016. Pre-registration is required; no paper tickets will be distributed. Questions, call Parks Office at 360-363-8400 or email akingsford@marysvillewa.gov.

Sponsored by



Kiwanis, HomeStreet Bank, ProAction Physical Therapy, Golden Coral, Clear Image Photography and Sound Source Seattle

Saturday, February 6	5:30 - 7:00 pm	Course #: 15290
Saturday, February 6	7:30 - 9:00 pm	Course #: 15291
Saturday, February 20	5:30 - 7:00 pm	Course #: 15292
Saturday, February 20	7:30 - 9:00 pm	Course #: 15293



Mother-Son Superhero Dance

Calling Superhero moms and sons of all ages!

You are invited to the 1st ever Mother-Son Superhero Dance. This is what you have been waiting for! This is your night to dress up, meet a superhero and show off your super dance moves! Whether you dress fancy formal or superhero fabulous, it's a night that you and your son will remember for years. Refreshments are provided and all couples receive a 5x7 photo with a superhero to commemorate your evening!

The cost is \$25 per couple and \$5 for each additional son attending the same session. You won't want to miss this new and exciting event!



Sponsored by



HomeStreet Bank, Bob's Burger and Brew, Clear Image Photography and Sound Source Seattle

Pre-registration is required; no paper tickets. Questions, call 360-363-8400 or email akingsford@marysvillewa.gov.

Location: Cedarcrest Middle School

Saturday, April 16 • 5:30 - 7:00 pm Course #: 15345

Saturday, April 16 • 7:30 - 9:00 pm Course #: 15346

WINTER PARKS & RECREATION GUIDE



Find a Park

Marysville has 447 acres of parks and 21 miles of trails in its park system inventory. To view a complete list and facility rental information, visit the City website at marysvillewa.gov, and look on the Parks menu for the “Find a Park” button, or call the Parks Office at (360) 363-8400.



LIKE US for last minute calendar entries and announcements

TABLE OF CONTENTS

Youth

Dance.....	6-7
Kindermusik.....	7
Special Interest.....	9-10
Sports & Fitness.....	2-5

Adult

Athletics, Fitness & Dance.....	16-18
Arts & Crafts.....	12-14
General/Enrichment.....	19-20

Seniors

Fitness & Enrichment.....	21
---------------------------	----

Cedarcrest Golf Course

Golf Information.....	22
-----------------------	----

Rental Facilities

Rent a Parks Facility.....	23
----------------------------	----

Community Program Sites/Facilities

Cedarcrest Middle School Gym
6400 88th Street NE

Community Center
514 Delta Avenue

Jennings Park Barn
6915 Armar Road

Jennings Park Ballfield
6915 Armar Road

Rotary Ranch in Jennings Park
6915 Armar Road

Kung Fu 4 Kids/Kung Fu Northwest
804 Cedar Avenue

Marysville Pilchuck High School
5611 108th Street NE

Marysville Youth Soccer Complex
4808 149th Place NE

Opera House
1225 3rd Street

Sonic Elite All Stars Facility
4008 132nd Place NE

Strawberry Lanes Bowling Alley
1067 Columbia Avenue

Totem Middle School Cafeteria
1605 7th Street



Inclement Weather Policy

The City of Marysville values our citizens' safety. In the event that the Marysville School District cancels school due to poor weather, the City will close the Ken Baxter Community Center, and all City recreational/athletic programs will be cancelled.

YOUTH ACTIVITIES



Seven-A-Side Youth Soccer Ages 7-14

Registration for the 7v7 Soccer League has begun! This recreational soccer program is offered in cooperation with PSA and is for boys and girls ages 7 to 14 years. Registration will continue through February 19th. Team registration deadline is Wednesday, February 17th. Coaches of established North County Youth Soccer teams may register players from their 2015 fall roster as a team. Team registrations must be submitted in person with completed registration forms and payment for each player. Boys typically play on Tuesday/Thursday and Girls play on Monday/Wednesday.

Practices/games held between 5:00 pm and 8:00 pm on week nights. Practices/games are 1 hour.

Location: Marysville Youth Soccer Complex



Boys

Age: 7-8 boys	Cost: \$65
Course #: 15194 Tue/Thu April 11-June 9 5:00 - 8:00 pm	
Age: 9-10 boys	Cost: \$65
Course #: 15196 Tue/Thu April 11-June 9 5:00 - 8:00 pm	
Age: 11-12 boys.....	Cost: \$65
Course #: 15198 Tue/Thu April 11-June 9 5:00 - 8:00 pm	
Age: 13-14 boys.....	Cost: \$65
Course #: 15200 Tue/Thu April 11-June 9 5:00 - 8:00 pm	

Girls

Age: 7-8 girls	Cost: \$65
Course #: 15195 Mon/Wed April 11-June 9 5:00 - 8:00 pm	
Age: 9-10 girls.....	Cost: \$65
Course #: 15197 Mon/Wed April 11-June 9 5:00 - 8:00 pm	
Age: 11-12 girls.....	Cost: \$65
Course #: 15199 Mon/Wed April 11-June 9 5:00 - 8:00 pm	
Age: 13-14 girls.....	Cost: \$65
Course #: 15201 Mon/Wed April 11-June 9 5:00 - 8:00 pm	

Be a Volunteer Coach!

Give your time on the field to develop tomorrow's leaders.

Marysville Parks and Recreation needs adult volunteer coaches who are ready to give something back to our growing community and tomorrow's generation. Are you willing to step up? Can you make the time? Find out more! Please call the Parks and Recreation Office for details at (360)363-8403.



Kidz Love Soccer is designed to teach kids the game of soccer in a fun and safe environment. This

is accomplished through games and skills taught at appropriate age and ability levels. You and your kids will love Kidz Love Soccer! All participants will receive a Kidz Love Soccer jersey.

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the ‘World’s Most Popular Game!’ As you and your child participate in our fun age appropriate activities, your child will develop their large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won’t have to watch from the sidelines.

Age: 2 to 3 ½ Cost: \$75
 Course #: 15202 Fri March 4-April 8 3:00 - 3:30 pm

Tot Soccer

Encourages large motor skill development through games and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids!

Age: 3 ½ to 4 Cost: \$75
 Course #: 15203 Fri March 4-April 8 3:40 - 4:10 pm

Pre-Soccer

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment.

Age: 4 to 5 Cost: \$75
 Course #: 15204 Fri March 4-April 8 4:10 - 4:45 pm

Soccer 1

Soccer 1 teaches the basic techniques of soccer for beginning players including dribbling, passing and receiving, shooting, goal keeping, etc. Every participant will have a ball at their feet! Fun skill games will be played at every session. Small sided soccer matches will be introduced gradually.

Age: 5 to 6 Cost: \$75
 Course #: 15205 Fri March 4-April 8 4:45 - 5:30 pm

Soccer Skills and Scrimmages

Kids will enjoy advanced skill building: dribbling, passing and shooting in a team format. Each class we will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. All levels of skill are welcome to learn and enjoy the world’s most popular sport! Each participant will receive a soccer jersey.

Age: 7-10 Cost: \$75
 Course #: 15206 Fri March 4-April 8 5:30 - 6:15 pm



YOUTH ACTIVITIES

Carl Doup - Kung Fu 4 Kids

Sifu Carlton Doup has been teaching Chinese and Korean martial arts in Marysville, Washington since 1996. In 2001, realizing that children learn much differently than adults, he developed his Kung Fu 4 Kids™ curriculum to focus specifically on the needs and best methods for teaching children. He is also a huge advocate for Women's Safety and Bully Prevention.

Sifu Doup is best known in the martial arts community for his championship demonstration teams as well as his expertise in the use of exotic weaponry. He has also done professional stunt work and martial arts choreography, giving him the opportunity to work directly with several notable figures including Bill Gates and Steve Ballmer.

With many convenient class times, there is sure to be a class that meets your family's busy schedule. Students attend twice a week for 35 minutes. Class is not held on holidays. Contact Parks and Recreation for class schedule at 360-363-8400 or go online to marysvillewa.gov. **All classes held at Kung Fu 4 Kids.**



NINJAgarten

NINJAgarten is for those young warriors at heart. For children ages 3 and 4 years old everyday is a new discovery. They are growing socially, emotionally, intellectually and physically at a very fast pace. Lessons are designed specifically to target age specific skills such as large and gross motor skills, behavior development and character development. All of these skills are taught using age-appropriate exercises, games, drills and activities that children love.

Age: 3-4..... Cost: \$99
.....Material Fee: \$25

Course #: 14802	Afternoons	January 4-28
Course #: 14803	Afternoons	February 1-29
Course #: 14804	Afternoons	March 1-31

Kung Fu/Tae Kwon Do for Beginners Ages 4-12

Martial arts classes for children are fun, exciting and empowering! The Kung Fu 4 Kids curriculum, consisting of Kung Fu and Tae Kwon Do, has been designed especially for the young warriors at heart. In addition to all of the kicks, blocks, and punches, a portion of every class is dedicated to teaching respect, honesty, discipline and manners.

Age: 5-12 Cost: \$99
.....Material Fee: \$25

Course #: 14798	Evenings	January 4-29
Course #: 14799	Evenings	February 1-29
Course #: 14800	Evenings	March 1-31

Kung Fu/Tae Kwon Do - Teen

Through learning martial arts, young people gain strength, respect and confidence. They develop the ability to make good choices, the discipline to set and meet goals, the determination to overcome the most difficult challenges and the confidence to resist peer pressure. Designed especially for teens and pre-teens these Kung Fu classes keep young people excited, enthusiastic, fit and focused.

Age: 13-16 Cost: \$99
.....Material Fee: \$25

Course #: 15306	Evenings	January 4-28
Course #: 15307	Evenings	February 1-29
Course #: 15308	Evenings	March 1-31

Kung Fu 4 Kids Camp – Spring Break

Kids will love this camp as they build confidence, learn self defense, improve concentration, increase self-discipline and develop manners through activities that include martial arts/tae kwon do, crafts, stories, educational activities and more! Three formal martial arts classes are taught each day.

Age: 6-13 Cost: \$139
Course #: 14805 Mon-Fri April 4-8 9:00 am - 4:00 pm

Age: 5-13 Cost: \$79
Course #: 14806 Mon-Fri April 4-8 9:00 am - 12:00 pm
Course #: 14807 Mon-Fri April 4-8 1:00 - 4:00 pm

Do you have a talent, hobby or class idea you would like to teach? Tell us about it!

City of Marysville Parks and Recreation is always looking for new ideas for classes, and instructors to teach them. If you have a special talent or are interested in teaching a class that you are qualified to teach, call Recreation Coordinator Andrea Kingsford at (360)363-8400, or e-mail akingsford@marysvillewa.gov.

All instructors are independent contractors and not considered City employees.



Bowling for Beginners

Have fun learning the basics of bowling with Strawberry Lanes. Bowling technique and scoring will be covered during the session. Shoe rentals are included in the class fee. Class is not held on holidays.

Instructor: Strawberry Lanes

Location: Strawberry Lanes Bowling Alley

Age: 6-17 Cost: \$35

Course #: 14681 Mon February 1-29 4:30 - 5:30 pm

Course #: 14682 Mon March 7-28 4:30 - 5:30 pm

SAVE the DATE!

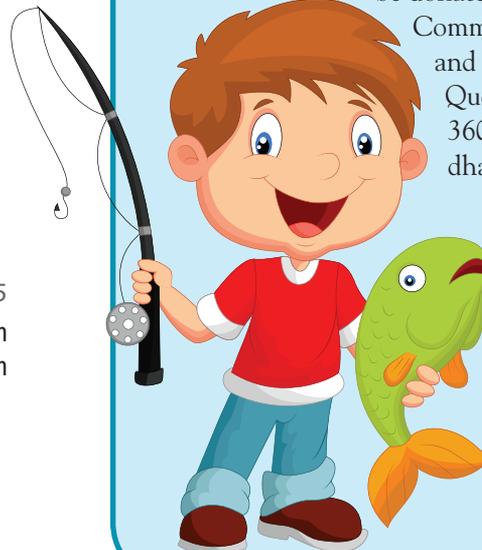
Summer Camp Registration

Summer Camp Registration begins March 1, 2016. Plan early and give your kids a summer they won't forget. Programs include sports camps, day camp and specialty camps for youth ages 4-14. Full camp schedules will be available at marysvillewa.gov or in the Parks and Recreation Office 360-363-8400.

Fishing Derby • May 7, 2016

The Marysville Kiwanis Club, Everett Steelhead and Salmon Club, John's Sporting Goods and Marysville Parks and Recreation are sponsoring the **22nd Annual free Fishing Derby** at Jennings Park. Children may bring their own equipment or use the equipment provided. A limit of one fish per entrant is enforced. Door prizes and grand prizes are determined by a random drawing of all participants.

The Kiwanis Club is sponsoring a Pancake Breakfast from 8:00-11:00 am in the barn. The cost for breakfast is \$3 a plate for kids and \$5 for adults. Please bring a canned food item to be donated to the Marysville Community Food Bank, and leave pets at home. Questions - call at 360-363-8400 or email dhall@marysvillewa.gov.



Ages: 2-12
Derby Cost: Free

Pancake Breakfast
- \$5 adults/\$3 kids



YOUTH ACTIVITIES

DANCE & MUSIC

Dance - Ballet and Tap

Instructor Ms. Mo will teach your child phrasing and the terminology of ballet and tap while building grace, poise and strength. Basic building blocks, positions and the preparatory steps of ballet and tap will be taught in each class. Students wear leotard and tights with leather soled ballet and tap shoes. Hair should be neatly secured. Parents are invited to attend the last 10 minutes of class.

Instructor: Monica Olason

Location: Community Center

Age: 3-5..... Cost: \$40

Course #: 14911	Wed	January 6-27	10:00 - 10:45 am
Course #: 14912	Fri	January 8-29	10:00 - 10:45 am
Course #: 14913	Fri	January 8-29	10:45 - 11:30 am
Course #: 14914	Wed	February 3-24	10:00 - 10:45 am
Course #: 14915	Fri	February 5-26	10:00 - 10:45 am
Course #: 14916	Fri	February 5-26	10:45 - 11:30 am
Course #: 14917	Wed	March 2-23	10:00 - 10:45 am
Course #: 14918	Fri	March 4-25	10:00 - 10:45 am
Course #: 14919	Fri	March 4-25	10:45 - 11:30 am



Monica Olason

In seven years of teaching with Marysville Parks and Recreation, Ms. Mo (aka Monica Olason) has taught everything from ballet to tumbling, sharing her passion

for dance with all her students. "I started dancing at the age of three and have continued ever since," explains Ms. Mo. "I decided to start teaching because I wanted to teach my daughter the love of dance and wasn't able to find classes that fit our schedule."

Through her classes, students have learned to tap, jazz, and pliè with Ms. Mo's guidance. She says the most rewarding part is to watch her students improve, "I enjoy all my classes, and especially love to see the kids blossom."

Dance - Creative Dance - Mommy & Me

This wonderful class will have mommy and child twirling with glee. You will love the exercise and your child will love learning dance, coordination, balance, rhythm and stretching. The class will feature basic dance steps in ballet and jazz. Child should be walking to participate.

Instructor: Monica Olason

Location: Community Center

Age: 1-3..... Cost: \$28

Course #: 15270	Fri	January 8-29	9:30 - 10:00 am
Course #: 15271	Fri	February 5-26	9:30 - 10:00 am
Course #: 15272	Fri	March 4-25	9:30 - 10:00 am

Dance - Tumbling & Movement - Mommy & Me

Explore the world of tumbling and movement. You and your child will love practicing coordination, balance, rhythm and stretching all while moving to the music. Be delighted using the mats, hoops, ribbons and more. Child should be walking to participate.

Instructor: Monica Olason

Location: Community Center

Age: 1-3..... Cost: \$28

Course #: 15273	Wed	January 6-27	11:00 - 11:30 am
Course #: 15274	Wed	February 3-24	11:00 - 11:30 am
Course #: 15275	Wed	March 2-23	11:00 - 11:30 am

Kindermusik®

Kindermusik taught by instructors Chris Floyd and Shelley Metcalf is a music and movement program for infants, toddlers, preschoolers and big kids. Your child will play, listen and dance through musical activities specifically designed to stimulate early childhood development and strengthen neural pathways in your child's mind. Material fees are payable to the instructor at the first class. Classes are 15 weeks. Payments may be divided into 4 installments. For payment plans please contact the Parks and Recreation office at 360-363-8400. No class April 5/6 due to Spring Break.



Kindermusik - Village

Kindermusik Village takes those special bonding moments between a parent and baby and adds a unique blend of musical learning activities that stimulate and engage all of the senses.

Location: Rotary Ranch in Jennings Park
Instructor: Shelly Metcalf

Age: Birth – 18 monthsCost: \$152
Material Fee: \$70

Course #: 14714 Tue February 2-May 17 12:15 - 1:00 pm

Kindermusik - Our Time

In Our Time toddlers are encouraged to be creative, initiate their own ideas and respond in their own ways. As they play instruments, sing, move and explore, toddlers uncover an engaging musical world while building confidence, self-control and communication skills.

Location: Rotary Ranch in Jennings Park

Age: 18 months – 3 1/2 years.....Cost: \$152
.....Material Fee: \$60

Instructor: Shelly Metcalf

Course #: 14709 Tue February 2-May 17 10:00 - 10:45 am

Course #: 14710 Tue February 2-May 17 11:00 - 11:45 am

Course #: 14712 Wed February 3-May 18 10:00 - 10:45 am

Instructor: Chris Floyd

Course #: 14711 Tue February 2-May 17 6:00 - 6:45 pm

Kindermusik - Imagine That!

Kindermusik Imagine That for preschoolers uses the power of music to tap into the preschooler's creative spirit and boundless energy. The focus is on developing their learning strengths and self-confidence. Parents are invited to join in the last 15 minutes of class.

Location: Rotary Ranch in Jennings Park

Age: 3 1/2 - 5 years.....Cost: \$152
.....Material Fee: \$70

Instructor: Shelly Metcalf

Course #: 14706 Tue February 2-May 17 1:15 - 2:00 pm

Course #: 14707 Wed February 3-May 18 11:00 - 11:45 am

Instructor: Chris Floyd

Course #: 14708 Wed February 3-May 18 6:00 - 6:45 pm

Kindermusik - Young Child Semesters 2 and 4

This four semester cumulative program provides a pressure-free small group setting in which children develop a strong musical foundation by learning concepts, language, notation and vocabulary and its greatest composers. Great for children eager for their first experience with musical symbols and instruments, but not ready for formal lessons and traditional music reading. Parents are invited to participate in the last 15 minutes of class for sharing time.

Location: Rotary Ranch in Jennings Park

Age: 5 – 7 years.....Cost: \$184
.....Material Fee: \$50

Instructor: Chris Floyd

Course #: 14715 Tue February 2-May 17 4:45 - 5:45 pm

Course #: 14716 Wed February 3-May 18 4:45 - 5:45 pm

YOUTH ACTIVITIES



Tumbling - Beginner to Intermediate

The experienced coaches of Sonic Elite All Stars will have your child having fun and smiling as they learn the fundamentals of tumbling. This beginner to intermediate class will teach the skills of level 1-3 tumbling including: forward and backward rolls, handstands, cartwheels, round-offs, back bends, handsprings all while building flexibility and strength. No prior tumbling experience is needed. Attire should include: leotard, tank top or shirt and footless leggings or shorts.

Instructor: Sonic Elite All Stars

Location: Sonic Elite All Stars Facility

Age: 6-8.....Cost: \$60

Course #: 15310 Tue January 12-February 16 4:30 - 5:30 pm

Course #: 15311 Tue February 23-March 29 4:30 - 5:30 pm

Age: 9-12Cost: \$60

Course #: 15312 Thu January 14-February 18 4:30 - 5:30 pm

Course #: 15313 Thu February 25-April 7 4:30 - 5:30 pm

Marysville Parks & Recreation invites you to BECOME A VOLUNTEER!

Whether you are a group of 1 or 101, we can assemble a project that will be meaningful and fun. We host Scouts, civic groups, school groups, church groups, business groups, families, etc. Here are project ideas – or suggest your own!

Bulb planting activity • Wetland Cleanup • Landscaping Flower Beds • Tree Planting • Painting picnic tables • And More!

Get involved today! Call Parks Maintenance (360) 363-8406

Singing - Voice for Teens with Lisa

Join instructor and singer Lisa Hanson as you learn singing principals, make friends and discover your voice. Participants will develop their talents through ear training, voice health, basic theory and performance techniques. There will be songs to choose from to learn to perform. A music notebook will be provided, please bring a pencil and water bottle. Participants are invited to record class for home practice, but this is not required. On the last day of the session, friends and family are invited for a performance.

Instructor: Lisa Hanson, Lakeview Music

Location: Community Center

Age: 10-15.....Cost: \$100

Course #: 14704 Tue January 19-February 16 4:30 - 5:20 pm

Singing with Lisa

Have fun and make new friends while learning to perform songs with instructor and singer Lisa Hanson! Students will learn voice health, basic theory, performance techniques and ear training. Lisa will provide a music notebook for each student, please bring a pencil and water bottle. Participants are invited to record class activities for home practice, but this is not required. On the last day of the session, friends and family are invited for a performance.

Instructor: Lisa Hanson, Lakeview Music

Location: Community Center

Age: 5-9.....Cost: \$100

Course #: 14703

Tue

March 1-29

4:30 - 5:20 pm



SPECIAL INTEREST



Baby Sign Language - My Smart Hands

Imagine communicating with your baby before he or she can even speak. Baby sign language reduces frustration, accelerates verbal development and strengthens cognitive skills. In this engaging, playful, educational and language-rich environment, parents/caregivers and children will build their American Sign Language (ASL) vocabulary through instruction, interactive games and song. Learn recommended first signs, the benefits of using ASL with infants and demonstrate easy techniques for successfully integrating signs into everyday life. Vocabulary includes: everyday words, family, food, animals, emotions, opposites, bedtime and play signs. Materials include a full color My Smart Hands curriculum book with a CD of the songs taught. Price includes parent/caregiver and child.

Instructor: Jennifer Boyington

Location: Community Center

Age: 1 month – 2 yearsCost: \$75

.....Material Fee: \$25

Course #: 14698 Wed February 10-March 16 5:15 - 6:00 pm

LIKE US for last minute calendar entries and announcements

Buzzing Spanish Play Date

Let your little ones discover the Spanish language with these fun play dates! Led by bilingual speaker Sonia Nara you and your child will have fun participating in activities, games and crafts while learning about letters, numbers, shapes, colors and more! Each class will have time for free play as well as a structured group time. Whether you are new to the Spanish language or are a bilingual family, your children will have fun, make new friends and practice basic Spanish words and phrases. Each month Buzzing Spanish Play Date will offer a different theme for continued learning.

Instructor: Sonia Nara

Location: Rotary Ranch in Jennings Park

Age: 6 months-5 yearsCost: \$40

.....Material Fee: \$10

Course #: 15287 Thu January 7-28 10:00 - 10:45 am

Course #: 15288 Thu February 4-25 10:00 - 10:45 am

Course #: 15289 Thu March 3-24 10:00 - 10:45 am



Drawing for Youth Beginner to Advanced

This fun and creative class taught by Vicki Carver guides budding artists while they explore and develop the skills to draw animals, people, flowers, still life and landscapes using graphite pencils. Returning artists may choose to work on individual projects. Supplies needed: graphite pencils (2H, HB and 6B), Strathmore drawing pad (50lb or 70lb) with spiral top, white eraser and a pencil sharpener. Artists may also bring oil pastels or color pencils for drawing enhancements.

Instructor: Vicki Carver

Location: Community Center

Age: 7-13Cost: \$63

Course #: 15139 Tue February 2-23 4:30 - 6:00 pm

Course #: 15140 Tue March 8-29 4:30 - 6:00 pm

YOUTH ACTIVITIES

Kidding Around Comedy Class

Do you love to make people laugh? Are you always cracking jokes? Learn the basics of comedy, how to construct a joke, the science of funny, building a routine and performing in front of friends and family. Learn from clean, fun comedians currently successful in their field. The last class includes a 3 minute routine that kids write and perform themselves.

Instructor: Mark Masonholder

Location: Community Center

Age: 8-12 Cost: \$46

Course #: 15283 Mon April 11-May 2 4:30 - 5:20 pm



Let's Make Movies - Family

Looking for something to do on a weeknight with your kids? How about a fun activity that you and your kids will be talking about for years to come? Join Michael Thomas of Insignis Media in this exciting class where you will work together with your family members to produce an original mini-movie in full HD! You will pick the concept, write the screenplay, learn the lines, name the movie and all the characters, set up the scenes, perform in front of the camera and then world premier the film on the last day of class! Each participating family will receive a custom DVD of the movie and select footage, bloopers and behind the scenes film shot during the workshop. Registration fee includes one adult and one child.

Instructor: Insignis Media

Location: Rotary Ranch in Jennings Park

Age: 7-14 Cost: \$85

Course #: 14808 Mon February 22-March 21 5:30 - 7:30 pm



Babysitting Basics Ages 10-14

Babysitting is a great way to earn money while having fun. Join Camp Fire as you learn the ins and outs of becoming a great babysitter. Learn play ideas, infant and toddler care, beginning behavior management, age characteristics, accident prevention, what to do in an emergency, how to work with parents and get ideas for networking to find babysitting jobs. All participants will receive a notebook and certificate of completion. Bring a water bottle, snack and pencil.

Instructor: Camp Fire

Location: Rotary Ranch in Jennings Park

Age: 10-14 Cost: \$40

Course #: 14694 Sat March 12 and 19 9:00 am - 1:00 pm

Junk in the Trunk

SAVE THE DATE: Saturday July 9, 2016 • 10AM-3PM

Marysville Municipal Courthouse, 1015 State Avenue

Vendor applications will be available starting April 5th. Vendors get a parking stall for their vehicle plus the space next to it to sell flea market, craft and garage sale items. To request an application, please email mburgess@marysvillewa.gov or call 360-363-8450 for details.



You'll find:

- toys
- clothes
- collectibles
- crafts
- furniture
- housewares
- antiques
- and more!

Vendor Spaces \$25

FREE for Participants



02.20.16

Game time
7:05PM

City of Marysville residents, their family and friends are invited to "Marysville Night" at Comcast Arena when the Everett Silvertips take on the Seattle Thunderbirds.

Special rates for Marysville residents:

Lower-level tickets
\$18 (\$5 off walk up)

Upper-level tickets are \$12.

The deadline to buy the tickets is February 19 or while supplies last.



For information and to purchase tickets go to www.everettsilvertips.com/marysville. Offer is only available online. Questions? Email akingsford@marysvillewa.gov.



Kid's Craft Fair

Saturday - March 26, 2016 • 9:00-11:00AM

If you're a crafty kid, this fair is the perfect venue! Located at the Jennings Park Barn during the annual Easter Egg Hunt, the craft fair gives kids the opportunity to sell what they make, set up their table for display, price items, work with customers and let their creativity skyrocket! Kids ages 6-13 may register for a vendor booth which includes a table space, chair and a vendor packet with all kinds of tips for successful selling along with suggestions on how parents can help. For complete details and a vendor application call

360-363-8400 or email mburgess@marysvillewa.gov.

VENDOR TABLE: \$15 for vendors Course#: 15213



ADULT ACTIVITIES

SPORTS



Adult Spring Softball

Marysville Parks and Recreation begins taking registration for its upcoming Spring Softball Leagues on Tuesday, February 16th. Registration will be accepted Monday through Friday from 8:00 a.m. to 5:00 p.m. at the Parks and Recreation office located in Jennings Memorial Park. Registration will continue on a space-available basis until Friday, March 25th at 5:00 pm. Divisions will be available for Men's and Co-ed teams. Men's and Co-ed E divisions will play 16 games. Co-ed Rec will play 14 games. The top 75% will qualify for single elimination playoffs. The cost for Men's and Co-ed E teams is \$760. The cost for Co-ed Rec teams is \$660. Games will begin the week of April 10th. Several different levels of play will be available to assure that all teams, regardless of their ability or experience, have an enjoyable season. For more information or to have a brochure mailed, please call the Parks and Recreation office at 360-363-8403.

Location: MPHS, Softball Fields

Age: Adult, 18 and olderCost: \$760

Course #: 15208 Mon April 11-June 20 6:00 - 9:00 pm

Age: Adult, 18 and olderCost: \$660

Course #: 15210 Sun April 10-June 12 3:00 - 9:00 pm

HEALTH & FITNESS

Aerobics - Low Impact

Meet new friends and stay fit in Low Impact Aerobics. This exercise class is effective yet gentle for the body. Each workout includes cardio, strength training, balance work and a lot of fun and friendship. Great for adults but especially for ages 50+. No class Jan. 18 or Feb. 15.

Instructor: Julia Brusselback, Sonic Elite All Stars

Location: Community Center

Age: Adults, 18 and olderCost: \$40

Course #: 15252 Mon, Wed January 4-27 9:00 - 10:00 am

Course #: 15253 Mon, Wed February 1-29 9:00 - 10:00 am

Course #: 15254 Wed, Mon March 2-30 9:00 - 10:00 am

Age: Adult, 18 and olderCost: \$30

Course #: 15255 Mon, Wed April 11-April 27 9:00 - 10:00 am

Yoga Flow - Mixed Level

This mixed level yoga class welcomes those who are brand new to yoga as well as those at the intermediate level. In each class, participants actively move through a series of yoga poses while building strength and increasing flexibility. Participants should bring a yoga mat and block to class.

Instructor: Kristina Porter

Location: Rotary Ranch in Jennings Park

Age: Adult, 16 and olderCost: \$60

Course #: 15090 Wed January 13-February 17 7:10 - 8:10 pm

Course #: 15091 Wed February 24-March 30 7:10 - 8:10 pm

Yoga - Gentle with Christina Porter

Yoga-Gentle is a slow paced yoga class perfect as a way to wind the evening down before a peaceful night of rest. Poses are floor-based and each pose is held for a period of time for a more meditative, relaxing experience. The class will focus on the mind-body connection as well as flexibility. All levels are welcome as adaptations are made for each individual student. Participants should bring a yoga mat, block and strap to class.

Instructor: Kristina Porter

Location: Rotary Ranch in Jennings Park

Age: Adult, 16 and olderCost: \$60

Course #: 15092 Wed January 13-February 17 8:15 - 9:15 pm

Course #: 15093 Wed February 24-March 30 8:15 - 9:15 pm

Barre Fitness

Learn this functional blend of yoga flow, pilates, ballet barre and active-isolated stretching. With an emphasis on core strength and posture you will work to create lean muscle throughout the body, develop mind and body connection and increase flexibility. This is a fast paced class but modifications are available for all activity levels. Every background and fitness level is welcome. Please wear clothes that you can move in and bring a yoga mat. No class Jan. 18 or Feb. 15.

Instructor: Kynzi Smith

Location: Community Center

Age: Adult, 14 and olderCost: \$100

Course #: 15094 Mon, Wed January 11-February 17 6:00 - 7:00 pm

Course #: 15095 Mon, Wed February 29-March 30 6:00 - 7:00 pm

Age: Adult, 14 and olderCost: \$60

Course #: 15096 Mon OR Wed January 11-February 17 6:00 - 7:00 pm

Course #: 15097 Mon OR Wed February 29-March 30 6:00 - 7:00 pm

Kung Fu/Tae Kwon Do

Kung Fu is the oldest and is one of the most popular martial arts in the world. The beauty of Kung Fu is that it is catered for the smaller person to be able to defeat their giants. Your giants can be a person, an emotion, stress and so much more. Instructors and staff are dedicated to helping you reach your goals and put your success before theirs. The Kung Fu program offers you a community to help you live your best life through self-discipline, self-confidence and self-respect.

Instructor/Location: Kung Fu Northwest

Age: Adult, 17 and olderCost: \$99

.....Material Fee: \$25

Course #: 15303 Tue, Thu January 5-28 7:45 - 8:45 pm

Course #: 15304 Tue, Thu February 2-25 7:45 - 8:45 pm

Course #: 15305 Tue, Thu March 1-31 7:45 - 8:45 pm

Self Defense for Women

Kung Fu Northwest will take you on a fun, yet focused exploration of women's self defense. Participants will have opportunities to participate and practice with others in a relaxed, safe and supportive group environment. Water and healthy snacks will be provided.

Instructor/Location: Kung Fu Northwest

Age: Adult, 14 and olderCost: \$25

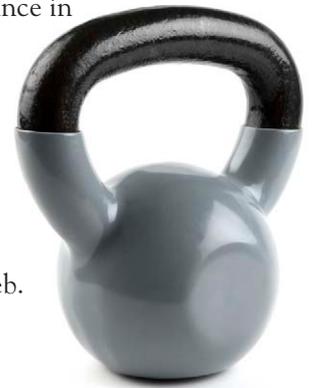
Course #: 15269 Sat February 27 1:00 - 3:00 pm

Kettlebell Fitness

A kettlebell workout will increase endurance, core power and make you leaner! This quick, thirty minute, intense workout also includes an aerobic component for a well balanced program. Kettlebell is a great workout because it's portable and provides fast results. Current participants rave about the class and range in ages as well as in body type. If you need assistance in finding a kettlebell for purchase, please contact the parks office. NOTE: Participants brand new to kettlebell or to the kettlebell program are required to take the beginner class for at least one month before attending the intermediate classes. No classes Feb. 16, 18, 23, April 12 or 14.

Instructor: Cassandra Sykes

Location: Totem Middle School



Kettlebell Fitness Beginner

Age: Adult, 16 and older \$46

Course #: 15223 Tue, Thu January 5-28 6:00 - 6:30 pm

Course #: 15225 Tue, Thu March 1-31 6:00 - 6:30 pm

Age: Adult, 16 and older \$33

Course #: 15224 Tue, Thu February 2-25 6:00 - 6:30 pm

Age: Adult, 16 and older \$40

Course #: 15226 Tue, Thu April 5-28 6:00 - 6:30 pm

Kettlebell Fitness Intermediate

Age: Adult, 16 and older \$46

Course #: 15215 Tue, Thu January 5-28 5:30 - 6:00 pm

Course #: 15216 Tue, Thu January 5-28 6:30 - 7:00 pm

Course #: 15219 Tue, Thu March 1-31 5:30 - 6:00 pm

Course #: 15220 Tue, Thu March 1-31 6:30 - 7:00 pm

Age: Adult, 16 and older \$33

Course #: 15217 Tue, Thu February 2-25 5:30 - 6:00 pm

Course #: 15218 Tue, Thu February 2-25 6:30 - 7:00 pm

Age: Adult, 16 and older \$40

Course #: 15221 Tue, Thu April 5-28 5:30 - 6:00 pm

Course #: 15222 Tue, Thu April 5-28 6:30 - 7:00 pm



LIKE US for last minute calendar entries and announcements

ADULT ACTIVITIES

I'm Jennifer Harvey, and I will be your Urban Boot Camp™ Workout DJ! I've struggled with weight my whole life. After losing 60 pounds, I knew I needed to kick it up a notch. I found it in a UBC class! The challenge, the music, it was just what I needed. I began teaching to challenge myself and help others. I love getting everyone else just as excited as I am to be active. You will see results! I may not look like a normal instructor, but really, what's normal? Let's find out together. Come sweat with me!

Urban Boot Camp®

Urban Boot Camp® is a High-Intensity Interval Training (HIIT) class that incorporates a variety of calisthenic movements, muscular endurance training and basic hip-hop choreography. All of this is tied together through the use of hip-hop/R&B music so the end products are fun, sweaty and engaging routines that help you burn calories and tone your body. This class will help improve your cardiovascular endurance, build strength and prevent you from reaching a fitness plateau. Modifications are always offered, open to all fitness levels. No class Jan 18 or Feb. 15.

Instructor: Jennifer Harvey

Location: Community Center

Age: Adult, 18 and older Cost: \$35

Course #: 14812 Mon, Wed January 4-27 7:15 - 8:15 pm

Course #: 14813 Mon, Wed February 1-24 7:15 - 8:15 pm

Age: Adult, 18 and older Cost: \$45

Course #: 14814 Wed, Mon March 2-30 7:15 - 8:15 pm



Running with Journey Fitness

Do you watch those happy runners run by and wonder just what gets them out there day after day pounding the streets? Do you wonder WHY they have that smile on their face? Do you envy their form, their drive, their determination and their great runner's legs? Join Tory Klements and learn to run! Whether you have barely laced up your shoes, or are a seasoned runner, Tory has a program that fits your style. All programs are fully supported and include the steps to get you on your first run or to help the experienced runner move to the next level. Classes do not include event fees. For individual class details visit marysvillewa.gov.

Instructor: Tory Klements

Location: Parks Office

Running - Get Off the Couch & Run, St. Paddy's Day Dash

Age: Adult, 16 and older Cost: \$75

Course #: 15278 Sat January 23-March 12 8:00 - 9:00 am

Running - Train for a Full or Half Marathon

Age: Adult, 16 and older Cost: \$150

Course #: 15148 Sat January 23-June 4 9:00 - 11:00 am

Running - Build Your Running Base/Train for a 10K

Age: Adult, 16 and older Cost: \$90

Course #: 15149 Sat January 23-March 12 9:00 - 10:30 am

Course #: 15150 Sat March 19-May 7 9:00 - 10:30 am

Run Club 10 Visit Punch Card

Age: Adult, 16 and older Cost: \$50

Course #: 15154 Sat January 23-April 2 8:00 - 10:30 am

CPR, First Aid & AED Certification

Through hands-on practice and demonstration students will gain knowledge, skill, and the confidence to provide CPR, First Aid and to properly operate an Automated External Defibrillator. CPR (Adult/Child/Infant), First Aid and AED certification is through the American Safety and Health Institute and is valid for two years.

Instructor: Florian Professional Instructors
Location: Rotary Ranch in Jennings Park

Age: Adult, 12 and older.....Cost: \$50
 Course #: 15314 Mon February 8 5:15 - 9:45 pm
 Course #: 15315 Mon March 14 5:15 - 9:45 pm

Belly Dance with Astarte - Beginner

Never belly danced? Always wanted to? Join instructor Astarte in this entry level class where you learn the basic movements of belly dance. In this program designed to get you moving safely and freely, you will gain core strength, flexibility and stamina while listening to the music and the culture from Egypt, Spain, Turkey and India. Belly dance is fun and perfect for all ages and sizes.

Instructor: Astarte
Location: Community Center

Age: Adult, 14 and older.....Cost: \$64
 Course #: 15131 Tue January 12-February 16 6:30 - 7:30 pm
 Course #: 15132 Tue February 23-March 29 6:30 - 7:30 pm

Belly Dance with Astarte - All Levels

Whether you have only belly danced a short time or are an experienced dancer, you will love learning the music, culture, dances and movement from Egypt, Spain, Turkey and India. This fusion of Belly Dance, taught by Astarte, will inspire you to develop a new mind-body connection as you sway your hips, hands, arms and torso to the beautiful music. Develop grace and a stronger body while having fun! Hip scarves and veil are not required but are suggested. The instructor will be able to suggest purchasing options.

Instructor: Astarte
Location: Community Center

Age: Adult, 14 and older.....Cost: \$64
 Course #: 15125 Tue January 12-February 16 7:30 - 8:30 pm
 Course #: 15126 Thu January 14-February 18 6:30 - 7:30 pm
 Course #: 15127 Tue February 23-March 29 7:30 - 8:30 pm
 Course #: 15128 Thu February 25-March 31 6:30 - 7:30 pm

Line Dancing

Line Dancing is an easy way to dance socially and stay fit! It doesn't require a partner, experience or equipment and involves fun, pre-set routines. Participants will be dancing to a variety of music. Please wear tennis shoes with non-marking soles. No class March 9.

Instructor: Heather Cooper
Location: Totem Middle School

Age: Adult, 16 and older.....Cost: \$46

Line Dancing - Beginner

Course #: 15331 Wed March 2-30 6:30 - 7:30 pm
 Course #: 15334 Wed April 13-May 4 6:30 - 7:30 pm

Line Dancing - Intermediate

Course #: 15335 Wed March 2-March 30 7:30 - 8:30 pm
 Course #: 15337 Wed April 6-April 27 7:30 - 8:30 pm

COOKING & NUTRITION

Nutrition - Re-Energize

Do you find yourself tired and lacking motivation? Get re-energized with this informative workshop. Let certified Health Coach Kim Holcomb be your guide as you learn the impact that dehydration, chemicals in food, low blood sugar, thyroid and over all metabolism has on your energy. Discover which foods to eat and which to avoid as well as exercises to help increase your energy.

Instructor: Kim Holcomb
Location: Community Center

Age: Adult, 18 and older.....Cost: \$25
 Course #: 15309 Thu January 28 7:00 - 9:00 pm

Nutrition - Reset Your Hormones

Struggling with low energy, weight gain and stress? Join this 21 day hormone reset. Discover how sugar, inconsistent sleep, stress as well as other factors impact the body's systems and how making changes can give you lasting results. This class will help establish healthy eating habit, teach you about self care, help you embrace the process as a new passion and set you up for success in the future. All participants should bring the book 'The Hormone Reset Diet' by Sara Gottfried, M.D. and a notebook/journal to class.

Instructor: Kim Holcomb, Certified Health Coach
Location: Community Center

Age: Adult, 18 and older.....Cost: \$120
 Course #: 15328 Thu February 18-March 17 7:00 - 8:30 pm

ADULT ACTIVITIES



Tea Tasting - Cooking with Tea

If you love tea or are just discovering all the possibilities of using tea, then attend this fascinating workshop. Learn how to incorporate tea in to your cooking including main course to dessert, drinks and more. Cooking with tea is an adventure; it enhances food with its aroma and flavor. This is a wonderful introduction to the world of tea. You will enjoy samples and get recipes to try at home.

Instructor: Elizabeth Borges

Location: Rotary Ranch in Jennings Park

Age: Adult, 14 and older Cost: \$18

Course #: 15146 Thu January 21 6:00 - 8:00 pm

ARTS & CRAFTS

Crochet Basics

Instructor Suzi Quillen of Perfectly Knotty yarns will have you crocheting in no time! Learn basic crochet stitches, pattern terminology and symbols in this introductory workshop. Crochet has so many possibilities from hats to blankets, making gifts and more! Materials include yarn, crochet hook and handouts.

Instructor: Suzi Quillen, Perfectly Knotty

Location: Community Center

Age: Adult, 14 and older Cost: \$18

..... Material Fee: \$12

Course #: 15280 Tue January 12 6:30 - 8:30 pm

Course #: 15281 Tue February 9 6:30 - 8:30 pm

Course #: 15282 Tue March 15 6:30 - 8:30 pm

Step-By-Step Painting - Seattle City Scene

Enjoy this inspiring workshop where you will create your own 'Seattle City Scene' 16"x20" acrylic painting. Whether you are new to painting or have painted before, this is a fun way to get brush to canvas creating a masterpiece you will be proud to hang on the wall. Light snacks will be provided so make your Friday night unique and get your creativity flowing with Step-By-Step Painting! Wear clothes or apron appropriate for painting.

Instructor: Sherry Cannal

Location: Jennings Park Barn

Age: Adult, 14 and older Cost: \$35

..... Material Fee: \$5

Course #: 15286 Fri February 5 7:00 - 9:00 pm

Drawing for Adults Beginner to Advanced

Learn the fundamentals of drawing, learn about shape, light source and design with still life, animals, landscape and portraits. Enjoy drawing with other artists in this relaxed class using graphite pencils and the medium of your choice. Supplies needed: medium of your choice, graphite pencils (2H, HB and 6B), Strathmore drawing pad (50lb or 70lb with spiral top and white eraser.



Instructor: Vicki Carver

Location: Community Center

Age: Adult, 14 and older Cost: \$63

Course #: 15142 Tue February 2-23 6:30 - 8:00 pm

Course #: 15143 Tue March 8-29 6:30 - 8:00 pm

Driftwood Sculpture

Learn how to find and clean a piece of driftwood, then oil and finish it, turning it into an amazing piece of art. Artists and non-artists alike will enjoy driftwood sculpture. Each student will be given a piece of wood in class. Please bring a towel with you. No class April 14.

Instructor: Arline DePalma

Location: Community Center

Age: Adult, 18 and older Cost: \$38

Course #: 15115 Thu January 7-28 12:30 - 2:30 pm

Course #: 15113 Thu February 4-25 12:30 - 2:30 pm

Course #: 15114 Thu March 3-24 12:30 - 2:30 pm

Course #: 15112 Thu March 31-April 28 12:30 - 2:30 pm



Class I Basic Wire Wrap Jewelry

Learn basic wire wrap techniques, tool introduction, simple and wrapped loop, coiled wire and jump rings, chain making, spirals, clasps and more. Build upon what you've learned and you'll make and take home a piece of jewelry. Students must take the Basic Wire class before participating in other workshops.

Instructor: Liz Masonholder

Location: Community Center

Age: Adult, 16 and older Cost: \$20

..... Material Fee: \$15

Course #: 15264 Tue March 8 12:00 - 2:00 pm

Course #: 15263 Thu March 10 6:30 - 8:30 pm

Bracelet Plus Linkage, Cleaning and Finishing

Advance your wire wrap skills and make a new bracelet; different than ones taught in previous classes. Consider this a level two class that includes learning different forms of links along with cleaning and finishing skills. Participants must have taken the basic class first before registering.

Instructor: Liz Masonholder

Location: Community Center

Age: Adult, 16 and older Cost: \$25

..... Material Fee: \$15

Course #: 15266 Tue March 29-April 5 12:00 - 2:00 pm

Course #: 15265 Thu March 31-April 7 6:30 - 8:30 pm

Wire Wrap Free Form

After taking the basic class, let's get our whimsy on! Think elves, fairies, princesses and mythical-themed wire wrap pieces. Participants can make anything that makes them feel free, gleeful and content while improving and building on your basic skills.

Instructor: Liz Masonholder

Location: Community Center

Age: Adult, 16 and older Cost: \$20

..... Material Fee: \$15

Course #: 15267 Tue April 19 12:00 - 2:00 pm

Course #: 15268 Thu April 21 6:30 - 8:30 pm

Gourd Carving & Decorating

In this open studio format, gourds can be carved, wood-burned and painted for a finished look. Gourds come in all shapes and sizes and are perfect for decorating your own individual masterpiece. From earrings to baskets and everything in between let your creativity soar. Bring your own project and tools. Share ideas and learn techniques from fellow artists.

Location: Community Center

Age: Adult, 18 and older Cost: \$5 per visit

Tue January 5-April 26 9:00 am - 12:00 pm

Woodcarving Studio

Carve beautiful things out of wood in this open studio format. Experienced and beginning woodcarvers welcome. Students teach one another and share techniques. Bring your own tools and decide what kind of project you would like to pursue. Bark, soft woods, toys, ornaments or burned wood are just a few projects you can complete. Many participants belong to the Quil Ceda Carvers group. This is mainly an adult class however youth are welcome with an accompanying adult.

Location: Community Center

Age: Adult, 16 and older Cost: \$3 per visit

Fri January 8-April 22 9:00 am - 12:00 pm



How to Compose an Awesome Photo

'Having an eye' for photography is definitely an acquired skill! Once you learn the basic tools and practice you'll have it. In this class we will cover the basics of composition: subject placement; use of the horizon; reflections; leading lines; the rule of thirds; framing and more.

Instructor: Andy Porter

Location: Rotary Ranch in Jennings Park

Age: Adult, 16 and older Cost: \$60

Course #: 15243 Thu January 28 6:00 - 9:00 pm

ADULT ACTIVITIES

Basics of Photo Editing

The best time to take pictures is in the early morning or just before sunset. The problem is that the human eye can see much more than any camera can possibly capture. Learn how to make your images look like the scene you saw! This class is for users of Photoshop, Lightroom and Elements. Dress for the weather and bring your camera.

Instructor: Andy Porter

Location: Rotary Ranch in Jennings Park

Age: Adult, 16 and older Cost: \$60

Course #: 15245 Thu February 18 6:00 - 9:00 pm

Course #: 15246 Thu March 24 6:00 - 9:00 pm

Nature Photography

Nothing is more rewarding than immersing oneself in the nature of Washington...except maybe capturing images of all that beauty! If you have a nice camera and would like to learn tools to take your photography to a higher level, join wilderness photographer Andy Porter. This 3-hour crash course will demonstrate use of aperture to create depth and focus, how to bracket your exposure, capturing images in the RAW format and use of a polarizer to add zing to your images.



Instructor: Andy Porter

Location: Rotary Ranch in Jennings Park

Age: Adult, 16 and older Cost: \$60

Course #: 15241 Thu January 14 6:00 - 9:00 pm

Course #: 15240 Sat February 6 1:00 - 4:00 pm

Course #: 15242 Thu March 31 6:00 - 9:00 pm

MUSIC

Discover Your Voice with Lisa Hanson

Do you find yourself singing in the shower? Have you always wanted to sing in public but don't know where to start? In this beginner workshop, learn singing techniques, build confidence and discover your voice. This one day workshop includes posture, breathing, tone, pitch, warm-ups and exercises. Bring a water bottle, notebook, pencil and lunch. A half-hour lunch break will be given.

Instructor: Lisa Hanson, Lakeview Music

Location: Rotary Ranch in Jennings Park

Age: Adult, 16 and older Cost: \$80

Course #: 14705 Sat March 5 9:00 am - 1:30 pm



Guitar for Beginners with Ford Giesbrecht

Have you always wanted to play guitar but didn't know where to start? Discover the guitar basics to get you playing in no time in this fun and rewarding class. . Bring a list of your 5 favorite songs and one of them will be chosen to learn at class. Bring your guitar and get the music started! Don't have a guitar? Guitars may be rented from the instructor for \$50. Class not held Feb. 15 or March 28.

Instructor: Ford Giesbrecht, Eighth Note Music

Location: Community Center

Age: Adult, 16 and older Cost: \$50

Course #: 15137 Mon January 25-February 29 7:00 - 8:00 pm

Course #: 15138 Mon March 7-April 11 7:00 - 8:00 pm

Beyond Beginner with Ford Giesbrecht

Join Ford Giesbrecht to build on the fundamentals while playing with others. This class is a continuation of the introductory class with further focus on rhythm and chords applied to simple songs. If you have taken guitar but still are a beginner then this class is for you. Build confidence, have fun playing and gain knowledge of your guitar. Class not held Feb. 15 or Mar. 28.

Instructor: Ford Giesbrecht, Eighth Note Music

Location: Community Center

Age: Adult, 16 and older Cost: \$50

Course #: 15276 Mon January 25-February 29 8:00 - 9:00 pm

Course #: 15277 Mon March 7-April 11 8:00 - 9:00 pm

SPECIAL INTEREST



Daddy Does Hair - Learning to Do Your Daughter's Hair

Calling all daddies of little girls! If you have ever been asked "Daddy, will you braid my hair?", then you won't want to miss this helpful workshop. Hair stylist Christy Synteby will be your guide as you learn hair care basics, how to do pony tails, braiding, curling and simple updo's. You will be amazed at what you can do and your daughter will appreciate her daddy being able to help her with her hair styles. This will be a fun work shop that both daddy and daughter will enjoy! Hair styles are appropriate for all ages. For daddies with younger daughters, a mannequin head will be provided. Hair accessories will be provided for taking home.

Instructor: Christy Synstebey
Location: Rotary Ranch in Jennings Park
 Age: Adult & daughter 4 and older Cost: \$10
Material Fee: \$10
 Course#: 15341 Sat January 23 10:00 - 11:30 am

Essential Oils - Liquid Sunshine

Open the bottle and let the sun shine out! Beat the winter blahs in this uplifting essential oil workshop. Learn how to change your mood, uplift your spirit and purify your space to change the atmosphere around you. Find out why we call it AromaTHERAPY. Participants create a custom blend of liquid sunshine to take home.

Instructor: Rietta Costa
Location: Community Center
 Age: Adult, 16 and older Cost: \$15
 Course #: 15249 Thu January 21 6:30 - 8:30 pm

Essential Oils - Give Yourself AromaLove

Learn how to make fragrant gifts and pamper yourself or those lucky enough to be loved by you! When using high quality essential oils we also gift ourselves with a subtle yet very powerful ally in restoring, elevating and maintaining our well being of the body, heart and spirit. Participants receive recipes and samples of body mists, bed and linen sprays, scented bath salts and foot scrubs.

Instructor: Rietta Costa
Location: Community Center
 Age: Adult, 16 and older Cost: \$15
 Course #: 15250 Thu February 11 6:30 - 8:30 pm



Essential Oils - Mood Management

Scents have a powerful influence in affecting how we think, feel and believe. Come learn how aromatherapy can enhance your emotional well being. Each student will be able to create their own custom fragrance mist and an inhaler, plus lots of great information to take home.

Instructor: Rietta Costa
Location: Community Center
 Age: Adult, 16 and older Cost: \$15
 Course #: 15251 Thu March 24 6:30 - 8:30 pm

Turn Your Home into a Green Home

Certified Green Home Specialist Elizabeth Borges will guide you through simple changes you can make to help turn you home into a 'green' home. From eco-friendly products to conserving energy you will discover why these changes are better for the environment and can even save you money. Resource lists will be provided.

Instructor: Elizabeth Borges
Location: Rotary Ranch in Jennings Park
 Age: Adult, 18 and older Cost: \$15
 Course #: 15145 Thu March 3 6:00 - 8:00 pm

ADULT ACTIVITIES

Geocaching for Beginners

Geocaching is a family friendly, real-world, outdoor treasure hunting game using GPS-enabled devices. Learn how to get started, equipment needs, types of caches and how to log a find. At the end of the presentation, you will head into Jennings Park to find your first cache. Geocaching relies on internet access and a GPS or Smartphone. Bring your own Smartphone or GPS, however it is not necessary for participation in the workshop. All ages are invited. Youth 14 and under, bring your parents. Dress for the weather and wear shoes for easy trail walking. Pre-registration is required. Register at the Parks and Recreation Office or by emailing akingsford@marysvillewa.gov. Online registration is not available.

Instructor: Margaret Dunn

Location: Rotary Ranch in Jennings Park

Age: Adult, 3 and older Cost: Free
 Course #: 14874 Sat March 12 2:00 - 4:00 pm

Birding - More Amazing Birds

Many interesting and beautiful birds visit our region at different times of the year or are permanent residents. In this workshop with Candy Brown you will look at and discuss the habits of sparrows, warblers, wrens, woodpeckers, cedar waxwings and more.



Instructor: Candy Brown

Location: Jennings Park Barn

Age: Adult, 12 and older Cost: \$17
 Course #: 14811 Thu March 17 7:00 - 8:30 pm

Birding - Water Birds of the Puget Sound

Instructor and bird enthusiast Candy Brown will discuss several of the different kinds of ducks that live in our region as well as geese, gulls, blackbirds, herons, shorebirds and others. We will see the unique nests they make and how their babies are very different from those of songbirds.

Instructor: Candy Brown

Location: Jennings Park Barn

Age: Adult, 12 and older Cost: \$17
 Course #: 14810 Thu February 25 7:00 - 8:30 pm



Mason Bees in Your Garden

Mason bees are easy to raise, fun to watch and good for your garden. Learn about the mason bee life cycle, the 5 essentials for raising your own mason bees, how to build a mason bee box and managing your bees year-round in this introductory class. Great for kids - they don't sting!

Instructor: Todd Brown

Location: Jennings Park Barn

Age: Adult, 12 and older Cost: \$17
 Course #: 14809 Tue March 22 7:00 - 8:15 pm

Pet Care - First Aid & CPR Certification

Earn your 2 year certification in Pet First Aid/Pet CPR. In this class you will learn the following skills: restraint and muzzling, rescue breathing, canine and feline CPR, choking management, bleeding injuries and shock management, assessing pet vital signs, as well as treatment for insect bites and stings, heat/cold injuries and seizures. This is an excellent course for pet care professionals and pet owners. Includes a reference guide. Please leave pets at home.

Instructor: Dawn Gregory, Licensed Veterinary Technician

Location: Rotary Ranch in Jennings Park

Age: Adult, 10 and older Cost: \$60
 Course #: 15279 Sat February 27 9:30 am - 1:30 pm

Budget Basics 101

Living paycheck to paycheck? Where does all your money go? Learn the primary reasons for debt, about the debt cycle, simple basic steps to eliminating debt and learn how to create and live with a workable budget. A successful budget requires all family members working together, so your registration fee includes you and your household. When you learn to control your debt, you learn to control your future!

Instructor: George Lusk

Location: Rotary Ranch in Jennings Park

Age: Adult, 15 and older Cost: \$22
 Course #: 15147 Thu March 10 and 17 6:00 - 8:00 pm

Ken Baxter Community Center

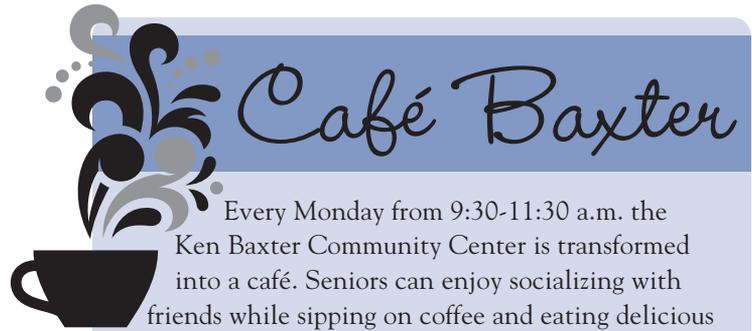


Ken Baxter Community Center, 514 Delta Ave.

Marysville's Ken Baxter Community Center in downtown Comeford Park offers recreational and social activities, as well as educational opportunities and intergenerational programs catering to all ages. Friendly Community Center staff and volunteers are available to help you discover ways that make the Community Center your home away from home.

A variety of activities are offered this winter:

- Aerobics
- Clogging
- Genealogy
- Canasta
- Pinochle
- Bridge
- Driftwood Sculpture
- Gourd Arts
- Wood Carving
- Mah Jongg
- Defensive Driving
- Legal Assistance
- Chair Massage
- Book Club
- Trips
- Special Events
- Unpaid Caregiver Support Group



Café Baxter

Every Monday from 9:30-11:30 a.m. the Ken Baxter Community Center is transformed into a café. Seniors can enjoy socializing with friends while sipping on coffee and eating delicious pastries. Read the paper, sit by the fire, and enjoy good conversation. This is your time to relax! Open on Mondays except holidays. We would like to thank our café sponsor, The Cottages at Marysville, for providing the goodies each week for our enjoyment.

Center Information:

Monday - Thursday • 9AM to 4PM
 Friday • 9AM to Noon
 (360) 363-8450

*Good Health • Companionship
 Continuing Education • New Friends
 Community Pride*

Senior Dances

Senior Adults (50 and older) can enjoy a monthly dance at Marysville's own Opera House. Dance and listen to an array of swing and jazz tunes as well as music from the 40's and 50's. \$3 drop in fee includes light refreshments.

February Dance *Sponsored by Grandview Village*

Course #: 15317 Tue February 16 1:00 - 3:30 pm

March Dance *Sponsored by Gencare Granite Falls at The Village & Windsor Square*

Course #: 15318 Tue March 15 1:00 - 3:30 pm

April Dance *Sponsored by Vintage at Lakewood*

Course #: 15319 Tue April 19 1:00 - 3:30 pm

Spring Senior Dessert Dance

Senior adults can enjoy an evening at the Marysville Opera House dancing to music of their generation from the 20's, 30's, 40's and 50's. This special night includes an array of all you can eat desserts and live music. Whether you dance or just want to enjoy the atmosphere, this is a great night to get out and have fun. The cost is \$8, pre-registration required.

A special thank you to our sponsors: Grandview Village, Windsor Square and Gencare Granite Falls at the Village.

Course #: 15316 Wed April 13 6:30 - 8:30 pm

Grandview Village

A VILLAGE CONCEPT'S RETIREMENT COMMUNITY

VINTAGE
 — at Lakewood —



Senior and Assisted Living
 Whole Life Living.



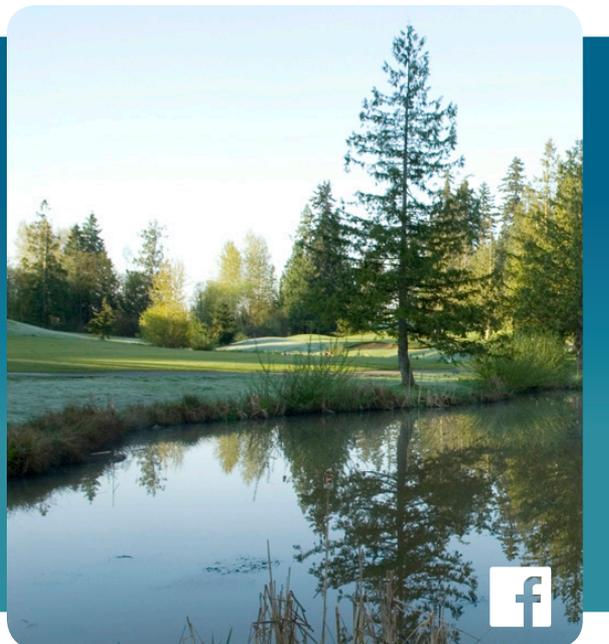
CEDARCREST GOLF COURSE



Cedarcrest Golf Course ~
6810 84TH Street NE, Marysville WA 98270
(360) 363-8460 • www.CedarcrestGC.com

Enjoy crisp mountain views and the Puget Sound, professional Pro Shop and pub style Bleachers Grill for a memorable outing at the most established golf course in Snohomish County. Cedarcrest Golf Course is a favorite for golfers of all skill levels. An abundance of mature evergreen trees line the fairways, natural water features are plentiful and the addition of 52 sand bunkers installed in 2010 guard the small undulating greens. Measuring just under 6,000 yards with a par of 70, the course is not long by today's standards but golfers must be on their game if they wish to score.

To make a tee time reservation please call 360-363-8460.



Winter 2015/2016 Pro Shop Hours - 7:00AM – Dusk

Rates October 1, 2015 – March 31, 2016 (excluding holidays)

Weekdays M-F (excluding holidays)	18 Hole	9 Hole
Regular Rate.....	\$27	\$16
Senior (55 Years+)	\$23	\$15
Military	\$23	\$16
Junior	\$15	\$15
Early Bird	\$23	N/A
Twilight	\$21	N/A

Weekends Sat/Sun & Holidays

Regular Rate.....	\$30	\$16
Twilight Rate	\$21	N/A

Cart Fees

Regular (per rider).....	\$14	\$8
Twilight (per rider).....	\$9	\$8
Pull Cart	\$6	\$6

Current Fees (all include 8.8% sales tax)

Are you looking to improve your golf game?
Call or email and get signed up for a private golf lesson or group clinic with our PGA Head Golf Professional.

1/2 Hour Lesson	\$45
1 Hour Lesson	\$80
1 Hour Playing Lesson	\$75
2 Hour Playing Lesson.....	\$130

Check out our website for group clinics, dates & times.
 Our group clinics vary based on the time of year.

Let us host your next event!

Cedarcrest Golf Course is the perfect place for your tournament, social gathering or charity event!

- 18 Hole Championship Golf Course
- A Favorite Golf Course of all Skill Levels
- Popular Location for Leagues & Charity Events
- Personalized Cart Signs and Scorecards
- PGA Professional Scoring
- On Course Contests
- Refreshment Cart with Host
- Indoor & Outdoor Banquet Facility
- Fully Stocked Pro Shop

We invite you to experience Cedarcrest Golf Course. Please contact Head Golf Professional Shayne Day for your group needs at 360-363-8460 or sday@premiergc.com.

Join the Marysville Premier Club!

One Club, Thirteen Courses!

Whether you are a Premier Golf Club Member in Marysville, Everett, Lynnwood, Bellevue, Seattle, Maple Valley or Pierce County, your card is now accepted at all 13 Premier Managed Courses!

- Earn 10 points for every dollar spent. (1,000 points = 5% off, 4,000 points = 10% off, 7,000 points = 15% off & 10,000 points = 20% off)
- Discounts are valid on Green Fees, Golf Carts & Range Balls!
- Special PGC Pricing on Select Merchandise and Lessons.



Marysville Parks and Recreation



Mission Statement

“Our focus is to enhance the quality of life by providing beautiful parks, open spaces and exceptional recreational and athletic programs”

Parks & Recreation Advisory Board

Mike Elmore, Chair • Kay Smith • Gayle Bluhm
Mike Leighan • Andy Delegates • Jodi Condyles
Brooke Hougan • City Council Liaison: Kamille Norton

Park Board meets the second Wednesday of every other month in odd-numbered months (January, March, etc.), 7 p.m., in Jennings Park Barn, 6915 Armar Road.

Department Staff

Jim Ballew Parks and Recreation Director
Tara Mizell Parks & Recreation Services Manager
Mike Robinson Parks Maintenance Manager
Maryke Burgess Community Center Manager
Andrea Kingsford Recreation Coordinator
Lauren Woodmansee Recreation Coordinator
Dave Hall Athletic Coordinator
Jane Shafer Administrative Secretary

Main Office: Jennings Memorial Park

6915 Armar Road, Marysville, WA 98270 • (360) 363-8400.
Hours: Monday-Friday • 8am-5pm (*lunch closure 1-2pm*)

All classes and activities offered through the Marysville Parks and Recreation Department may be paid for by cash, check, money order or - whether in the office or through Marysville ePlay online registration - by major credit card (Discover card online only; not in office). Unless otherwise specified, make check/money order payable to “City of Marysville.”

Please note that pre-registration is required for all classes appearing in this Activity Guide. Please call (360) 363-8400 for a copy, or visit the Parks and Recreation Office in Jennings Memorial Park, 6915 Armar Road, Marysville, WA 98270 for registration information.

Parks and Recreation staff and the Parks Advisory Board are fully committed to meeting your recreational and leisure-time needs. Share your comments and concerns at the number listed above, or write us.

City of Marysville Rental Facilities Available for Various Special Events



Jennings Memorial Park Barn

6915 Armar Rd.

Capacity 50
Cost per/hr \$15 (up to 4 hours)
Cost per/day \$95

Conveniences



Barbecue Shelter

6915 Armar Rd. (seasonal)

Capacity 50
Cost per/hr n/a
Cost per/day \$65

Conveniences



Lions Centennial Pavilion

6915 Armar Rd. (seasonal)

Capacity 50
Cost per/hr n/a
Cost per/day \$65

Conveniences



Ken Baxter Community Center

514 Delta Ave.

Capacity 100
Cost per/hour (Mon-Thur) \$35
Cost per/hour (Fri-Sun) \$45

Conveniences



The Community Center is available evenings and weekends only. Call (360) 363-8450 for more information.

Ken Baxter Community Center

514 Delta Avenue, Marysville, WA 98270
(360) 363-8450

Hours: Monday - Thursday 9am-4pm • Friday 9am-Noon

LEGEND



REGISTRATION & CLASS INFORMATION

Registration Made Even Easier!



ONLINE ePlay

Register online at ePlay: <http://marysvillewa.gov> and click on the green ePlay box in the center of the page.



MAIL

Complete a registration form. Please include check or money order payable to "City of Marysville" for the amount of class(es) and mail to:

Marysville Parks & Recreation
6915 Armar Road
Marysville, WA 98270



WALK IN

Register in the Parks and Recreation Office located in Jennings Memorial Park.



CALL US

(360) 363-8400 for more details. FAX (360) 651-5089

CANCELLATIONS

If your class is cancelled, we will notify you by phone. You will receive a full refund if the class is cancelled.

REFUNDS

Written request for refund received in the Parks & Recreation Office no less than 5 working days prior to the first day of class will be refunded, less a \$10 administrative fee.

Refunds take a minimum of 15 days to process.

Refund Policy Information

The Marysville Parks & Recreation Department wishes to provide you with the highest quality recreation program possible and ensure your satisfaction. If you are dissatisfied with the quality of your instructor, facility, or any other program component, please call us at (360) 363-8400, and we will be happy to address your concerns.

All requests for refunds must be in writing. (Please allow 2-3 weeks for processing.)

Recreational Activities

1. Participants will receive a full refund if the class is cancelled by the Parks Dept.
2. Refunds requested 5 working days prior to the first class would receive a full refund, less a \$10 administrative fee.

Adult Team Athletics

1. Once a team's entry fee is submitted to the Park Office, a \$25 service charge will be assessed when a team withdraws from the league prior to the scheduling process.
2. Teams requesting a refund after game schedules have been completed will be refunded, less a \$150 cancellation fee.
3. Refunds will not be issued for any reason after the start of league play.

4. Refunds will be made to the person listed as head coach/manager of a team.

Youth Athletics

1. Participants requesting a refund in writing prior to the team's scheduled second practice of the season will receive a full refund. (Less \$10 administrative fee.)
2. Refunds will not be issued after the second practice has taken place.
3. Injuries prohibiting continued participation in the Marysville Parks and Recreation Departments youth athletic programs are subject to pro-rated refunds.

Special Events and Facility Rentals

1. Participants requesting a refund in writing 10 working days in advance of the rental will be refunded, less a \$10 administrative fee.
2. Refunds will not be issued if a refund request is made later than 10 days prior to rental.
3. No refunds will be given on trips or special events, unless there is someone on a wait list to fill the vacancy.



Like us for last minute calendar entries and announcements

Treasure Trove

ANTIQUUE APPRAISAL SHOW

Saturday, March 12, 2016 ☆ 10AM to 2PM
City Hall • 1049 State Avenue • Marysville

Is it trash or treasure? Come discover the value of your treasures with professional appraisers as they verbally evaluate your items. Register in advance to be assigned an appraisal time and avoid waiting in line. Drop-in guests will be accommodated as time permits. The cost is \$10 per item. Up to two items may be evaluated.

No coins, stamps, money, knives, guns or other weapons. Large furniture cannot be accepted but a photo is allowed if the measurements are included. Approximately 5-8 minutes with the appraiser is allotted. For complete details call 360-363-8450 or email mburgess@marysvillewa.gov.



Course #: 15151 1 items/\$10
Course #: 15152 2 items/\$20



MARYSVILLE ♥ Spring

CRAFT & GARDEN SHOW

Saturday, April 9 • 10am-4pm

You're invited to the Marysville Spring Craft and Garden Show at Totem Middle School Cafeteria. With over 75 vendors of handmade crafts, commercial gifts as well as vintage and upcycled treasures - it's the perfect time to shop for Mother's Day, the garden, home goods, the kids and your pets!

Admission is free for shoppers.

Interested in being a vendor? Booth fee is \$50. For complete details and a vendor application call 360-363-8450 or email mburgess@marysvillewa.gov



City of Marysville
1049 State Ave.
Marysville, WA 98270

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MARYSVILLE, WA

Easter Egg Hunt

Saturday, March 26, 2016 • 10-11AM 🌸 Jennings Park - Ages 0-8 FREE

Presented by Marysville Parks and Recreation, Marysville Noon Rotary Club, Steve Fulton State Farm Insurance, Grandview Village and Kids'N Us, the annual Easter Egg Hunt is a fun event for the entire family. More than 10,000 plastic eggs filled with candy and prizes will be hidden in and around the Jennings Memorial Park Rotary Ranch. Limit 8 eggs per child.

Participants are asked to bring a canned food item for the Marysville Food Bank. For more information, please contact Marysville Parks and Recreation at 360-363-8400 or akingsford@marysvillewa.gov.

Additional parking is available at the Marysville Middle School until noon. Please leave pets at home, thank you!



The Marysville Opera House is a performance hall and special event venue built in 1911. It was added to the national Register of Historic Places in 1982. Built by the local chapter of the Order of the Oddfellows, it provided the citizens of Marysville with a location to host social functions. It also provided the then remote community with a place for traveling groups to offer theatrical performances. Most recently it has been used for weddings and private rentals.

Parks and Recreation will be managing the venue presenting a calendar of both family and adult oriented cultural art events as well as managing the building for special events, private rentals and various classes with a focus on the arts.

The Opera House calendar of events will be maintained on the City's web site at marysvillewa.gov. Use of the building for private events or weddings can be scheduled a year in advance.



Marysville Opera House



Weddings, Parties,
Performances & More

www.marysvillewa.gov
360.363.8400