



Activities Guide

Fall/Winter 2012

Vol. 23, No 3

INSIDE!

Classes & Activities
Sports & Recreation
Special Events
Touch A Truck
Holiday Tour of Lights
Merrysville for the Holidays

YOUTH BASKETBALL
REGISTRATION NOW OPEN
THROUGH OCT. 6!

Turn to the back pages of
this publication to read general
City of Marysville news



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for Classes and Activities
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Marysville
Parks & Recreation

Autumn Craft Show

Autumn Craft Show
Hand-made gifts just in time for the holidays, or just because! More than 25 vendors selling creative hand-made items! Admission is free for shoppers. Vendor space is \$50. Interested in being a vendor? Call us at (360) 363-8450 before Sept. 24.

Time: 10:00 am - 4:00 pm
When: Saturday, Oct. 13
Where: Ken Baxter Community Center
514 Delta Ave.

Don't start your holiday shopping until you've visited these shows!

Order Up Gift Show

Do you love Advocate, Miche Bags, Jockey, Pampered Chef, Tastefully Simple and Stampin' Up? Then join us at the Order Up Gift Show where you can shop a variety of independent consultants all at one time! It's the perfect place to treat yourself or pick up a gift for a friend. Interested in being a vendor? Call (360) 363-8450 for vendor registration.

Course #: 9932
Time: 10:00 am - 2:00 pm
When: Saturday, Nov. 17
Location: Community Center
514 Delta Ave.
Cost: Free for Shoppers



Teddy Bear Tea Party

Teddy Bear Tea Party

You are invited to the Teddy Bear Tea Party! You and your child will love this enchanting afternoon of sipping tea, nibbling tasty treats, creating a tea hat and listening to a tea time story. Dress up, bring your teddy bear and let Attic Secrets and Marysville Parks & Recreation give you an afternoon to remember! (If registering online, please register in the child's name. A prompt will ask you for the adult's name.) Price incl. adult and child (additional adult or child is \$12.50; must register in the Parks Office.)

Course #: 9895
Time: 2:00 pm
When: Sunday, Oct. 21
Location: Attic Secrets
4229 76th St. NE #101
Age: 1 to 8 years old
Cost: \$25



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Basketball for Youth

Basketball season is just around the corner! Don't delay: sign up today for our popular basketball league for youth! This program for students in 1st through 8th grade focuses on basic fundamentals, teamwork, and sportsmanship in a recreation league environment. Registration is now open through Oct. 6. A mandatory player skills evaluation will be held for boys and girls grades 6-8 on Saturday, Nov. 3 at Totem Middle School. Volunteer coaches meeting will be Saturday, Nov. 17 at Cedarcrest Middle School. Interested in volunteering? Contact Dave Hall at dhall@marysvillewa.gov.

**REGISTER BY GRADE
LEVEL THIS YEAR!**

Course #:	9912	Boys 1st Grade
Course #:	9913	Girls 1st Grade
Course #:	9914	Boys 2nd/3rd Grade
Course #:	9915	Girls 2nd/3rd Grade
Course #:	9916	Boys 4th/5th Grade
Course #:	9917	Girls 4th/5th Grade
Course #:	9918	Boys 6th-8th Grade
Course #:	9919	Girls 6th-8th Grade

Time: Practices to be arranged 5:00 - 9:00 pm on weeknights and Saturdays
When: Practices start Dec 1. Games begin in January
Location: All practices/games at Marysville/Lakewood Schools
Cost: \$80

Ultimate Sports Basketball Camp

Ultimate Basketball Camp is designed to help develop a young athlete's fundamentals and individual skills needed for basketball. Fundamentals are taught with a variety of drills and skill-oriented games. Techniques covered during camp are ball handling, shooting, passing, free throws, rebounding, individual/team defense, triple threat and sportsmanship. **Deadline to register is Dec. 7 to receive a camp shirt.**



Course #: 9920
Time: 9:00 am - noon
When: Thursday and Friday, Dec. 27-28
Location: Cedarcrest Middle School Gym
 6400 88th St. NE
Age: 7-10
Cost: \$50

Refund Policy

The Marysville Parks & Recreation Department wishes to provide you with the highest quality recreation program possible and ensure your satisfaction. If you are dissatisfied with the quality of your instructor, facility, or any other program component, please call us at (360) 363-8400, and we will be happy to address your concerns.

ALL REQUESTS FOR REFUNDS MUST BE IN WRITING
(Please allow 3-4 weeks for processing.)

Recreational Activities

1. Participants will receive a full refund if the class is cancelled by the Parks Department.
2. Refunds requested 5 working days prior to the first class would receive a full refund, less a \$10 administrative fee.

Adult Team Athletics

1. Once a team's entry fee is submitted to the Parks Department's Athletic Office, a \$25 service charge will be assessed when a team withdraws from the league prior to the scheduling process.
2. Teams requesting a refund after game schedules have been completed will be refunded, less a \$150 cancellation fee.
3. Refunds will not be issued for any reason after the start of league play.
4. Refunds will be made to the person listed as head coach/manager.

Youth Athletics

1. Participants requesting a refund in writing prior to the team's scheduled second practice of the season will receive a full refund. (Less \$10 administrative fee.)
2. Refunds will not be issued after the second practice has taken place.
3. Injuries prohibiting continued participation in the Marysville Parks and Recreation youth athletic programs are subject to pro-rated refunds.

Special Events & Facility Rentals @ Jennings Park/Marysville Library

1. Participants requesting a refund in writing 10 working days in advance of the rental will be refunded, less a \$10 administrative fee.
2. Refunds will not be issued if a refund request is made later than 10 days prior to rental.
3. No refunds will be given on trips or special events, unless there is someone on a waiting list to fill the vacancy.



Kung Fu/Tae Kwon Do for Beginners



These beginning Tae Kwon Do and Kung Fu classes taught by Kung Fu 4 Kids are a fun and exciting way for children to build confidence, increase self-esteem and learn self-defense. Every day a portion of the class is dedicated to teaching respect, honesty, discipline and manners. Students attend twice a week for 45 minutes; many days and times are available.

Instructor: Carl Doup
 Location: Kung Fu 4 Kid Academy, 804 Cedar Av.
 Age: 4-12

Time: Early evening (See office for schedule)
 Cost: \$99 (material fee \$25 for uniform)

Course #: 9829 Sept. 4-28
 Course #: 9830 Oct. 1-31
 Course #: 9831 Nov. 1-30 (No class Nov. 12, 22 or 23.)
 Course #: 9832 Dec. 3-28 (No class Dec. 24, 25 or 31.)

Winter Break Camps at Kung Fu 4 Kids ages 6-13

Kids will love this camp as they build confidence, learn self defense, improve concentration, increase self-discipline, and develop manners through activities that include martial arts/tae kwon do, crafts, stories, educational activities and more! Three formal martial arts classes are taught each day. Camp will not be held on holidays.

When: Wednesday-Friday, Dec. 26-28
 Instructor: Carl Doup
 Location: Kung Fu 4 Kids Academy
 804 Cedar Ave.
 Age: 6-13

Course #: 9896 Time: 9:00 am - 4:00 pm Cost: \$85
 Course #: 9898 Time: 9:00 am - noon Cost: \$49
 Course #: 9897 Time: 1:00 - 4:00 pm Cost: \$49



Inclement winter weather policy



The City of Marysville values our citizens' safety. In the event that the Marysville School District cancels school due to poor weather, the City will close the Ken Baxter Senior/Community Center, and all City recreational/athletic programs will be cancelled. For weekend youth basketball game status call (360) 363-8403.



ZumbAtomic Party!

This ZumbAtomic party is a rockin,' high-energy fitness-party packed with specially choreographed, kid-friendly routines. Parents love the Zumbatomic program because of the effects it has on kids, increasing their focus, self-confidence, boosting metabolism and enhancing coordination. This class is open to all levels and requires no prior dance experience. Class time will consist of 40 minutes of high energy workout followed by learning to make a healthy snack, and a craft for the last 20 minutes of class.

Time: 6:30 - 7:30 pm
 When: Friday
 Instructor: Shannon Brennan
 Location: Community Center
 514 Delta Ave.
 Age: 4-12
 Cost: \$20

Course #: 9958 Sept. 21
 Course #: 9959 Oct. 19

Bowling for Beginners

Have fun learning the basics of bowling with Strawberry Lanes. Bowling technique and scoring will be covered during the session. Shoe rentals are included in the class fee. Class is not held on holidays.

Time: 4:00 - 5:00 pm
 When: Mondays
 Location: Strawberry Lanes
 Bowling Alley
 1067 Columbia Ave.

Age: 6-17
 Cost: \$35

Course #: 9760 Oct. 1-29 (No class on Oct. 8)
 Course #: 9761 Nov. 5-Dec. 3 (No class on Nov. 12)



KIDZ LOVE SOCCER



Kidz Love Soccer is designed to teach kids the game of soccer in a fun and safe environment. This is accomplished through games and skills taught at appropriate age and ability levels. You and your kids will love Kidz Love Soccer!

Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the “World’s Most Popular Game!” As you and your child participate in our fun, age-appropriate activities, your child will develop their large motor and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won’t have to watch from the sidelines!

Course #: 9922 Sept. 14-Nov. 2
 Time: 3:00 - 3:30 pm
 When: Friday
 Instructor: Kidz Love Soccer
 Location: Jennings Park Ballfield
 6915 Armar Road
 Age: 2 1/2 to 3 1/2 years
 Cost: \$79

KLS Tot Soccer

Encourages large motor skill development through games and introduces small children to group settings. Little tykes will enjoy running and kicking just like the big kids!

Course #: 9923 Sept. 14-Nov. 2
 Time: 3:40 - 4:10 pm
 When: Friday
 Instructor: Kidz Love Soccer
 Location: Jennings Park Ballfield
 6915 Armar Road
 Age: 3 1/2 to 4 years
 Cost: \$79



KLS Pre-Soccer

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment.

Course #: 9924 Sept. 14-Nov. 2
 Time: 4:10 - 4:45 pm
 When: Friday
 Instructor: Kidz Love Soccer
 Location: Jennings Park Ballfield
 6915 Armar Road
 Age: 4-5
 Cost: \$79

KLS Soccer 1

Teaches the basic techniques of soccer for beginning players including dribbling, passing and receiving, shooting, goal keeping, etc. Every participant will have a ball at their feet! Fun skill games will be played at every session. Small-sided soccer matches will be introduced gradually.

Course #: 9925 Sept. 14-Nov. 2
 Time: 4:45 - 5:30 pm
 When: Friday
 Instructor: Kidz Love Soccer
 Location: Jennings Park Ballfield
 6915 Armar Road
 Age: 5-6
 Cost: \$79

Soccer Skills and Scrimmages

Kids will enjoy advanced skill building: dribbling, passing and shooting in a team format. Each class will play games to build individual skills and small-sided scrimmages that emphasize application of finer technical points. All levels of skill are welcome to learn and enjoy the world’s most popular sport! Each participant will receive a soccer jersey.

Course #: 9926 Sept. 14-Oct. 26
 Time: 5:30 - 6:15 pm
 When: Friday
 Instructor: Kidz Love Soccer
 Location: Jennings Park Ballfield
 6915 Armar Road
 Age: 7-10
 Cost: \$79

Instructor SPOTLIGHT

Meet Ms. Mo Dance Instructor

In six years of teaching, Ms. Mo (aka Monica Olason) has taught everything from ballet to tumbling, sharing her passion for dance with all her students.



"I started dancing at the age of three and have continued ever since," Ms. Mo said. "I decided to start teaching because I wanted to teach my daughter the love of dance and wasn't able to find classes that fit our schedule."

Through her classes, students have learned to tap, jazz, and *plié* with Ms. Mo's guidance. She says the most rewarding part is to watch her students improve. "I enjoy all my classes, and especially love to see the kids blossom."

Whenever Ms. Mo is not teaching or dancing, she enjoys spending time on the family boat, exploring islands in the Northwest.

Pre Ballet and Tap with Ms. Mo

Instructor Monica Olason will teach your child phrasing and the terminology of ballet and tap while building grace, poise and strength. Basic building blocks, positions and the preparatory steps of ballet and tap will be taught in each class. Students are to wear leotard and tights with leather soled ballet and tap shoes. Hair should be neatly secured. Parents are invited to attend the last 10 minutes of class.

When: Wednesdays
Instructor: Monica Olason
Location: Community Center
514 Delta Ave.
Cost: \$40

Time: 10:00 - 10:45 am
Age: 3-5

Course #: 9763 Sept. 5-26
Course #: 9764 Oct. 3-24
Course #: 9765 Oct. 31-Nov. 28
(No class on Nov. 21)

Tumbling and Movement with Ms. Mo

Instructor Monica Olason explores movement through tumbling using mats, beam and hoops. Participants will have fun discovering body awareness, muscle development, flexibility, balance, coordination, basic loco-motor skills and increasing positive self-image in a warm and friendly atmosphere. Students should wear leotard or leggings with T-shirt and bare feet; clothes should allow easy movement. Hair should be neatly secured. Parents are invited to attend the last 10 minutes of class.

Time: 10:45 - 11:30 am
When: Wednesdays
Instructor: Monica Olason
Location: Community Center
514 Delta Ave.
Age: 3-5
Cost: \$40

Course #: 9775 Sept. 5-26
Course #: 9776 Oct. 3-24
Course #: 9777 Oct. 31-Nov. 28 (No class on Nov. 21)

Mommy and Me Tumbling and Movement

Explore the world of tumbling and movement with instructor Monica Olason. You and your child will love practicing coordination, balance, rhythm and stretching, all while moving to the music. Your child will be delighted with using the mats, hoops, ribbons and more.

Time: 11:30 - noon
When: Wednesdays
Instructor: Monica Olason
Location: Community Center
514 Delta Ave.
Age: 1-3
Cost: \$28

Course #: 9767 Sept. 5-26
Course #: 9768 Oct. 3-24
Course #: 9769 Oct. 31-Nov. 28 (No class on Nov. 21)





Mommy and Me Creative Dance

This wonderful class taught by Monica Olason will have mommy and child twirling with glee. You will love the exercise and your child will love learning dance, coordination, balance, rhythm and stretching. The class will feature basic dance steps in ballet and jazz.

Time: 9:30 - 10:00 am
 When: Fridays
 Instructor: Monica Olason
 Location: Community Center
 514 Delta Ave.
 Age: 1-3
 Cost: \$28

Course #: 9771 Sept. 7-28
 Course #: 9772 Oct. 5-26
 Course #: 9773 Nov. 2-30 (No class on Nov. 23)

Creative Dance

Your child will love dancing with instructor Monica Olason as they explore movement concepts using a variety of props, such as ribbons and hoops. They will establish body awareness, muscle development, flexibility, coordination, basic loco-motor skills, while increasing their positive self-image in a warm and friendly atmosphere. Students wear leotard and tights with leather-soled ballet shoes. Hair should be neatly secured. Parents are invited to attend the last 10 minutes of class.

Time: 10:00 - 10:45 am
 When: Fridays
 Instructor: Monica Olason
 Location: Community Center
 514 Delta Ave.
 Age: 3-5
 Cost: \$40

Course #: 9779 Sept. 7-28
 Course #: 9780 Oct. 5-26
 Course #: 9781 Nov. 2-30 (No class on Nov. 23)

Ballet and Jazz with Ms. Mo

Instructor Monica Olason will teach your child musicality, phrasing and the terminology of ballet and jazz while building grace, poise and strength. Basic building blocks, positions and preparatory steps for ballet and jazz will be taught in each class. Students should wear leotard and tights with leather-soled ballet shoes. Hair should be neatly secured. Parents are invited to attend the last 10 minutes of class.

Time: 10:45 - 11:30 am
 When: Fridays
 Instructor: Monica Olason
 Location: Community Center
 514 Delta Ave.
 Age: 3-5
 Cost: \$40

Course #: 9783 Sept. 7-28
 Course #: 9784 Oct. 5-26
 Course #: 9785 Nov. 2-30 (No class on Nov. 23)

Sugar Plumb Fairy Holiday Dance

Young dancers will love this holiday focused class complete with a mini-recital. Your child will explore ballet, tap, creative dance and tumbling with instructor Miss Mo. On the last day of class, parents and families are invited to watch their children in a mini holiday performance. Students are to wear leotard and tights with leather soled ballet and tap shoes. Hair should be neatly secured. Costumes will be created by parents and consist of items found around the home.

When: Wednesdays & Fridays Dec. 5-14 (4 classes)
 Instructor: Monica Olason
 Location: Community Center
 514 Delta Ave.
 Cost: \$40

Course #: 9786
 Time: 10:00 - 10:45 am
 Age: 3-4
 Course #: 9787
 Time: 10:45 - 11:30 am
 Age: 4-5

HAVE YOU HEARD ABOUT KALEIDOSCOPE?

Kaleidoscope is a new program where children and caregivers join in open-ended, child-directed play, choosing from a variety of play centers that together support the different areas of development. Children up to 5 will have fun learning through play; caregivers will enjoy meeting and sharing ideas with other caregivers. Each session includes free exploration time as well as a coordinated group activity of story time, singing, crafting or making snacks. Child must attend with a caregiver. Kaleidoscope will meet from 9:30-11 a.m. Sept. 10 through May 20, 2013 in Jennings Memorial Park Barn, 6915 Armar Road. Sponsored by United Way and Volunteers of America. For more information please contact Jessica at Volunteers of America at (425) 374-5530.

YOUTH ENRICHMENT



Hoop Dance Workshop for Youth

Hula Hooping is a natural kids sport! Kids love spinning a Hula Hoop and showing off their new tricks. Instructor Indigo will provide a structured class and encourage learning new movements and activities that promote balance and coordination. Parents may join the last 10 minutes for a mini hoop demo. Hoops provided for class are available for purchase.

When: Sunday
Instructor: Indigo
Location: Marysville Library Large Meeting Room
6120 Grove St.
Cost: \$10

Course #: 9872 Oct. 7
Time: 1:15 - 2:00 pm
Age: 4-8

Course #: 9873 Oct. 7
Time: 2:15-3:15 pm
Age: 9-14

Course #: 9882 Nov. 4
Time: 1:15-2:00 pm
Age: 4-8

Course #: 9883 Nov. 4
Time: 2:15-3:15 pm
Age: 9-14



Be Bilingual Kids Spanish

Be Bilingual Kids makes learning a language fun, and enables children to look beyond their customary borders. Classes consist of three segments: Circle Time, Story Time and Art Time. The focus of Circle Time is to give students an opportunity to experience the target language in a lively context with games and activities. Story Time lets students use their imaginations. As they hear familiar tales told in Spanish, children are able to pick up on the tone, gestures and images to understand the story. The hands-on nature of Art Time provides an excellent opportunity to create a visual aid for remembering and using their new language. Classes are taught almost entirely in the target language. Each lesson plan is structured while at the same time engaging.

When: Mondays, Oct. 1-Nov. 26 (no class on Nov. 12)
Instructor: Be Bilingual Kids
Location: Jennings Park Barn
6915 Armar Road
Cost: \$129

Course #: 9902
Time: 3:50 - 4:50 pm
Age: 5-8

Course #: 9903
Time: 4:50 - 5:50 pm
Age: 9-12



Birding for Youth - Birds are Awesome!

Children will love this workshop where they discover cool bird facts about anatomy, migration, nests, foods and foraging. They will make and practice using their own birding "binoculars" and learn to identify several common, but awesome birds in their backyards and local parks.

Course #: 9943
Time: 10:00 - 11:30 am
When: Saturday, Sept. 15
Instructor: Candy Brown, Pilchuck Audubon Society
Location: Jennings Park Barn
6915 Armar Road
Age: 5 and older
Cost: \$15



Cooking with Fumiko: Parent and Child Sushi Lesson

Sushi-making is fun when you make it with someone else! Parent and child will learn to make several types of sushi rolls including the California style roll. All are served and eaten with steamed rice. Bring a cutting board, apron and knife to class.

Course #: 9871
Time: 2:30 - 5:30 pm
When: Saturday, Sept. 29
Instructor: Fumiko Kurose-Bretzke
Location: Jennings Park Barn
6915 Armar Road
Age: 6 and older
Cost: \$42 Material Fee: \$7



ABC, I Love to Read!

Come on a reading adventure with certified teacher Andrea Kingsford in ABC, I Love to Read! Focused on our youngest readers, each session will include story time, creating crafts, playing games and learning letters of the alphabet. Whether your preschooler has just discovered books or already loves to read they will have fun participating in activities and discovering new stories. Thanks to a United Way scholarship this program is provided free. An adult must attend with the child and siblings are welcome.

Time: 10:00 - 11:00 pm
When: Tuesdays
Instructor: Andrea Kingsford
Location: Jennings Park Barn
6915 Armar Road
Age: 3-5
Cost: Free



**Instructor
SPOTLIGHT**

**Meet Max Elam
Cartoonist**

Max Elam has been a cartoonist his whole life, "drawing" inspiration from comic strips, cartoons, and his grandfather. And for the past 16 years, Max has also taught art. "I feel passionate about helping kids realize their unlimited potential. I also really enjoy how their art motivates me through their boundless imaginations."

In Max's spare time he invests in his own private art career. He does caricatures, private commissions and creates comic strips. For his art, he uses several forms of media including water color, marker and paint. Besides art, Max also enjoys skateboarding, scary Sci-Fi movies, live music, and working with the children's ministry at his church.



Discover Cartooning

Does your child love to sketch and doodle, or is constantly drawing action figures? Then they will love this class with instructor Max Elam. Participants will learn basic structured drawing skills and how they apply to cartooning. With a focus on positive attitude and building self-confidence, your artist will have fun learning and working on daily projects from start to finish. Each participant will end class with their own cartoon portfolio.

Course #: 9845
 Time: 4:00 - 6:00 pm
 When: Thursdays, Sept. 6-27
 Instructor: Max Elam
 Location: Community Center
 514 Delta Ave.
 Age: 7-12
 Cost: \$59

Manga to Monsters

Manga, a Japanese style of cartooning, has become a very popular artform. Combine it with monsters and you have one amazing class! Join instructor Max Elam as you learn the basic fundamentals of structured drawing through step by step instruction. Your child will love drawing popular characters from video games, cartoons, and comic books. Art styles will range from Manga to classic. Each participant will end the class with a completed portfolio.



Course #: 9846
 Time: 4:00 - 6:00 pm
 When: Thursdays, Oct. 4-25
 Instructor: Max Elam
 Location: Community Center
 514 Delta Ave.
 Age: 7-12
 Cost: \$59



Cartooning - Epic Illustrations and Creature Creations

Do you have a wild imagination and love to draw? This class is for you! Each week will feature a different focus including Star Wars, fantasy anime, Avengers and creating your very own cartoon comic strip. You will have fun learning basic structured drawing methods and creating your own works of art. Each participant will end the class with their own cartoon portfolio.

Course #: 9847
 Time: 4:00 - 6:00 pm
 When: Thursdays, Nov. 1-29 (No class on Nov. 22)
 Instructor: Max Elam
 Location: Community Center
 514 Delta Ave.
 Age: 7-12
 Cost: \$59

Drawing for Youth Beginner to Advanced

This fun and creative class taught by Vicki Carver guides budding artists while they explore and develop the skills to draw animals, people, flowers, still life and landscapes using graphite pencils. Returning artists may choose to work on individual projects. Supplies needed: graphite pencils (2H, HB and 6B), Strathmore drawing pad (50 lb. or 70 lb.) with spiral top, white eraser, and a pencil sharpener. Artists may also bring oil pastels or color pencils for drawing enhancements.

Time: 4:30 - 6:00 pm
 When: Tuesdays
 Instructor: Vicki Carver
 Location: Community Center
 514 Delta Ave.
 Age: 7-13
 Cost: \$63

Course #: 9821 Oct. 2-23
 Course #: 9822 Nov. 6-27

Clay Play Workshop with Vicki Carver

Youth will learn different techniques for pulling, pushing, poking, rolling, pressing and smoothing clay. Each workshop taught by instructor Vicki Carver will focus on creating a different project each class so participants may register for one or all of the workshops. Cost includes all supplies and firing. Returning artists may work on individual projects. Please bring a shoebox labeled with the artist's name and phone number.

Time: 1:30 - 3:00 pm
 When: Saturday
 Instructor: Vicki Carver
 Location: Jennings Park Barn
 6915 Armar Road
 Age: 7-13
 Cost: \$35

Course #: 9825 Oct. 13
 Course #: 9826 Nov. 10
 Course #: 9827 Dec. 8



Kindermusik

Kindermusik taught by instructors Chris Floyd and Shelley Metcalf is a music and movement program for infants, toddlers, preschoolers and big kids. Your child will play, listen, and dance to musical activities specifically designed to stimulate early childhood development and strengthen neural pathways in your child's mind. Class will not be held during school holidays.

Instructor: Chris Floyd or Shelley Metcalf
Location: Marysville Library Large Meeting Room
 6120 Grove St.
When: Sept. 11-Jan. 9 (No class Nov. 20, 21,
 Dec. 18-Jan. 2)

Classes are 15 weeks. Payments may be divided into 4 installments. For payment plans please contact the Parks and Recreation office at (360) 363-8400. Material fees payable to the instructor at the first class.

Village with Teacher Shelley

In Village you and your baby will experience a unique blend of musical activities that stimulate and engage all of the senses. You'll laugh, learn, sing, dance, play together, bond, socialize and make memories.

Course #: 9671 **Tuesdays**
Time: 12:15 - 1:00 pm
Age: Birth to 18 Months
Cost: \$144 **Material Fee:** \$68

Instructor SPOTLIGHT

Meet Shelley Metcalf Kindermusik Instructor

Miss Shelley started playing the piano at age 9 and since then has developed a love for music. She became involved with Kindermusik through her children and has seen the positive influence it has on children. This experience inspired her to start teaching and share the incredible journey with other families.



"Both of my children went through the Kindermusik program here in Marysville and I loved being the parent of a Kindermusik kid," Miss Shelley said. "I can easily relate to the parents of my classes now because I've been there!"

When Miss Shelley isn't teaching, she likes to volunteer at her children's schools and spend time with her family playing golf, skiing, and spending time in Eastern Washington.

Kindermusik - Our Time

In Our Time, you'll witness your child's development in language skills, literacy, listening, problem solving, social skills, self-esteem and musicality.



Age: 18 months - 3 1/2 years
Cost: \$144 **Material Fee:** \$58

Course #: 9672 **Tuesdays**
Time: 10:00 - 10:45 am
Instructor: Shelley Metcalf

Course #: 9673 **Tuesdays**
Time: 6:00 - 6:45 pm
Instructor: Chris Floyd

Course #: 9674 **Wednesdays**
Time: 10:00 - 10:45 am
Instructor: Shelley Metcalf

Course #: 9682 **Wednesdays**
Time: 11:00 - 11:45 am
Instructor: Shelley Metcalf

Kindermusik - Imagine That

Imagine That encourages socialization, sharing and participating in group activities. Activities are integrated with music, song, dance and instrument play. Parents are invited to join in the last 15 minutes of class.



Age: 3 1/2 - 5
Cost: \$144 **Material Fee:** \$68

Course #: 9675 **Tuesdays**
Time: 11:00 - 11:45 am
Instructor: Shelley Metcalf

Course #: 9676 **Tuesdays**
Time: 1:30 - 2:15 pm
Instructor: Shelley Metcalf

Course #: 9677 **Wednesdays**
Time: 5:15 - 6:00 pm
Instructor: Chris Floyd



Kindermusk - Young Child Semesters 1 and 3

Young Child Semesters 1 and 3 provide a pressure-free small-group class where children can develop a strong musical foundation by learning the concepts, language, notation and vocabulary of music and its greatest composers. Young children, eager for their first experience with musical symbols and instrument discovery, are introduced to a very exciting musical world. Parents are invited to participate in the last 15 minutes of class for sharing time.

Young Child Semester 1

Age: 5-6
 Cost: \$184 Material Fee: \$82

Course #: 9679 Wednesday
 Time: 12:30 - 1:30 pm
 Instructor: Shelley Metcalf

Course #: 9678 Wednesday
 Time: 4:00 - 5:00 pm
 Instructor: Chris Floyd

Young Child Semester 3

Age: 6-7
 Cost: \$184 Material Fee: \$82

Course #: 9680 Tuesdays
 Time: 4:50 - 5:50 pm
 Instructor: Chris Floyd

Family Time with Teacher Chris

In Family Time, children of all ages are brought together for a dynamic, integrated learning experience. We take favorite Kindermusik songs and activities and roll them into a fun, energetic family class. Every child is welcome and a family's together time is celebrated and cherished. Second child in the same family attending Family Time is \$72. Must register in Parks Office for second child rate.

Course #: 9681 Tuesday
 Time: 4:00 - 4:40 pm
 Instructor: Chris Floyd
 Age: 1 month - 7 years
 Cost: \$144 Material Fee: \$62

Voice for Youth with Robin Hilt

Singing is fun! Singer and instructor Robin Hilt of Eighth Note Music Studio will guide your child as they discover the world of music and singing through games and activities designed to teach reading music, matching pitch and keeping rhythm. Your child will have fun as they build the foundation for a great vocal career and a passion for singing.



Time: 4:30 - 5:20 pm
 When: Thursdays
 Instructor: Eighth Note Music
 Location: Community Center
 514 Delta Ave.
 Age: 7-12
 Cost: \$50 Material Fee: \$10

Course #: 9837 Sept. 13-Oct. 11
 Course #: 9838 Oct. 18-Nov. 15

Young Ladies and Gentlemen

A class on manners just in time for the holidays. Students learn the key to building positive friendships and strong self-esteem. This fun, hands-on workshop teaches telephone etiquette, basic table manners, introductions, personal care and posture. Each student receives a "goodie bag" to take home. Don't be surprised if they come out asking for more!

Course #: 9891
 Time: 9:00 am - noon
 When: Saturday, Dec. 8
 Instructor: Final Touch Finishing School
 Location: Jennings Park Barn
 6915 Armar Road
 Age: 7-11
 Cost: \$42

Babysitting Basics

Camp Fire USA will teach youth the 'how-tos' of babysitting. Topics include: proper ways to hold a child, what to do in an emergency, infant and toddler care, play ideas, beginning behavior management, age characteristics, finding sitting jobs and working with parents. Participants may bring a snack.



Course #: 8700
 Time: 9:00 am - 1:00 pm
 When: Saturday, Oct. 6 and 13
 Instructor: Camp Fire USA
 Location: Jennings Park Barn
 6915 Armar Road
 Age: 10-14
 Cost: \$40





Modeling, Totally YOU!

Wendy Messarina will use her experience in modeling, dancing and educating to help you discover YOU! Learn about dressing to impress, the importance of first impressions, the influence of mass media, healthy habits, basic modeling, building self-confidence and developing your own personal style. By the end you will be confident in being Totally YOU!

Course #: 9887
 Time: 4:15 - 5:15 pm
 When: Thursdays, Oct. 4-25
 Instructor: Wendy Messarina
 Location: Community Center
 514 Delta Ave.
 Age: 11-15
 Cost: \$45

Voice for Teens with Robin Hilt

Are you just dying to get on a performance stage, but you're too nervous to get out of your seat? Join singer and instructor Robin Hilt of Eighth Note Music as you learn to get past those nerves and let the spotlight shine! In Voice for Teens, we work on strengthening the components of your vocal machine. Using contemporary singing technique and learning how to communicate the message of song, you'll be a singing sensation in no time.

Time: 5:30 - 6:20 pm
 When: Thursdays
 Instructor: Eighth Note Music
 Location: Community Center
 514 Delta Ave.
 Age: 13-17
 Cost: \$50 Material Fee: \$10



Course #: 9835 Sept. 13-Oct. 11
 Course #: 9836 Oct. 18-Nov. 15

Join Marysville Parks & Recreation on Web, Facebook and Twitter

The Marysville Parks and Recreation Department is excited to announce that in addition to the new City website, the public can now find us on Facebook and follow us on Twitter. Get the most up to date information about classes, events, closures and the endless benefits of our parks and recreation system.

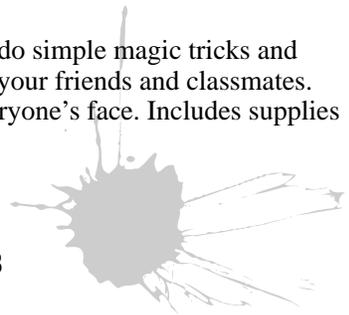
Don't forget to sign up for Calendar and News updates on the website at marysvillewa.gov. Click on the "Notify Me" button, and you'll be in the know in seconds!

 Like us on Facebook marysvillewa.gov/facebook
 follow us on twitter @WA_Marysville
 Notify Me marysvillewa.gov/list.aspx

Simple Magic Tricks

Come to class and learn how to do simple magic tricks and be the center of attention. Impress your friends and classmates. Magic is sure to put a smile on everyone's face. Includes supplies and handouts.

Course #: 9861
 Time: 6:30 - 8:00 pm
 When: Wednesday, Oct. 3
 Instructor: Crystal Linn
 Location: Community Center
 514 Delta Ave.
 Age: 13 and older
 Cost: \$20



Learn to Face Paint!

Come and learn simple techniques to create fun face painting designs for children, family and friends. Handouts and supplies are provided so you can leave with everything you need to get started. What a fun activity to do at a birthday party, for Halloween or with friends before the big game! By learning just a few simple things, you can expand your creativity and have fun in the process. Fee includes the cost of supplies.



Course #: 9859
 Time: 6:30 - 8:00 pm
 When: Wednesday, Oct. 17
 Instructor: Crystal Linn
 Location: Community Center
 514 Delta Ave.
 Age: 13 and older
 Cost: \$20



Party Balloon Sculpting

Balloon sculptures always draw a captive audience and make you an interesting person, too! Impress your friends and family and all the kids in the neighborhood with your newfound talent. Come to this fun class and discover how simple it is to create balloon sculptures. Balloons and handouts provided.

Course #: 9860
 Time: 6:30 - 8:00 pm
 When: Wednesday, Sept. 26
 Instructor: Crystal Linn
 Location: Community Center
 514 Delta Ave.
 Age: 13 and older
 Cost: \$20





The Basics of Starting Your Own Business

Jennifer Ward, owner of Pick Of The Litter Design, will walk attendees through the process of starting their own business. From the required licensing to basic stationery needs, you will get step-by-step directions. We will discuss the differences between business types and their advantages and disadvantages. A small business can be confusing, with a great deal of paperwork; this class will get you started and make the process easier.

Course #: 9745
 Time: 6:30 - 8:00 pm
 When: Wednesday, Sept. 19
 Instructor: Jennifer Ward
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 18 and older
 Cost: \$25

Free & Innovative Marketing Solutions for Your Small Business or Charity

Jennifer Ward, owner of Pick Of The Litter Design, will provide attendees a comprehensive list and description of FREE (and low cost) marketing solutions for your small, micro and charitable business. Explore the world of internet marketing options, from networking groups to websites and blogs. Learn about free community resources that can publicize your business. Additional information will be provided on startup basics for a small business. If you don't currently have a business, it's recommended that you participate in the Basics of Starting Your Own Small Business class first.

Course #: 9743
 Time: 6:00 - 8:00 pm
 When: Wednesday, Sept. 26
 Instructor: Jennifer Ward
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 18 and older
 Cost: \$35

Small Business Accounting

Kristal Schwartz is an experienced CPA specializing in small businesses. Learn the pros and cons of various business structures, become familiar with state and federal tax departments and requirements that make tax time easier. This will be an informative class with lots of time for questions.

Course #: 9744
 Time: 6:30 - 8:00 pm
 When: Wednesday, Oct. 3
 Instructor: Kristal Schwartz
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 18 and older
 Cost: \$25

How to Sell Crafts at Bazaars, Fairs & Festivals

Want to sell your craft but have no idea where to start? Confused about the whole process? Take heart! This fun, dynamic class covers starting with an idea, forming a plan, funding ideas for under \$200, finding shows, applying, preparing for your show, creating your booth, displaying products and much more. Selling crafts can be a fun, profitable and rewarding experience! Great for new and experienced crafters. Taught by Leiann Ronnestad, marketing specialist and owner of the Holiday Bazaar Guide of Washington and Oregon. Class includes the Washington State Holiday Bazaar Guide (\$20 value).



Course #: 9747
 Time: 10:00 - 12:30 pm
 When: Saturday, Sept. 29
 Instructor: Leiann Ronnestad
 Location: Marysville Library Large Meeting Room
 6120 Grove St.
 Age: Adult, 16 and older
 Cost: \$25 Material Fee: \$6

Personal Coaching - an Introduction

Are you curious about professional coaching? Join Certified Professional Coach Steve Thorson in this interactive class where you learn about professional coaching, the benefits of professional coaching, how to choose a coach and what you can expect from your professional coach. Whether you are interested in leadership coaching, career coaching, life coaching, team coaching and more, you do not want to miss this informative class!

Course #: 9904
 Time: 7:00 - 8:30 pm
 When: Thursday, Sept. 13
 Instructor: Steve Thorson
 Location: Marysville Library Large Meeting Room
 6120 Grove St.
 Age: Adult, 18 and older
 Cost: \$25

Meet Fumiko

Fumiko Kurose-Bretzke is a Japanese Food Consultant, Sushi Academy graduate and a food blogger of Prune Kitchen. Fumiko is a conscientious hands-on instructor who will share her passion of Japanese cooking and other culinary delights with students who are interested in learning.



Asian Pancakes

Learn to make three different kinds of Asian pancakes, Chinese scallion, Korean seafood and Japanese sweet sandwich pancakes. Each has yummy ingredients that will add some creativity to your meal. Please bring an apron.

Course #: 9854
 Time: 6:30 - 8:30 pm
 When: Friday, Sept. 21
 Instructor: Fumiko Kurose-Bretzke
 Location: Jennings Park Barn
 6915 Armar Road
 Age: Adult, 18 and older
 Cost: \$42 Material Fee: \$5

Vegetarian Japanese Dishes

Students will learn to make miso soup, vegetable tempura and other dishes. Miso soup and tempura are very traditional Japanese foods that are eaten with steamed rice and are a staple of the Japanese diet. Please bring a cutting board and knife with you.

Course #: 9855
 Time: 6:30 - 8:30 pm
 When: Friday, Oct. 12
 Instructor: Fumiko Kurose-Bretzke
 Location: Jennings Park Barn
 6915 Armar Road
 Age: Adult, 18 and older
 Cost: \$42 Material Fee: \$5

Parent and Child Sushi Workshop

Sushi making is fun if you make it with someone else! Parent and child will learn to make several types of sushi rolls and shaped sushi including the California style roll. All served and eaten with steamed rice. Please bring a cutting board, apron and knife with you.



Course #: 9871
 Time: 2:30 - 5:30 pm
 When: Saturday, Sept. 29
 Instructor: Fumiko Kurose-Bretzke
 Location: Jennings Park Barn
 6915 Armar Road
 Age: 6 and older
 Cost: \$42 Material Fee: \$7 per parent/child

Nordic Cuisine Cooking

Prepare a Scandinavian meal featuring several countries! Learn to make Hardanger Lefse, Icelandic Pickle Steaks, Danish Sauerkraut Cookies, Swedish Cheesy Crab Dip with Fresh Herbs, Icelandic Cocoa Soup and assorted Norwegian Pickled Herrings. All students will receive a booklet of recipes and sit down to share in the meal they prepared. Taught by the Ronnestad family who is well known for their classes at the Sons of Norway and the Nordic Heritage Museum.



Course #: 9964
 Time: 3:00 - 6:00 pm
 When: Saturday, Oct. 27
 Instructor: Leiann Ronnestad
 Location: Jennings Park Barn
 6915 Armar Road
 Age: Adult, 16 and older
 Cost: \$35 Material Fee: \$8

Chocolate's Hidden Secrets

Did you know that chocolate is a vegetable that grows on trees and also was once used to create clothing? Come learn more about the secrets and versatility of America's favorite flavor, from simple fondue to play dough and more. Eat lots of chocolate!

Course #: 9858
 Time: 6:00 - 8:00 pm
 When: Wednesday, Oct. 24
 Instructor: Crystal Linn
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 16 and older
 Cost: \$20 Material Fee: \$10

Marysville Strawberry Band

Join the Marysville Strawberry Band! If you play an instrument, even if you're rusty, the Marysville City Band is seeking interested musicians ready to receive instruction under the co-directorship of Totem Middle School Band Director Peter Joseph & Nathan Sachman. The Marysville Strawberry Band focus is to learn and perform orchestral and big band pieces that will appeal to a broad audience. Musicians must have their own instrument and have played for three years or more. Rehearsals will follow a collegiate rehearsal style, and may vary to include small sections of pieces until mastered. Sectional work will occur depending on need. Performance preparation and practice outside of rehearsal is a must.

Time: 6:00 - 8:00 pm
 When: Wednesday
 Location: Totem Middle School Band Room
 1605 7th St. NE
 Age: Adult, 16 and older

Course #: 9927 Full Year/Sept. 12-June 12 Cost: \$60
 Course #: 9928 Fall Session/Sept. 12-Dec. 12 Cost: \$25
 (Year is broken into 3 sessions)

Introduction Blogging

So you want to blog? Learn the tools to get started, design your blog, write your first post and start building an audience.

Course #: 9741
 Time: 6:30 - 8:30 pm
 When: Wednesday, Oct. 10
 Instructor: Sean Keeley
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 18 and older
 Cost: \$30



Instructor
Sean Keeley

Intermediate Blogging

You know the basics, now find out how to turn your blog into a must-read. Learn to figure out what type of articles you should be writing to attract more readers, how to bring your content to the masses, integrate social media and grow your community once you have it.

Course #: 9742
 Time: 6:30 - 8:30 pm
 When: Wednesday, Oct. 17
 Instructor: Sean Keeley
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 18 and older
 Cost: \$30

NEW! Create and Upload YouTube Videos

Uploading videos to YouTube sounds simple but there can be a lot to it. YouTube is a great tool and compliments other social media. Sean Keeley has been posting videos to YouTube for years. Whether you're using a webcam or digital camera, he can show you the easy way to create, edit and upload videos to YouTube in order to share them with the world or just a few friends.

Course #: 9965
 Time: 6:30 - 8:30 pm
 When: Wednesday, Oct. 24
 Instructor: Sean Keeley
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 16 and older
 Cost: \$30

NEW! Infant & Toddler Safety and CPR

Child injuries are preventable, yet more than 9,000 died from injuries in the U.S. in 2009. Car crashes, suffocation, drowning, poisoning, fires and falls are some of the most common ways children are injured. Come learn how to prevent this from happening to your family. The focus of this class is injury prevention. This class teaches CPR, but does not provide certification.

Course #: 9948
 Time: 7:00 - 8:30 pm
 When: Tuesday, Oct. 2
 Instructor: Kristen Thorstenson
 Location: Marysville Library L. Meeting Rm., 6120 Grove St.
 Age: Adult, 16 and older
 Cost: \$20

NEW! Infant & Toddler Car Seat Safety

Rear facing until two - really? Learn why the recommendation is rear facing until AT LEAST 2 years of age and what to do after that. Eight out of ten car seats are improperly installed and used. Could your child be one of them?

Course #: 9949
 Time: 7:00 - 8:30 pm
 When: Tuesday, Oct. 30
 Instructor: Kristen Thorstenson
 Location: Marysville Library L. Meeting Rm., 6120 Grove St.
 Age: Adult, 16 and over
 Cost: \$20

NEW! Pre-school/School Age - Are They Big Enough for Boosters

Is your child big enough to be in a booster? Are they big enough to be out of a booster? Eight out of ten carseats are improperly installed and used. Could yours be one of them? Don't take a chance with your child. Join Kristen Thorstensen and learn what is safest for your child passengers and why.

Course #: 9950
 Time: 7:00 - 8:30 pm
 When: Tuesday, Oct. 9
 Instructor: Kristen Thorstenson
 Location: Marysville Library L. Meeting Rm., 6120 Grove St.
 Age: Adult, 16 and older
 Cost: \$20



Instructor
Kim Reynolds

Computer Basics

Kim Reynolds will help you navigate your computer in this basic course. Get introductions to using email, Google, Facebook, Skype and more. Bring your wireless capable laptop and explore the possibilities! (Laptop not required, but helpful.)

Course #: 9911
 Time: 7:00 - 9:00 pm
 When: Monday, Oct. 1
 Location: Jennings Park Barn, 6915 Armar Road
 Age: Adult, 18 and older
 Cost: \$29





Backyard Birds NEW!

Instructor and bird enthusiast Candy Brown of the Pilchuck Audubon Society will be your guide in these wonderful workshops as you discover birds. This workshop is designed for adult beginning birders. Enhance your understanding of common birds, and improve your ability to identify them. Includes basics of anatomy, migra-

tion, reproduction, foods and foraging. Youth ages 12 and older are welcome to register if attending with a registered adult.

Course #: 9941
 Time: 7:00 - 8:30 pm
 When: Tuesday, Sept. 18
 Instructor: Candy Brown, Pilchuck Audubon Society
 Location: Marysville Library Large Meeting Room
 6120 Grove St.
 Age: Adult, 12 and older
 Cost: \$17



Pacific Northwest Birds

Hone your bird identification skills as you learn more about the different birds and habitats of the Puget Sound region including raptors, owls, and birds of forests, fields, water, cities, parks and yards. Prior attendance in Back Yard Birds is recommended but not required.

Course #: 9942
 Time: 7:00 - 8:30 pm
 When: Tuesday, Nov. 13
 Instructor: Candy Brown, Pilchuck Audubon Society
 Location: Marysville Library Large Meeting Room
 6120 Grove St.
 Age: Adult, 12 and older
 Cost: \$17



Understanding the Presidential Election Process

This fall is election time! Join Tom Peloquin to gain a better understanding of how the presidential election process works. Learn about the Electoral College and discover who you are really voting for when you mark the candidate of your choice on a ballot. Explore quirks of past elections and "what if" scenarios that can happen in the voting process. Finally, look at alternatives to the Electoral College.

Course #: 9905
 Time: 7:00 - 8:30 pm
 When: Tuesday, Oct. 16
 Instructor: Tom Peloquin
 Location: Marysville Library Large Meeting Room
 6120 Grove St.
 Age: Adult, 16 and older
 Cost: \$10

Voice for Adults with Robin Hilt

Do you love singing in the shower or in the car, and would like to be confident singing in public? Join Robin Holt, singer and instructor of Eighth Note Studio to discover or rediscover your voice. You will learn several popular songs and styles. So look out Karaoke, here you come!

Time: 6:30 - 7:20 pm
 When: Thursday
 Instructor: Eighth Note Music
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 18 and older
 Cost: \$50 Material Fee: \$10



**Instructor
Robin Hilt**

Course #: 9833 Sept. 13-Oct. 11
 Course #: 9834 Oct. 18-Nov. 15

Drawing for Adults Beginner to Advanced

Learn the fundamentals of drawing with artist Vicki Carver. Explore your creative side and learn about shape, light source and design with still life, animals, landscape and portraits. You will love this relaxed class and enjoy drawing with other artists while working on your own project using graphite pencils and the medium of your choice. Supplies needed: medium of your choice, graphite pencils (2H, HB and 6B), Strathmore drawing pad (50 lb. or 70 lb.) with spiral top and white eraser.



**Instructor
Vicki Carver**

Time: 6:30 - 8:00 pm
 When: Tuesday
 Instructor: Vicki Carver
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 14 and older
 Cost: \$63

Course #: 9823 Oct. 2-23
 Course #: 9824 Nov. 6-27

Have a hobby or talent to teach?

City of Marysville Parks and Recreation is always looking for new ideas for classes, and instructors to teach them. If you have a special talent or are interested in teaching a class that you are qualified to teach, e-mail Recreation Coordinator Andrea Kingsford at (360) 363-8400, or e-mail akingsford@marysvillewa.gov.

All instructors are independent contractors and not considered City employees.



**Chris Floyd
Kindermusik
Instructor**

Driftwood Sculpture

Learn how to find and clean a piece of driftwood. Then oil and finish it, turning it into an amazing piece of art. Artist and non-artists alike will enjoy driftwood sculpture. Each student will be given a piece of wood in class. Please bring a towel with you.

Evening Classes

Time: 7:00 - 9:00 pm
 When: Mondays
 Instructor: Susan Banks
 Location: Community Center, 514 Delta Ave.
 Age: Adult, 18 and older
 Cost: \$38

Course #:	9753	Sept. 10-Oct. 1	Cost: \$38
Course #:	9754	Oct. 8-29	Cost: \$38
Course #:	9755	Nov. 5-Dec. 3	Cost: \$25
Course #:	9756	Dec. 10-17	Cost: \$10

Afternoon Classes

Time: 12:30 - 2:30 pm
 When: Thursdays
 Instructor: Arline DePalma
 Location: Community Center, 514 Delta Ave.
 Age: Adult, 18 and older

Course #:	9104	Sept. 6-27	Cost: \$38
Course #:	9105	Oct. 4-25	Cost: \$38
Course #:	9106	Nov. 1-29	Cost: \$38
Course #:	9107	Dec. 6-13	Cost: \$19

Gourd Carving & Decorating

In this open studio format gourds can be carved, wood-burned and painted for a finished look. Bring your own project and learn techniques from fellow artists. Bring your own tools and be ready to share ideas.



Time: 9:00 am - noon
 When: Tuesdays, Sept. 4-Dec. 18
 Location: Community Center
 514 Delta Ave.
 Age: 18 and older
 Cost: \$5 per visit

Be a volunteer coach - give your time on the field to develop tomorrow's leaders



Marysville Parks and Recreation needs adult volunteer coaches who are ready to give something back to our growing community and tomorrow's generation. Are you willing to step up? Can you make the time? Find out more!

Please call the Parks and Recreation Office for details at (360) 363-8403.

Chic on the Cheap: Shabby to Chic!

Mason Jar Magic

Do you have old mason jars lying around? Transform them into darling home decor items in this inspiring workshop. Bring three or more mason jars with you and let the creativity begin! Multiple stations will be set up so you can complete the project of your choice.



Course #: 9906
 Time: 7:00 - 9:00 pm
 When: Monday, Oct. 15
 Instructor: Kim Reynolds
 Location: Jennings Park Barn
 6915 Armar Road
 Age: Adult, 16 and older
 Cost: \$19 Material Fee: \$5

Chic on the Cheap: Shabby to Chic! NEW!

Creative Repurposing for Household Items

You will love taking everyday items and remaking them into creative and cute new pieces of home decor. Transform your old metal colander, measuring cups and even cutlery into new usable things.

Course #: 9907
 Time: 7:00 - 9:00 pm
 When: Monday, Nov. 19
 Instructor: Kim Reynolds
 Location: Jennings Park Barn
 6915 Armar Road
 Age: Adult, 16 and older
 Cost: \$19 Material Fee: \$5

Creative Holiday Cards NEW!

Bring your own special touch to the holidays this year with personalized hand-made cards. Kim Reynolds will help you find your creative side as you make cards for friends and family that really show you care. Not confident in your creativity? Card samples will be available for inspiration. Use stamps, paper cutouts, glitter and much more! (Additional supplies may be purchased at class.)



Course #: 9910
 Time: 7:00 - 9:00 pm
 When: Monday, Dec. 3
 Instructor: Kim Reynolds
 Location: Jennings Park Barn
 6915 Armar Road
 Age: 8 and older
 Cost: \$24 Material Fee: \$10

Instructor SPOTLIGHT

Meet Janet Foley
Fused Glass Artist and Instructor

With over 12 years of teaching experience, Janet Foley is an expert when it comes to glass projects. She has taught in public schools from kindergarten to high school seniors, and adult education courses.

And you'll be surprised to know that glass fusion is more more than an art concept!

"Glass fusion is a great way to teach math and science," Janet said. "After the class, students will have a greater understanding of glass and the science behind it."

Come join Janet for a class sometime through the Parks and Recreation Department, and learn how to make fused glass plates, jewelry, and much more.



Fused Glass Pick A Project

Artist Janet Foley will begin this workshop with a discussion and hands-on demonstration about fusing. Then, let your own creativity soar! There are several projects to choose from including plates, small dishes, mirrors, picture frames and coasters. All materials, tools and firing are included in the supply fee. Glass will be fired out of class and can be picked up two weeks later at the Parks and Recreation Office. Please wear closed toe shoes.

Course #: 9892
Time: 6:00 - 9:00 pm
When: Monday, Oct. 8
Instructor: Janet Foley
Location: Jennings Park Barn
6915 Armar Road
Age: Adult, 16 and older
Cost: \$35 Material Fee: \$25 to \$45
 depending on project

Fused Glass Gifts

Give unique, beautiful, handmade gifts this holiday. Get creative as you make your own glass items from ornaments to plates, and more. Glass will be fired outside of class and ready for pickup at the Parks and Recreation Office two weeks after class. Please wear closed toe shoes.

Course #: 9893
Time: 6:00 - 9:00 pm
When: Monday, Nov. 5
Instructor: Janet Foley
Location: Jennings Park Barn
6915 Armar Road
Age: Adult, 16 and older
Cost: \$35 Material Fee: \$10 to \$45
 depending on project



Soap Making - Cold Process

Deborah Roscoe of Eugenie Savon soaps will demonstrate the cold soap-making process. Learn the steps to making soap, adding scents, colors, cutting bars and more. Class includes instructional materials and 2 bars of Eugenie Savon soap. Soap making is a wonderful hobby. If you like cooking, give cold process soap making a try!

Time: 2:30 - 4:00 pm
When: Saturday
Instructor: Deborah Roscoe
Location: Jennings Park Barn
6915 Armar Road
Age: Adult, 16 and older
Cost: \$33

Course #: 9748 Sept. 22
Course #: 9749 Oct. 6

Soap Making - Stress Away Soap Crafts

If you've ever been afraid to try a class because you don't feel "artistic," this class is for you. It's fun and easy to mix, mold and create beautiful glycerin soaps. Discover how to combine colors, fragrances, lavender, oatmeal, peppermint and even catnip! Make romantic Victorian soaps, beautiful holiday gift sets and playful garden scrubbies! You'll also learn to create gorgeous unscented soaps for fragrant-sensitive people. This is a hands-on class. Please bring an empty shoebox with a lid.

Course #: 9815
Time: 10:00 am - 12:30 pm
When: Saturday, Nov. 3
Instructor: Leiann Ronnestad
Location: Jennings Park Barn
6915 Armar Road
Age: Adult, 16 and older
Cost: \$30 Material fee: \$5

Marysville Parks & Recreation invites you to BECOME A VOLUNTEER!



Whether you are a group of 1 or 101, we can assemble a project that will be meaningful and fun. We host Scouts, civic groups, school groups, church groups, business groups, families, etc. Here are project ideas - or suggest your own!

- *Tree planting
- *Wetland Cleanup
- *Landscaping/Flowers
- *Painting picnic tables and benches
- *Trail/Path Maintenance
- *Bulb Planting



Get involved now!

Contact Parks Maintenance Mgr. Mike Robinson
(360) 363-8406 or mrobinson@marysvillewa.gov

Instructor SPOTLIGHT

Meet Daniel Jolly
Photography Instructor

Ever wanted to take pictures like an expert? Come learn from an expert! Daniel Jolly has been working with photography since he started at Clear Image during his college years. Many years later, Daniel runs two businesses and has 3 children, but still finds time to teach classes with Marysville Parks and Recreation.



Daniel started teaching because he felt there was a need for this type of information. "My favorite is probably the Photoshop class because of all the "wows" I get, but the DSLR class is by far the most popular. So many people have digital SLR cameras and don't know how to use them." His students learn how to use Photoshop, operate a DSLR, and take spectacular photos with a basic point and shoot camera. "My classes are not full of hype, but they are full of information, so bring your notebook and caffeine!"

Photography Basics and Your Point and Shoot Camera

Photographer Daniel Jolly of Clear Image teaches this basic photography course. Understand how to use your different camera settings to get the best possible shot. Know how your camera thinks so you can manipulate it and have better control over your image. Bring your own camera (and manual if you have it) for hands-on help and lots of tips. We will also touch on the basics of photography, and how to implement them with a point and shoot camera.

Course #: 9792
Time: 6:00 - 8:00 pm
When: Monday, Oct. 22
Instructor: Daniel Jolly
Location: Clear Image Classroom, 9023 State Ave. Ste A
Age: Adult, 16 and older
Cost: \$25

Photography 101 and Your DSLR

You bought the nice digital camera with interchangeable lens and "pro" features - now what? Photographer Daniel Jolly of Clear Image will discuss the basic principles of photography including aperture, shutter speed, ISO, perspective and how to use all this information for great photos. Come with questions, your camera and the manual!

Course #: 9793
Time: 6:00 - 9:00 pm
When: Monday, Oct. 29
Instructor: Daniel Jolly
Location: Clear Image Classroom, 9023 State Ave. Ste A
Age: Adult, 16 and older
Cost: \$45

Decluttering, Decisions and Downsizing for Seniors

Are you ready to downsize after many years in one home with a large accumulation of belongings and special keepsakes? Do you feel overwhelmed and are not sure how to begin the process of deciding what to keep and what to let go? Join Professional Organizer Monika Kristofferson as you learn how to create goals for your space, how to make decisions on what to keep and let go, proper storage for keepsakes, what to do with collectable and much more! Anyone needing to downsize or just declutter won't want to miss this informative workshop.

Course #: 9816
Time: 6:00 - 7:30 pm
When: Thursday, Sept. 20
Instructor: Efficient Organization
Location: Marysville Library Large Meeting Room
6120 Grove St.
Age: Adult, 18 and older
Cost: \$22

Get Psyched About Color

Learn the effects color has on our mood, emotion and behavior. Find out the meaning of color, and the colors to paint a room to achieve a certain feeling in your space. Discover the tremendous impact color has on our lives. We'll also discuss the new color trends of 2012. Get ready to be inspired!

Course #: 9841
Time: 6:00 - 7:30 pm
When: Thursday, Sept. 27
Instructor: Kelly DuByne, Distinctive Interior Designs
Location: Marysville Library Large Meeting Room
6120 Grove St.
Age: Adult, 18 and older
Cost: \$22

Declutter and Decorate:

Live in your home, love your home!

Professional Organizer Monika Kristofferson will teach you how to tackle clutter and discover strategies for letting go of excess belongings so you can clear space in your home, relieve stress and enjoy the belongings you love from professional organizer, Monika Kristofferson. Then discover decorating secrets to create a home that makes you happy from interior designer, Kelly DuByne. Learn how to work with the space you have, work within your budget and easy strategies for shopping for décor that creates a comfortable space you love.

Course #: 9819
Time: 6:00 - 8:00 pm
When: Thursday, Oct. 18
Instructor: Monika Kristofferson & Kelly DuByne
Location: Marysville Library Large Meeting Room
6120 Grove St.
Age: Adult, 18 and older
Cost: \$30



Organize Your Kitchen for the Holidays

Learn how to organize your kitchen and pantry so you will have what you need at your fingertips to cook, bake and entertain in your kitchen easily. You will discover kitchen layout options, lighting options and guidelines for organizing your pantry, refrigerator, cupboards and drawers.

Course #: 9817
 Time: 6:00 - 7:30 pm
 When: Thursday, Nov. 8
 Instructor: **Monika Kristofferson, Efficient Organization**
 Location: Marysville Library Large Meeting Room
 6120 Grove St.
 Age: Adult, 18 and older
 Cost: \$22

Creative Ways to Inject Color Into Your Home

There are more ways than just paint to add color to your home. Join professional interior designer Kelly DuByne as you learn how accessories, furniture and art can add color in small doses to really have an impact in your home.

Course #: 9842
 Time: 6:00 - 7:30 pm
 When: Thursday, Nov. 15
 Instructor: **Kelly DuByne, Distinctive Interior Designs**
 Location: Marysville Library Large Meeting Room
 6120 Grove St.
 Age: Adult, 18 and older
 Cost: \$22

The Significance of Color

Learn about how color plays an important role in our lives. We'll talk about the theory behind colors, which colors to use to achieve certain feelings, and how to incorporate colors into your home using paint and accessories. Learn about current color trends and how they are reflected in everything from our home decor, to clothing, and even the color of our vehicle.

Course #: 9843
 Time: 6:00 - 7:30 pm
 When: Thursday, Dec. 6
 Instructor: **Kelly DuByne, Distinctive Interior Designs**
 Location: Marysville Library Large Meeting Room
 6120 Grove St.
 Age: Adult, 18 and older
 Cost: \$22



Medicine Cabinet Makeover

Learn natural solutions to the modern-day medicine cabinet! If you have a medicine cabinet that is full of old lotions and potions you haven't used in years, discover the healing powers of essential oils, flowers and herbs. Nissa Brandt, owner of Holistic Haven, will provide tons of useful information. Included is a lesson on making your own healing balm that you can take home after class.

Course #: 9877
 Time: 6:30 - 8:30 pm
 When: Wednesday, Sept. 19
 Instructor: **Nissa Brandt**
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 16 and older
 Cost: \$25 Material fee: \$10



Naturally Clean Home: A Cleaning Cabinet Makeover

There are many reasons to go natural when it comes to your cleaning products. Concerns over exposure to toxins and vapors are ever present. Nissa Brandt, owner of the Holistic Haven, will educate you with effective recipes to replace your current inventory of cleaning supplies, resulting in a happier home. Nissa will also demonstrate how to make an economic laundry soap that is scented with your choice of essential oils.

Course #: 9878
 Time: 6:30 - 8:30 pm
 When: Wednesday, Oct. 10
 Instructor: **Nissa Brandt**
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 16 and older
 Cost: \$25



Natural Foods for Healing

Discover the secrets of natural healing foods. Learn how to shop for "super foods" in your local grocery store and avoid foods that block healing and affect your immune system negatively. This class is full of terrific information and recipes. Learn how to make healthy smoothies, tonics and teas. Sample a variety of healing snacks, too.

Course #: 9879
 Time: 10:00 am - 1:00 pm
 When: Saturday, Oct. 20
 Instructor: **Nissa Brandt**
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 16 and older
 Cost: \$42 Material fee: \$10



NEW! Your Body in Fat Burning Mode

Want to learn how to feel better, get healthy and lose weight without counting calories? Kelly Hudson of Chirocare will share the latest in nutrition, getting your body into a steady fat-burning mode and easy steps to maintain a daily routine for success. Achieve all of this without having to purchase fad products or books.

Course #: 9900
 Time: 6:30 - 7:30 pm
 When: Monday, Oct. 15
 Instructor: Kelly Hudson
 Location: Chirocare
 9528 State Ave., Suite B
 Age: Adult, 18 and older
 Cost: \$12

NEW! Better Health for Everyday

This workshop offers practical nutritional advice along with a program designed especially for you. Topics include whole foods, minerals and nutrient depletion and deficiencies within our own eating. The body has the full potential to repair itself when given the right nutrients. A nutrition response testing demonstration and healthy snacks will be provided.

Course #: 9901
 Time: 6:30 - 7:30 pm
 When: Monday, Oct. 22
 Instructor: Kelly Hudson
 Location: Chirocare
 9528 State Ave., Suite B
 Age: Adult, 18 and older
 Cost: \$12

NEW! Get Motivated for Fitness!

Finally get yourself on the road to fitness! ACE certified personal trainer Tracey Mackie has more than 18 years experience helping clients get motivated to exercise. In this workshop, learn how a personal training session works, how to get an assessment of your current fitness level and the benefits of a good cardio and strengthening program. Discussion includes overcoming fears from past experiences, psychology of motivation and discovering your fitness personality. Questions are welcome!

Course #: 9951
 Time: 10:00 - 11:00 am
 When: Saturday, Sept. 22
 Instructor: Tracey Mackie
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 12 and older
 Cost: \$10

Introductory Kettlebell Workout



This introductory course is perfect for all fitness levels new to the kettlebell program. Once you have completed this session, you may continue with the beginner courses or move into the regular intensity class. Contact the Parks Office for suggestions on where to buy kettlebells.

Time: 7:30 - 8:00 pm
 When: Tuesday/Thursday
 Instructor: Tracey Mackie
 Location: Jennings Park Barn
 6915 Armar Road
 Age: Adult, 16 and older
 Cost: \$42



Tracey Mackie

Course #: 9734 Sept. 4-27 (No class on Sept. 18)
 Course #: 9735 Oct. 2-30 (No class on Oct. 16 or 23)
 Course #: 9736 Nov. 1-29 (No class on Nov. 20 and 22)
 Course #: 9737 Dec. 4-20 (*Registration fee \$30 due to holidays.)

Kettlebell Workout



This kettlebell workout is the perfect way to get fit in just 30 minutes. This class is for those who have already taken the introductory course or who want a more regular to intense workout. Recommended kettlebell weights include 10 lbs. for women and 15 lbs. for men.

Time: 7:00 - 7:30 pm When: Tues. & Thurs.
 Instructor: Tracey Mackie
 Location: Jennings Park Barn, 6915 Armar Road
 Age: Adult, 16 and older
 Cost: \$42

Course #: 9724 Sept. 4-27 (No class Sept. 18)
 Course #: 9725 Oct. 2-30 (No class Oct. 16 & 23)
 Course #: 9726 Nov. 1-29 (No class Nov. 20 & 22)
 Course #: 9733 Dec. 4-20 (*Registration fee \$30 due to holidays.)

Early Morning and lunch time sessions are available. Please call for details at (360) 363-8450.

Work Your Core!



Jill Losick of Chirocare will take your abs on a 30-minute adventure every week toward strength and stability! Come work your abs, back, glutes and hamstrings in a concentrated session. Having a strong core is great for your back and will help you gain balance, stability and body control. Bring a stability ball to class and a mat (optional) for comfort.

Time: 6:30 - 7:00 pm When: Tuesday
 Instructor: Jill Losick
 Location: Chirocare, 9528 State Ave., Ste. B.
 Age: Adult, 18 and older

Course #: 9954 Sept. 4-25 Cost: \$24
 Course #: 9955 Oct. 2-30 Cost: \$30
 Course #: 9956 Nov. 6-27 Cost: \$24
 Course #: 9957 Dec. 4-18 Cost: \$18

Instructor SPOTLIGHT

Meet Indigo Belly Dance instructor

Indigo has years of dance experience including competitive modern dance, color guard, belly dancing, and most recently, hoop dance. "I loved dancing right away. I was lucky to be pushed and I learned how to train as a dancer and push myself," Indigo said. Through Marysville Parks and Recreation, Indigo has taught many classes; it's rewarding for her to pass along skills to her students. "I love knowing hooping students will be able to take what they have learned outside to the park or beach and enjoy themselves."

When Indigo isn't teaching or dancing she enjoys growing veggies, spending time in nature, making juice and spending time with her 3-year-old daughter.



Belly Dance

Whether new to belly dance or an experienced dancer, you will love learning the music, culture, dances and movement from Egypt, Spain, Turkey and India. This fusion of Belly Dance taught by Indigo will inspire you to develop a new mind-body connection as you sway your hips, hands, arms and torso to beautiful music. Develop grace and a stronger body while having fun! Hip scarves and veil are not required, but are suggested. The instructor will be able to suggest purchasing options.

Time: 8:00 - 9:00 pm When: Mondays
 Instructor: Indigo
 Location: Community Center, 514 Delta Ave.
 Age: Adult, 14 and older
 Cost: \$54

Course #: 9839 Sept. 17-Oct. 29 (No class Oct. 8 or 22)
 Course #: 9840 Nov. 5-Dec. 10 (No class Nov. 12)

Hoop Dance Workshop with Indigo

Hoop Dance with Indigo is a fun, safe, effective and low impact aerobics which moves your entire body and burns calories. Class begins with a Yoga inspired warm up. You will then learn the basics of hooping, adding movements progressively throughout class. The first hour is a structured class with the second hour being a Hoop Dance party where you will get to try out and explore all of your new moves. You will walk away from class feeling energized, relaxed and excited about getting out and hooping! Hoops provided for class are available for purchase.

Time: 3:30 - 5:00 pm When: Sunday
 Instructor: Indigo
 Location: Marysville Library L. Meeting Rm. 6120 Grove St.
 Age: Adult, 15 and older
 Cost: \$10

Course #: 9880 Oct. 7
 Course #: 9881 Nov. 4

Salsa Dance

Learn to Salsa in this energetic and exciting dance class with instructor Wendy Messarina-Volosin. For couples or individuals, you will love learning the steps of Salsa, moving to upbeat music, discovering Latin culture and even speaking some Spanish. Relieve stress, boost your energy, get fit and Salsa!

Course #: 9886
 Time: 7:00 - 8:00 pm
 When: Wednesday, Oct. 3-24
 Instructor: Wendy Messarina
 Location: Community Center, 514 Delta Ave.
 Age: Adult, 14 and older
 Cost: \$45
 Age: Adult, 16 and older



Square Dance - Modern Western

Learn modern square dancing while you socialize and make new friends. Dancing is in sessions with brief breaks. Water and coffee will be available in class. There will be several experienced dancers to assist in class.

Course #: 9790 (Session 1)
 Time: 7:00 - 9:00 pm
 When: Mondays, Sept. 10-Nov. 14
 (Class will not be held on Monday, Oct. 8 but will be held on Wednesday, Oct. 10. Class will not be held on Monday, Nov. 12. A make up class will be held on Wednesday, Nov. 14.)

Course #: 9791 (Session 2, must have enrolled in Session 1 to register for course)

Time: 7:00 - 9:00 pm
 When: Mondays, Nov. 19-Feb. 4
 (Class will not be held on Dec. 24, 31, Jan. 21. A make up class will be held on Wednesday, Jan. 23.)

Instructor: Happy Hoppers
 Location: Totem Middle School Cafeteria
 1605 7th St. NE
 Age: Adult, 16 and older*
 Cost: \$60

*Registration for ages 8-15 are \$30 when accompanied by a registered adult.

Meditation Series



Instructor
Tonya Miranda

Are you seeking greater peace and joy, improved concentration, less stress and a feeling of being more present in your life? Tonya will present an overview of meditation techniques during this 4-week session. By the end of the series, you will have tools to continue a meditation practice at home or continue your practice at future sessions with Tonya. Class includes a combination of discussion and guided practice. Bring a blanket/mat, optional pillow and wear comfortable clothing.

Time: 5:30 - 6:30 pm
 When: Tuesdays
 Instructor: Tonya Miranda
 Location: Community Center, 514 Delta Ave.
 Age: Adult, 16 and older
 Cost: \$30

Introduction to Meditation

Are you seeking greater peace and joy, improved concentration, less stress, and a feeling of being more present in your life? Tonya will present an overview of meditation techniques during this 4-week session. Bring a blanket or mat, optional pillow and wear comfortable clothing.

Course #: 9874
 When: Tuesdays Sept. 4-25

Group Meditation

Whether you are new or experienced in meditation, you can benefit from the supportive environment of practicing in a group setting. Includes guided meditation, introduction to new techniques and assistance in developing your own personal practice.

Course #: 9875
 When: Tuesdays Oct. 2-30 (No class on Oct. 16)

Meditation for Deep Relaxation

Learn meditation techniques that lead to deep relaxation and stress release. There is no need to have any experience or prior knowledge to participate and enjoy this class. Participants may either lie on the floor or be seated.

Course #: 9876
 When: Tuesdays Nov. 6-27



Yoga Instructor Janette Wiseman

Yoga at the Barn

Join Janette Wiseman, RYT, in this Vinyasa style fitness yoga class as you reduce stress, feel invigorated, increase range of motion, build strength and improve balance. Class is taught as a multi-level continuous flow of standing, twisting, sitting and balancing poses, ending with relaxation. Tone your body, relax the mind and increase flexibility while gaining confidence in yourself. Modifications are always given. Yoga experience is helpful but not required. Please bring a blanket, towel and mat.

Time: 5:30 - 6:30 pm
 When: Tuesday and Thursday
 Instructor: Janette Wiseman
 Location: Jennings Park Barn
 6915 Armar Road
 Age: Adult, 16 and older
 Cost: \$49

Course #: 9799 Sept. 4-Oct. 4
 Course #: 9800 Oct. 2-25 (No class on Oct. 23)
 Course #: 9801 Nov. 1-29 (No class on Nov. 22)
 Course #: 9802 Dec. 4-27 (No class on Dec. 25)

Yoga for Relaxation

Join instructor Janette Wiseman, RYT/ACE, in this relaxing class. Janette will guide you first through a 5- to 10-minute relaxation session then proceed to instruct you in slow moving, repetitive, gentle yoga poses that emphasize stretching and balance. This class is taught at a pace that helps you wind down from a busy day. You will observe your own inner peace, flexibility and agility through continuous practice over time. It is a perfect way to relieve stress, tone your body and be the person you truly want to be. Please wear comfortable clothing and bring a yoga mat and blanket.

Time: 5:30 - 6:30 pm
 When: Wednesday
 Instructor: Janette Wiseman
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 16 and older
 Cost: \$27

Course #: 9795 Sept. 5-26
 Course #: 9796 Oct. 3-24
 Course #: 9797 Nov. 7-28
 Course #: 9798 Dec. 5-26

Self-Defense for Women

Kung Fu Northwest will take you on a fun, yet focused exploration of women's self-defense. Participants will have opportunities to participate and practice with others in a relaxed, safe and supportive group environment. Water and healthy snacks will be provided.

Time: 11:00 am - 1:00 pm
 When: Saturday
 Instructor: Carl Doup
 Location: Kung Fu 4 Kids Academy
 804 Cedar Ave.
 Age: Adult, 14 and older
 Cost: \$25

Course #: 9884 Oct. 20
 Course #: 9885 Nov. 17

NEW! Golf Swing Flexibility

Join Dr. Doug Nordstrom in this informative course as you learn about bio-mechanics to improve your golf swing. Learn the anatomy related to your swing and how flexibility or lack of flexibility can limit your swing. In addition, learn stretches and exercises for flexibility and strength to help you retain your golf swing through the winter. Please bring a towel for the floor and wear comfortable clothes for learning stretches.



Instructor
 Dr. Douglas Nordstrom

Course #: 9940
 Time: 6:30 - 8:30 pm
 When: Thursdays, Oct. 4-11
 Instructor: Douglas Nordstrom,
 B.S., D.C., C.C.E.P
 Location: Marysville Library Large Meeting Room
 6120 Grove St.
 Age: Adult, 16 and older
 Cost: \$30

Get Off Your Couch and Run! Jingle Bell Run

Train for your first 5k Saturday mornings! This beginning running class is for people who are not currently runners or who have not run in a while. Walkers are more than welcome! Come the first day of class ready to hit the road. Class starts slow, so anyone can do it! Price includes a free weekly bootcamp class. During this class you will train for the Jingle Bell Run in Seattle on Sunday, Dec. 9. Race entrance fees are not included.

Course #: 9929
 Time: 8:00 - 9:00 am
 When: Saturdays, Oct. 13-Dec. 8 (No class on Nov. 24)
 Instructor: Tory Klementsén
 Location: Jenning Park Pavilion
 6915 Armar Road
 Age: Adult, 16 and older
 Cost: \$75

Instructor SPOTLIGHT

Meet Suzanne Barrett
 Zumba Instructor

Suzanne Barrett has been teaching Zumba for 4 years and enjoys the variety of dance it incorporates. "I have dancing in my blood, just something that is part of me, so when I discovered Zumba five years ago I was hooked," she said. Suzanne spent the summer teaching Zumba outside in Jennings Park and ZumbAtomic for kids. "My goal is to help people reach their fitness goals and encourage them to get healthy and dance," Suzanne said.



Zumba is not the only thing that keeps Suzanne busy. A mother of four, Suzanne enjoys spending time with her family. "We all love to get outdoors in the summer: concerts, hiking, the beach, farmer's markets, or just hanging out at home," Suzanne said.

Zumba Toning

Ditch the workout and join the party with this fusion of Zumba and Zumba Toning! When it comes to body sculpting, Zumba Toning raises the bar (or rather, the toning stick). It combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba moves to create a calorie-torching, strength-training dance fitness party. Students learn how to use lightweight, maraca-like toning sticks to enhance rhythm and tone all the target zones including arms, abs, glutes and thighs. Zumba Toning is the perfect way to sculpt your body naturally while having a total blast. Optional materials are available for purchase at class.

Time: 5:30 - 6:30 pm
 When: Tuesdays and Thursdays
 Instructor: Suzanne Barrett
 Location: Community Center, 514 Delta Ave.
 Age: Adult, 14 and older

When: Tuesdays and Thursdays
 (These classes you can attend BOTH days)
 Cost: \$40
 Course #: 9810 Sept. 4-27
 Course #: 9811 Oct. 2-30
 Course #: 9812 Nov. 1-29 (No class on Nov. 22)
 Course #: 9813 Dec. 4-27 (No class on Dec. 25)

When: Tuesdays or Thursdays
 (These classes you pick EITHER Tuesday or Thursday)

Cost: \$28
 Course #: 9944 Sept. 4-27
 Course #: 9945 Oct. 2-30
 Course #: 9946 Nov. 1-29 (No class on Nov. 22)
 Course #: 9947 Dec. 4-27 (No class on Dec. 25)



Zumba Gold for Ages 50+

A special Zumba class just for those age 50+ Same moves, just not as fast or intense. Must be registered within 24 hours of first day of class.

Time: 9:00 - 10:00 am
 When: Tuesday and Thursday
 Instructor: Tamara Robbins
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 50 and older
 Cost: \$45



Instructor
Tamara Robbins

Course #: 8995 Sept. 4-27
 Course #: 8996 Oct. 2-25
 Course #: 8997 Nov. 1-29 (No class on Nov. 22)
 Course #: 8998 Dec. 4-18



COMMUNITY CENTER ACTIVITIES

Give Up Smoking with Hypnosis

As a way to quit smoking, hypnosis is a popular method. Many factors keep a person smoking. Join Hypnotherapist Kimberlee Danielson to find out why hypnosis works and why other methods fail to break the addiction successfully.

Course #: 9890
 Time: 7:00 - 9:00 pm
 When: Tuesdays, Oct. 9-23
 Instructor: Kimberlee Danielson
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 18 and older
 Cost: \$75

Hypnotherapy for Weight Loss

Find out how to manage your weight with hypnosis. Hypnotherapist Kimberlee Danielson will teach you why diet, willpower, goals and a positive attitude are not enough to take weight off and keep it off. This class will address many of the reasons why extra weight happens and how our minds can tell the body to release the extra weight for good. With a focus on both losing weight and motivation to exercise, you do not want to miss this class. Please wear comfortable clothing and bring a blanket or mat and pillow to class.

Course #: 9888
 Time: 7:00 - 8:30 pm
 When: Tuesdays, Nov. 6-27
 Instructor: Kimberlee Danielson
 Location: Community Center
 514 Delta Ave.
 Age: Adult, 18 and older
 Cost: \$100



Marysville's Ken Baxter Community Center in downtown Comeford Park offers recreation and social activities, as well as educational opportunities and intergenerational programs catering to all ages. Friendly Community Center staff and volunteers are available to

help you discover ways that make the Community Center your home away from home.

A variety of activities are offered this fall including:

- ◆ Aerobics
- ◆ Clogging
- ◆ History Discussion
- ◆ Grief and Loss Support Group
- ◆ Genealogy
- ◆ Canasta
- ◆ Pinochle
- ◆ Bridge
- ◆ Zumba Gold
- ◆ Driftwood Sculpture
- ◆ Gourd Arts
- ◆ Wood Carving
- ◆ Scrabble
- ◆ Mah Jongg
- ◆ Defensive Driving
- ◆ Legal Assistance
- ◆ Chair Massage
- ◆ Book Club
- ◆ Movie Day
- ◆ Trips
- ◆ Special Events



Hours are 9 a.m.-4 p.m. Monday through Thursday, and 9 a.m.-noon on Friday. For more information, call the Center at (360) 363-8450.



Adventures and Tours with Recreation Without Borders

Get ready for adventure! Choose the tour and Recreation Without Borders will take care of all the details. From the comfortable van ride, to the exciting locations, to the wonderful staff, you will be sure to have a great time on your worry-free day. Tours are for adults and family members ages 12 and older (under 18 must attend with a registered adult).

Go places with trips and tours offered by Recreation Without Borders! For all trips, remember:

- ✓ Meet at Marysville Municipal Court Parking Lot located at 1015 State Ave. in Marysville.
- ✓ Bring money for food and purchases.
- ✓ Bring snacks for the van ride, too.
- ✓ Wear weather-appropriate clothing and comfortable walking shoes.
- ✓ Bring completed Recreation Without Borders release forms. Form and supplies lists are available online at: <http://recreationwithoutborders.com>

New Day Northwest, Colorful Ballard and Nordic Heritage Museum

Ya sure, ya betcha this is going to be one fun trip! First stop: KING-5 TV, home of the live taping of New Day Northwest hosted by Margaret Larson. New Day is a wonderful local magazine-style show that focuses on newsmakers, lifestyle, food, fitness and wellness, books, music and much more. After this fun experience we will venture up to Ballard. Once here you will be given plenty of time to enjoy a delicious no-host lunch as well as browse the wonderful selection of boutiques, shops and more on Market Street. We'll then head over to the Nordic Heritage Museum. Founded in 1980, it is the only museum in the United States to honor the legacy of immigrants from the five Nordic countries of Denmark, Finland, Iceland, Norway and Sweden. Our final stop will be a traditional Swedish bakery!

REGISTRATION DEADLINE Wednesday, Sept. 5.

Course #: 9848 Time: 8:30 am - 4:30 pm
When: Wednesday, Sept. 12 Cost: \$59

14th Annual Skagit Valley Festival of Family Farms

Every October the family farms of Skagit Valley welcome visitors and open their barns and lifestyles for this one-of-a-kind event! Local farmers dedicated to producing high quality products as well as sustaining the environment, will have hands-on demonstrations and exhibits explaining what it takes to run a farm, from growing crops to feeding animals. It's a unique opportunity to talk to the farmers and follow food from the fields to the table! There will be lots of fun-filled activities for all ages including corn mazes and pumpkin patches, too! And of course, the best fruits, veggies, cheeses, baked goods, wines and more to purchase!

REGISTRATION DEADLINE Friday, Sept. 28.

Course #: 9849 Time: 9:30 am - 5:00 pm
When: Saturday, Oct. 6 Cost: \$50

A Victorian Country Christmas

It's time to start celebrating the holiday season! Join us today as we head to the Western Washington Fairgrounds in Puyallup and step back in time at the 25th Annual Victorian Country Christmas Festival. Transformed into a Victorian village, the fairgrounds feature old-fashioned streets lined with over 530 Victorian stores, all tended by shopkeepers in Victorian attire. In addition, holiday music fills the air as live musicians stroll through the festive selection of Christmas décor and animated displays. Lastly, an amazing array of outstanding holiday entertainment awaits you! Start making your lists and checking them twice 'cause this is one event you won't want to miss!

REGISTRATION DEADLINE Wednesday, Nov. 21.

Course #: 9850 Time: 9:00 - 4:30 pm
When: Wednesday, Nov. 28 Cost: \$68



Granville Island and Botanical Gardens Festival of Lights

Always a sell out! Today we head north to Vancouver and visit two of its most popular holiday destinations. First stop: Granville Island. Brimming with good tidings, good cheer and good food, you will have lots of time to shop and enjoy a no-host meal here. Next we head over to the Van Dusen Festival of Lights. Every year the garden is transformed into a winter wonderland complete with elves, candy canes, dancing lights, amazing choreographed light shows, strolling carolers and so much more! Lastly, on our drive home we will take a few detours through some wonderful neighborhoods and see all the local displays. **Please note: Valid passport or DMV enhanced approved driver's license is required to cross the border.**

REGISTRATION DEADLINE Thursday, Dec. 6.

Course #: 9851 Time: 12:30 - 9:00 pm
When: Thursday, Dec. 13 Cost: \$70

Cedarcrest Golf Course is Snohomish County's most-established public golf facility. Enjoy a round of golf on one of Washington's premier municipal golf courses. The course is just the beginning. From captivating mountain views and the Puget Sound, to the professional Pro Shop and relaxed pub-style restaurant, Cedarcrest has everything you need to make your visit one to remember.



Cedarcrest Ladies Club members. From left, Laraine Taplin, Merrille Howard and Mary Archambault

Course Features:

- * Senior Age Discount 55 years+
- * Bleachers Grill at Cedarcrest - pub menu
- * Seasonal outdoor dining
- * Cart fleet featuring new Yamaha golf carts
- * PGA Certified Instructor
- * Outstanding Pro Shop

Cedarcrest Pro Shop has all the necessary equipment to make your golf experience complete.

- * Brand name, all season apparel like Monterey Club, Ping and our course brand
- * Large selection of shoes, golf clubs, balls, tees, hats, golf bags and souvenir gifts
- * Friendly staff of professionals to assist you

(360) 363-8460

Book Online

www.CedarcrestGC.com

6810 84th Street NE
Marysville, WA 98270



For those non-golfers who want to visit the Cedarcrest Golf Course?

Join the fun as a spectator for one of the best Cross Country courses in the state.

Cedarcrest Golf Course is hosting the 6th Annual Twilight XC Invitational starting at 2 p.m. on Saturday, Sept. 29. Come check out a fast-paced Cross Country meet with over 2,000 athletes and just as many spectators that concludes with our open race, under the lights. The 5k Race, incorporates glow sticks under



the lighting of 25 large light towers. It's a fun time for everyone. Tickets can be bought at the course: \$2 for students, \$4 for adults, \$10 for families of 3 or more.

This is a tuneup for the WESCO XC Championships that will also take place at Cedarcrest Golf Course on Thursday, Oct. 18.

LET'S PLAY 9

This coming fall we invite you to take advantage of our new promotion, LET'S PLAY 9. Try our perfect program at Cedarcrest to stay on the course. Don't have time for 18 holes? Join us for our LET'S PLAY 9 specials through the fall months. Call the Pro Shop (360) 363-8460 for details and special pricing.

Cedarcrest Golf Course fall/early winter specials



Golf Insider Magazine has noted Cedarcrest Golf Course as one of the best local courses for a great fall golf experience.

Enjoy perfect greens, great seasonal rates on passes and holiday discounts in our full service Pro Shop. Thinking of a group or business tournament event? We have fantastic pricing for golf, food and beverage packages. Book an event with us today!

Score with these great fall/winter deals!

Purchase \$100 or \$200 of merchandise in the Pro Shop and play 9 or 18 holes for free.

Fall daily play rates begin Oct. 1.

Fall Passes Monday-Friday play through 2012

Fall Regular Adult Pass	\$275 + tax
Fall Senior Pass	\$200 + tax
Youth Pass (3 month)	\$175 + tax
Seasonal Winter Pass	
Unlimited Golf (Oct.-Dec.)	\$390 + tax



Annual passes for 2013 go on sale Dec. 1!

Holiday gifts? Consider Cedarcrest logo apparel, a new putter, bag or shoes for under the tree or Titleist balls for a stocking stuffer. Shop early for great gift ideas. Free gift wrapping!

Cedarcrest Winter Rates Valid Oct. 1, 2012-May 31, 2013

Weekdays M-F (excl. holidays)	18 holes	9 Holes
Regular Rate	\$27	\$16
Senior (55 Years)	\$23	\$15
Military	\$23	\$16
Junior	\$15	\$15
Early Bird (Before 8 am)	\$23	N/A
Twilight	\$21	N/A
Weekends Sat./Sun. & holidays)		
Regular Rate	\$30	\$16
Twilight Rate (after 2pm - Oct. 31)	\$21	N/A
Cart Fees		
Regular Rate	\$14	\$8
Twilight	\$9	\$8
Pull Cart	\$6	\$6
Trail Fee	\$8	\$8

Marysville Parks & Recreation Registration Form

REGISTRATION MADE EVEN EASIER!



ONLINE

Register online at *Marysville ePlay*.
<http://marysvillewa.gov>

CANCELLATIONS

If your class is canceled, we will notify you by phone. You will receive a full refund if the class is cancelled.



MAIL

Complete this Registration Form below. Please include check or money order payable to: "City of Marysville" for the amount of class(es) and mail to: **Marysville Parks and Recreation**
6915 Armar Road
Marysville, WA 98270

REFUNDS

- Written request for refund received in the Parks & Recreation Office no less than 10 working days prior to the first day of class will be refunded, less a \$5 administrative fee.
- Refunds take a minimum of 15 days to process.



WALK IN

Register in the Parks and Recreation Office located in Jennings Memorial Park.

A separate form is required for the following:

- Youth Basketball
- Summer Camps
- Spring Soccer
- Athletic Camps



CALL US

(360) 363-8400 for more details.
 FAX (360) 651-5089

MARYSVILLE PARKS & RECREATION REGISTRATION FORM
Registration Form Per Person/Family

Please print & fill out completely

NAME (Parent or Guardian if under 18) _____

ADDRESS _____

HOME PHONE _____ DAYTIME PHONE _____

EMAIL _____

Yes, I would like to receive Parks & Recreation email updates

PARTICIPANT NAME	BIRTH-DATE	M/F	COURSE #	CLASS/PROGRAM	DATE(S)	TIME	FEE

For and in consideration of the opportunity offered to participate in the above named activity offered by the Marysville Parks and Recreation Department, I, as evidenced by signature, do hereby hold harmless, release and waive all claims I/my child may have against the City of Marysville, its officials, employees, agents or contracted instructors, and any other person(s) involved in the above named activity/activities for any and all injuries, losses or damages suffered by me or my child as a result of our participation in the above named activity/activities. I accept full responsibility for the cost of treatment for any injury, losses or damages suffered.

I grant to the City of Marysville, its representatives and employees the right to take photographs of me and my property in connection with the above-registered program. I authorize the City of Marysville, its assigns and transferees to copyright, use and publish the same in print and/or electronically. I agree that City of Marysville may use such photographs of me with or without my name and for any lawful purpose, including for example such purposes as publicity, illustration, advertising and Web content.

I have read and understand the above:

SIGNATURE: _____ DATE: _____

PARENT/GUARDIAN SIGNATURE (if under 18): _____

TOTAL FEES: _____

Amount Enclosed: \$ _____

- Check #
- Money Order
- Cash (*Please do not mail cash.*)
- Visa/MasterCard

Upon receipt of this Registration Form a staff member will contact you for your credit card payment information.

Summer/Fall 2012

156th Street Overcrossing looking like an overpass



With work nearly completed on the approach embankments, retaining walls and setting steel rebar for the bridge deck over I-5, the 156th Street Overcrossing is starting look a lot more like an overpass.

Construction on the Lakewood Triangle Access/156th Street I-5 overcrossing project in Marysville is proceeding on schedule for a September opening. The overpass will connect Smokey Point Boulevard with Twin Lakes Boulevard and Lakewood. For project updates, photos and video clips, visit us on the web at <http://marysvillewa.gov/156th-overcrossing>.



156th Street/I-5 overpass taking shape.

51st Street extension to connect 84th to 88th

Construction is under way for a three-lane extension of 51st Street that will close the gap between 84th and 88th streets to create an uninterrupted north-south route of travel. The City Council awarded a \$1.4 million contract to SRV Construction on June 11 for a road improvement project that has been in the City's transportation plan for years. The project west of Pinewood Elementary adds many school zone improvements besides three traffic lanes, including a bus lane, two bike lanes, curb, gutter and sidewalk.

In addition, a traffic signal at the project's north end will be installed at 88th and 51st, replacing stop signs at the previous three-way stop.

Design was done in house. The goal is to have the project completed by the time the new school year starts, project engineers say.



Laying the sub-surface for 51st extension.

Widening, intersection improvements on track at SR9/SR92

Work is proceeding on schedule for the state Department of Transportation's intersection and widening improvement project at SR9/SR92 in the southeast Marysville area. The project will ultimately reduce congestion and improve traffic flow, adding more lanes, turn pockets and a new traffic signal, with work being done by Lead Contractor Atkinson Construction. Atkinson is also busy in Marysville constructing the 156th Street/I-5 overcrossing. The City of Marysville is partnering with the state Department of Transportation to add a new westbound access point at SR 9 and SR 92, creating a new 40th Street NE corridor in the Sunnyside-Whiskey Ridge area.



Construction crews make improvements to SR9/SR92 intersection. A City break-in access project will extend SR92 west of SR9.

Marysville awarded \$1.7 million in safety, transportation grants

The City of Marysville in June was awarded \$1.7 million in federal Highway Safety Improvement Program grants that will bring needed intersection safety improvements and other features that will move traffic more smoothly.

Here is a general breakdown of how the funds would be spent:

- * State Avenue - 1st to 88th Street - \$1.4 million - Improve traffic signal timing and phasing, visibility of traffic signal heads, better conditions for pedestrians in crosswalks, more illumination, westbound thru/right turn lane.

- * Citywide Intersection Safety Improvements - \$250,000 - Upgrades to pedestrian signal displays at several key intersections, and intersection improvements at 4th and Cedar Avenue.

- * State Avenue - 116th to 128th - \$99,000 - Improve traffic signal timing & phasing, visibility of traffic signal heads, crosswalk improvements, and more lighting along State from 116th to 128th.

"Traffic Engineer John Tatum and the Engineering Division staff did an outstanding job applying for and securing these grants," Public Works Director Kevin Nielsen says. "We're eager to get to work this fall, or as soon as grant timeline requirements allow."

Need to report a foul-smelling odor complaint?

If you live in the Marysville-area and want to report an odor complaint, whether you believe it comes from an agricultural or industrial activity, the City of Marysville asks you to please contact the Puget Sound Clean Air Agency (PSCAA) to help them establish a record of complaints in our community, and to help identify potential originating sources.

www.pscleanair.org

1-800-552-3565, press "6", then leave name, phone number, address and a detailed complaint

It is important to call as soon as you notice the smell so that investigators can track the odor to its source

Mayor, Council honor 2012 Pride of Marysville winners



BEST HOME
Jan & Zed Long



Jan and Zed Long with Mayor



BEST BUSINESS
Windermere Real Estate Office



JAMES COMEFORD AWARD
Jong Kwak, Kwakson LLC



Photos by Doug Buell

Jong Kwak

Homeowners with a well-kept house and yard, a real estate business with curb appeal, and a trendsetting office building in the downtown district were honored by the Mayor and City Council recently as recipients of the first-ever Pride of Marysville neighborhood improvement awards.

The City invited the public to nominate their favorite homes and businesses around Marysville starting last March, with nominees judged on visual enhancement, preservation of neighborhood character and improvements to building and landscaping, officials said. In all, 20 nominations were received.

“We didn’t have to look far to find ‘role model’ homes and businesses that embody the Pride of Marysville award program’s goals,” said Mayor Jon Nehring, who initiated the new award program. “These recipients’ efforts reflect well on our community, enhancing Marysville’s appearance, and hopefully will inspire others to do the same.”

A selection committee reviewed the nominations two weeks ago that included the Mayor, City Councilmember Michael Stevens, Parks Director Jim Ballew, Information Officer Doug Buell and citizen at-large Cheryl Deckard.

Here are the winners:

- **Best Home/Pride of the Neighborhood – Jan and Zed Long.** Awarded to a home that is consistently well-kept, with manicured lawns and colorful landscapes, or enhanced with new paint, landscaping or other significant aesthetic improvements, the Long home on 9th Street near Totem Middle School incorporates all of these assets.

- **Best Business – Windermere Real Estate.** This award goes to business sites conveying the most curb appeal through attractive landscaping and building exteriors, and an overall well-kept appearance.

- **James Comeford Award (Mayor’s Choice) – Jong Kwak Office Building** at Third Street and State Avenue. This award, named after Marysville’s visionary town founder and original trading post operator, is presented to the most-improved home or business in the downtown or waterfront district.

Nehring says that one of the traits that helped the Longs’ house stand out was the look they adopted, the renovations and improvements they made with the addition of landscaping, covered porches and outdoor seating area, and the upkeep they continue to this day are within reach for many other homeowners in the community.

“This could be any home on any street around Marysville,” he said. “The Longs raised the bar in their neighborhood.”

Nehring applauded Windermere Real Estate at Eighth Street and State after they garnered Best Business honors for 2012.

“What you see with Windermere’s building is probably the best example of curb appeal throughout the entire State Avenue corridor,” Nehring said. “The architecture is beautiful, the paint color choices work very well, and above all, the landscaping is very Northwest and creative. As one nominator said, ‘It’s a feast for the eyes!’”

The selection committee agreed. When the City completed the State Avenue road improvement and beautification project from First to Eighth nearly a decade ago, the design was intended to inspire businesses to spruce up their own frontage.

The final award for Mayor’s Choice was bestowed on Jong Kwak with Edmonds-based Kwakson LLC for his office building at the corner of Third and State. “Mr. Kwak took an aging building in the City’s downtown district and made it a trendsetter for other businesses to follow,” Nehring said.

Kwak’s building was the first to apply the City’s revised downtown design standards. The building’s exceptional use of stonework façade, and use of browns and dark reds is a welcome addition to one of the City’s key intersections downtown.

“I believe, and the Committee believed, that for all the focus we are putting on downtown revitalization, we couldn’t think of a better recipient for this award,” Nehring said. The award can go to most improved home or business downtown.

Winners receive individualized wall plaques, as well yard markers to affix in their yard, landscaping or on their building, to share their accolades with passing pedestrians and motorists.

Marysville says goodbye to an aging old friend: circa-1927 Ebey Slough Bridge

Community members, City and state transportation officials, bridge tenders, historians and others met on June 14 to celebrate the life of the 85-year-old Ebey Slough Bridge, share stories of its history, and take one final walk across for the memories.

"Today we come together to pay our respects and say goodbye to a friend," Mayor Jon Nehring told a group of about 60 people at a rare decommissioning ceremony hosted by the Washington State Department of Transportation. "We know that the loss of this bridge will touch many people; it has been a part of our downtown cityscape for decades."

The Ebey Slough Bridge spans more than a waterway; it also spans nearly the entire history of Washington's highway system to date. As part of the last-completed link on the Pacific Highway in Washington, it helped knit together the communities along the route's entire length and played a significant role in the economic and social history of Snohomish County.

"These days, it's easy to take our roads for granted," said Loren Eng, regional administrator for the Washington State Department of Transportation. "Drivers can just hop on I-5 to head out of town and can easily connect to other highways along the way. But when this bridge opened in 1927, it was the only option for drivers headed north or south to Marysville and Everett."

Although the completion in 1969 of Interstate 5 between Everett and Marysville made the old route less essential, it still carries a large number of vehicles for our growing communities.

The Ebey bridge is on the primary commuter route for drivers traveling between Marysville and Everett. Some 17,000 drivers use this stretch of SR 529 each day, and it is a main route for sailors and their families driving to and from Naval Station Everett. In 2009, it was designated as the Yellow Ribbon Highway in honor of active U.S. military personnel living and serving in Washington and deployed overseas.

The new fixed-span bridge, anticipated to open in January 2013, will eliminate congestion caused by bridge openings. The new bridge will also increase safety for bicyclists, pedestrians and drivers using the bridge.

Completed LED Street Lighting Retrofit project will save money, energy, city engineers say

The City of Marysville recently completed a five-month LED Street Lighting Retrofit project that will save money and energy.

"This is a very positive project for Marysville," says Public Works Director, Kevin Nielsen. "There were no construction costs, and we estimate cost savings on power of \$5,125 annually."

The \$82,014 project was completed by contractor Totem Electric of Tacoma.

Marysville will be reimbursed \$12,825 from the Snohomish County PUD for the project, with the remaining \$69,189 reimbursable under the Energy Efficiency Conservation Block Grant that the City was awarded for the project.

The project entailed retrofitting 81 existing street luminaires with LED luminaires at 26 locations around Marysville, City Project Engineer Jeff Laycock says.

Converting from old sodium streetlights to LED lights is a smart move, officials say. Sodium lights tend to last 3-4 years before replacement; LED lights last more than three times as long.



Photo by Doug Buell

Community members, local dignitaries, transportation officials and others take a last walk for the memories across the Ebey Slough Bridge following a decommissioning ceremony on June 14. The higher, new multi-lane fixed span bridge (one wall is pictured right) is scheduled to open in January 2013.

To view video and photos from the decommissioning ceremony, demolition of the old bridge, and latest updates on construction of the new bridge, visit the WSDOT project web page at <http://www.wsdot.wa.gov/projects/sr529/ebeysloughbridge/>.

Many eGovernment ways to interact with City: Web, Facebook, Twitter, etc.

The City of Marysville is always there for you on our website when you need to obtain the latest news and information about programs, services, events, closures, or want to sign up to receive e-mail alerts in your Inbox.

You can also check us out on Facebook. Facebook users can find and "Like" the page through their own accounts by searching for "City of Marysville," accessing the page directly in Facebook, or linking directly at <http://marysvillewa.gov/facebook>. "Follow us" on Twitter.

And don't forget to sign up for Calendar, News updates and any number of other types of alert on the website at marysvillewa.gov. Click on the "Notify Me" button, and you'll be in the know in seconds!



marysvillewa.gov/facebook



[@WA_Marysville](https://twitter.com/WA_Marysville)



marysvillewa.gov/list.aspx for email alerts



iPhone users, download the free Citizen Request Tracker app to report graffiti, potholes, streetlights out and more, along with photos, right from your smart phone



Got a smart phone?

Scan this QR code with your smart phone to view the website by subject, or a view of the full site.

Ride along for a day in the life of a solid waste collector

When City of Marysville solid waste collector Steve Kinney arrives at one of the stops on his route, he can always expect a certain visitor. As he finishes dumping a container at an apartment complex, a young boy runs outside on cue, just to the right of the truck.

“That little kid comes out here every time I pick up,” says Kinney. “He stands out here with no shirt and no shoes on.” Kinney honks his horn and waves at the boy as he pulls out of the apartment complex, his most persistent fan, but not the only child running outdoors or peeking from behind windows fascinated by the “garbage man” and his big white truck with the large robotic arm.

For the seldom seen solid waste collectors up and hitting the road before the crack of dawn, this isn’t the kind of attention to which they’re accustomed.

Everyone puts their trash at the curb in Marysville, one of only two cities in Snohomish County that provides its own garbage service. Few pay attention to their trash after it leaves their kitchens and homes, though. Some may take it out when they leave for work in the wee hours or before they go to sleep at night, but when they get home at the end of the day, the carts and dumpsters are empty.

Garbage pickup is a dirty job, but somebody’s got to do it - good thing you can count on the drivers behind the wheel of the City of Marysville’s white garbage trucks to be there curbside on pickup day.

Here’s a ride-along on a typical day with two of them – one commercial driver, the other residential.

The commercial route

Kinney has worked more than five years with the City, first spending several in the Street Division before moving to the Sanitation Division as one of the seven drivers the City employs. Dressed in his orange long sleeve shirt, baseball cap, work gloves and jeans, he’s ready for the day.

Beginning his shift in the early morning, Kinney picks up commercial containers, large steel bins near restaurants, businesses and apartment complexes. To serve the 644 commercial customers in Marysville, his truck is a front loader, meaning he can dump the container over the truck’s cab and into the hopper.



Photo by Doug Buehl

Solid Waste Collectors Travis Ballou and Steve Kinney taking a break after their routes.

At each stop, Kinney guides the forks of the truck through the sleeves on the side of the container and lifts the bin, dumping black bags of trash and loose debris that eventually settle to the bottom of the truck. Kinney puts the container back in place and presses a button to compress the trash. The packer blade slides from the front of the truck, pushing all the trash to the back.

“Basically as we’re going, you’ll notice I keep packing and packing because if you don’t it won’t compress the garbage enough, and you won’t fit it all for your load,” Kinney says. When the truck stops packing, then you know it’s time for a trip to the dump.

Some stops require Kinney to jump out of the truck and adjust the container.

Public Works Operations Manager Karen Latimer says that some commercial routes require two workers in instances where getting access to the dumpsters and sliding the forks into them, is difficult.

“The drivers may have to physically roll it out and reposition it. When the containers get a little bit bigger and heavier it’s hard for one person to do,” Latimer says. Kinney doesn’t have a partner today. He’s the one who has to jump out of the truck each time it’s needed. Open the gate, unlock containers and roll the big heavy bins out in front of the truck.

At each location, Kinney must be careful of other cars, buildings and electrical wires. “Doing stuff like that is the difference between doing a residential and a

commercial route,” He says. “We have a lot of places we have to back into,” so we need to be alert.

At the end of the day, each driver is required to wash their truck inside and out.

For Kinney, that means getting rid of all the leftover waste that has leaked into the bed of the truck.

“With doing so many restaurants, it leaves this soup in the bottom and if you don’t clean it out it will rust out the truck,” he says. At the end of his shift, Kinney takes a shovel and removes all the liquid and solid waste, making it clean and ready to go for the next morning.

The residential route

Meet Travis Ballou. With more than a decade employed with the City, he is one of the city’s residential collection drivers, and well-experienced with waste collection. Before coming to Marysville, he spent several years working for Waste Management Northwest, which the City contracts with for pickup of recycling and yard waste.

Ballou’s job differs from Kinney’s. While Kinney picks up waste from businesses, schools, and churches, Ballou is one of the crew members who stop curbside in front of houses to collect residential waste. When the neighborhood streets are lined with gray garbage and blue recycling roll carts, you know it’s collection day. The Sanitation Division collects and hauls

See GARBAGE, next page

GARBAGE continued from previous page

garbage for 9,715 residential customers.

At a stop, Ballou spots the gray containers labeled City of Marysville and starts to work. Using a joystick and several buttons, he controls the system with ease, making a complex task look effortless. A claw from the side of the truck reaches for the container and grabs it in its steel hand. Gripped and in place, Ballou lifts the container and dumps its contents into the loading basket in front of the truck. He shakes the can a few times to make sure everything falls out. Once emptied, the bin is set down at curbside or in the owner's driveway, and he moves on to the next house.

At each stop, Ballou indicates in his blue binder a pickup for the day.

Garbage truck drivers carry route books each day to help track whether customers left their containers out for pickup, Latimer says.

Once the day's routes are finished, it's off to the dump. Located in Arlington, the North County Transfer Station sees numerous people throughout the day, including private residents, companies, and local governments in the business like the City of Marysville.

After weighing the truck and waiting in line, it's Ballou's turn. He reverses the truck into the dumping site and presses a button, allowing all the solid waste to slide off the truck and into the collection site.

Once all the waste is emptied, Ballou drives back to the check-in station. The staff weigh the truck and calculate the deposit. They hand him a receipt - 8.9 tons for the day, or \$935.

End of the shift

With another day done, the Public Works crews are satisfied that they've taken garbage off the streets and are making Marysville a healthier place to live.

"Just knowing that we're taking care of the infrastructure that supports the citizens of Marysville, making sure we're keeping it safe, our job is all about public health and public safety, so that part is really important to us," Latimer said. "That's the part of the job that makes us feel good when we go home at the end of the day."

To learn more about the Sanitation Division, visit the website at <http://marysvillewa.gov/solidwaste>.

- Written by Chelsea Sowards



Members of the Mayor's Diversity Advisory Committee hosted a booth at Healthy Communities Challenge Day in June to discuss issues of diversity and inclusiveness with event-goers. Pictured in the booth from left are Svetlana Pasonok, Mark Austin, Kulvinder Manhas, Susan Stachowiak and Wendy Messarina. "It was a great opportunity to engage parents and young people," says Marvetta Toler, who chairs the Diversity Committee, and also worked the booth.

Mayor's Diversity Advisory Committee reaching out to community

The Marysville Diversity Advisory Committee has had a busy first year carrying out many of its actions intended to make Marysville a more welcoming, diverse and inclusive community.

Committee members in July gave a presentation to the City Council outlining the group's vision, goals and successes to date, and what's ahead.

Now it wants to share that message with you and your group.

As part of the Diversity Committee's outreach and engagement efforts, the group has prepared a 20-minute presentation to share with civic organizations, service clubs and interested parent, youth, school, business or other groups, whether you schedule speaker presentations regularly, or want to host a single event.

"We're at a stage now in our diversity activities where it's important to meet

with community members face to face, and have open conversations about ways to build a more inclusive community," says Committee Chair Marvetta Toler. "Diversity works." To learn more about the Committee, visit the web page at <http://marysvillewa.gov/diversity>.

How you can participate

Request a Presentation:
Contact Doug Buell, PIO/Staff Liaison
(360) 363-8086
dbuell@marysvillewa.gov

Attend a meeting:
Diversity Advisory Committee
2nd Monday each month
3:30-5 p.m.
Council Chambers, 2nd Floor,
City Hall, 1049 State

Information:
Web: <http://marysvillewa.gov/diversity>

FREQUENTLY ASKED QUESTIONS

Q: What are the laws for school zones in Marysville that drivers should know about?

A: With the new school year, and the busy activities it brings with more school buses, students on foot or bicycling along local streets and sidewalks, it's a good time to review some basic traffic safety laws and regulations.

State law establishes the speed limit at 20 mph in school zones. Most of the Marysville school zones are marked with alternating amber flashing lights attached to a sign that reads, "School speed limit 20 mph when lights are flashing or when children are present." The City has installed solar-powered flashing beacons at elementary schools the past few years in designated school zones, which extend 300 feet either direction from marked crosswalks.

Police officers can enforce 20 mph school zone violations any time the beacons are flashing, even if children are not present. The flashing beacons, coupled with crosswalks and crossing guards before and after school, should give drivers more than enough notice to slow down when approaching schools, and ultimately reduce the risk of pedestrian and vehicle accidents.

Mayor signs key agreement with SnoCo PUD for transfer of water service in Sunnyside area

Mayor Jon Nehring on May 29 signed a key agreement that will ultimately transfer water service in the Sunnyside-Soper Hill area from Snohomish County Public Utility District No. 1 to the City of Marysville.

Marysville and the PUD signed off on the agreement to transfer water service for about 4,000 residents - or about 1,800 accounts - from the utility district to the city, a series of complex negotiations that occurred over nearly a decade, and required a change in state law.

People in the Sunnyside/Soper Hill were annexed into Marysville in 2005 as part of the Sunnyside/Whiskey Ridge Annexation and would pay less for water once the transfer happens, officials say.

In 2003, the City and PUD agreed to switch over service for the annexed area, but did not address timing for when the transfer would occur, purchase cost, or differences in water system hydraulics.

Those terms are contained in agreements adopted by PUD Commissioners and the City Council, and finalized with the stroke of the Mayor's pen on May 29.

"This is a substantial piece of work," Nehring said. "It's a huge win for citizens in this area who will see their water bills reduced from what they are paying now."

Nehring commended Chief Administrative Officer Gloria Hirashima, Public Works Director Kevin Nielsen and City Attorney Grant Weed and their staffs for diligence during negotiations, and PUD General Manager Steve Klein and staff, PUD Commissioners and the City Council for authorizing final approval. He also credited local legislators, Sens. Steve Hobbs, D-Lake Stevens and Nick Harper, D-Everett for their bill support.

Marysville needed the Legislature to pass a bill in the 2011 session revising state law that enabled the sale to proceed.



Photo by Doug Buell

Mayor Jon Nehring signs a key agreement with Snohomish County PUD for the transfer to Marysville of water service in the Sunnyside/Whiskey Ridge area. Also pictured, from left, Councilmembers Donna Wright and Jeff Seibert.

It is rare for Marysville government to get a self-initiated bill passed in Olympia.

The \$4.6 million purchase will be made through the city's utility fund, and includes water mains, ductile iron mains, fire hy-

drants, valves and more.

Nielsen said the next step will be moving forward with infrastructure improvements over the next year, with the official transfer of accounts to the city utility billing system expected later in 2013.

State DOE honors Wastewater Treatment Plant with outstanding performance award

The state Department of Ecology in June presented the Marysville Wastewater Treatment Plant with the 2011 Wastewater Treatment Plant Outstanding Performance Award.

The award marks the 5th time in six years that the Marysville plant has achieved full compliance.

"The crew and I are honored to be recognized with this award again," says Doug Byde, Public Works Superintendent.

"Customers should know that the treatment plant has skilled, trained and dedicated operations and maintenance personnel who work together to maintain compliance at the plant. They take

great pride in their work and recognize the importance of NPDES permit requirements."

DOE staff evaluated treatment plans in Washington for compliance with effluent limits, monitoring and reporting requirements, spill prevention planning, pretreatment and overall operational demands of the National Pollutant Discharge Elimination System (NPDES) permit.

The City of Marysville treats and safely discharges wastewater at a current rate of about 5 million gallons per day for more than 15,000 connections.

ABOUT THIS ACTIVITIES GUIDE/ MESSENGER NEWSLETTER



The 2012 Fall/Winter Marysville Parks & Recreation Activities Guide is distributed to Marysville residents and Marysville-area utility customers. The Guide is printed by Consolidated Press. We welcome your comments about this publication. Write to Marysville City Hall, 1049 State Ave., Marysville, WA. 98270, or e-mail dbuell@marysvillewa.gov. Download a copy of this Activity Guide by visiting the City web site at:

<http://marysvillewa.gov>

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News Notes & Newsmakers

Mayor honors volunteers of the month

Mayor Jon Nehring presented several recipients with community Volunteer of the Month honors for their selfless dedication to making a difference in their community. Congratulations to the following recipients:



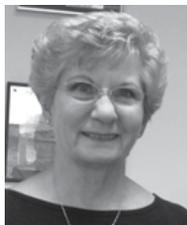
March - Dan Moore, was honored for more than 10 years of coaching 4th and 5th grade girls youth basketball teams through the Marysville Parks and Recreation Department's youth basketball program. Over 100 kids have gained from his caring, inspirational attitude and commitment to coaching, and he has stepped in to guide other teams without a coach.



April - Linda Jackman for her passion helping elementary school children learn to read. Jackman has volunteered an hour a day in Liberty Elementary Teacher Betsy Guerra's first-grade class for the past three years, and followed others in their school to new class levels. She also donates classroom supplies.



May - Tyler Van Brocklin, the youngest volunteer award recipient to date, for contributions at the community center and city Parks and Recreation events. The 14-year-old has taught seniors to play the Nintendo Wii system, helped with annual community center BBQs, assisted with children's crafts at Merrysville for the Holidays events, and raised money and gave his own for a second fireplace at the center.



June - Diane Gardner for her countless volunteer hours and leadership through the Patient Link Program at Providence Regional Medical Center in Everett. She has invested significant volunteer time, effort and compassion visiting with patients, and leading and training other volunteers at the hospital.

Do you know a deserving Marysville citizen who excels in selfless volunteerism and contributes personal time and good works to help others and their community? Why not nominate them for the Mayor's Volunteer of Month Award. Download the nomination form at <http://marysvillewa.gov/index.aspx?nid=191>.



Congratulations to Marysville Municipal Judge **Fred Gillings** for being awarded the Snohomish County Bar Association's 2012 Snohomish County Judge of the Year Award at its annual benefit dinner on May 5. Judge Gillings has more than eight years on the bench in Marysville, and 28 years in the legal profession. He has the added distinction of being the City's first elected judge when judgeships became an elective position in Marysville in 2009-10.



Judge Gillings

Congratulations to City Councilmember **Donna Wright**, who was honored as first-ever recipient of the Distinguished Alumnus Award for Eastmont High Class of 1958 in Wenatchee in June at the school's graduation commencement. Also, Wright, along with fellow Marysville Soroptimist Club members, Maude Barrett, Foy Cordner and Rosie Reynaud, were honored through mayoral proclamation for a combined 100 years of community service.



Wright



Mizell

Tara Mizell, Parks and Recreation Services Manager, was recently named President of the Washington Recreation and Parks Association (WRPA). The nonprofit organization provides professional growth for members, as well as advocacy for and promotion of parks and recreation.

Marysville is well represented, with Athletic Coordinator **Dave Hall** named WRPA Representative serving District 1 (Snohomish, Skagit and Whatcom counties.)

An Employee of the Month award was recently presented to **Anne Miller**, Senior Land Development Review Engineer in the City Community Development Department.

Miller coordinated installation of electronic permitting and project database software last spring. The system features a user-friendly, web-based service for the public and contractors to pay for some residential permits online, review and track projects, schedule inspections and conduct property searches.

Miller has worked for the City for 14 years.

Prior to coming to Marysville, she worked as project manager for a permit software system company, which made her amply qualified to lead the project.



Miller

Happy Anniversary

to these
City of Marysville Employees

15
YEARS

Vanessa Welch, Program Specialist - Municipal Court, *September*

Jeff Franzen, Police Sergeant, *October*
Jeremy Wood, Police Officer, *October*

10
YEARS

Kari Chennault, Program Engineer - Surface Water Supervisor, *November*

5
YEARS

Andrea Kingsford, Recreation Coordinator, *Sept.*
Angela Gemmer, Associate Planner - Community Development, *September*

Pete Shove, Police Officer, *September*

Randy Thorson, Equipment Mechanic - Golf Course, *September*

Esther Nicolas, Administrative Support/Support Tech I, Information Services, *October*

Belinda Paxton, Police Officer, *November*

Mark Harpring, Lead Worker II - Golf Course, *Nov.*

Corey Miller, Maintenance Worker II - Utility Field Staff, *November*

MESSAGE FROM THE MAYOR

Mayor speaks out about flawed odor monitoring study project, and process that produced it

On July 24, officials from the City of Marysville and Tulalip Tribes joined about 100 residents in attending a community meeting hosted by the Puget Sound Clean Air Agency (PSCAA).



City Directory

Your City government functions best when citizens, through public input and civic involvement, share in the responsibility of how local government performs. Please call the Mayor, City Councilmembers or City staff anytime with comments, concerns & viewpoints.

Mayor

Jon Nehring 363-8000 Office
(425) 346-9472 Home

City Councilmembers

Stephen C. Muller 657-4844
Carmen Rasmussen (425) 328-9744
Jeff Seibert 659-2226
Michael Stevens (425) 530-5646
Rob Toyer (425) 760-9471
Jeffrey Vaughan 651-0805
Donna Wright 659-7027

City Staff

Chief Administrative Officer
Gloria Hirashima 363-8000
Community Development Director
Gloria Hirashima 363-8000
Public Works Director
Kevin Nielsen 363-8100
Police Chief
Rick Smith 363-8300
Finance Director
Sandy Langdon 363-8000
Parks & Recreation Director
Jim Ballew 363-8400
Marysville Fire District Chief
Greg Corn 363-8500
Human Resources Director
Kristie Guy 363-8000
City Attorney
Grant Weed 363-8000
Public Works Superintendent
Doug Hyde 363-8100
Assistant City Engineer
John Cowling 363-8100
Municipal Court Judges
Fred Gillings 363-8050
Lorrie Towers 363-8050
Municipal Court Administrator
Suzi Elsner 363-8050
Marysville Librarian
Eric Spencer 658-5000
Community Information Officer
Doug Buell 363-8086

The purpose of the meeting, for which the community was given less than a week's notice, was for agency officials to provide an overview of an odor monitoring study that would use odor-sensing devices to collect real-time data over the next two years. It would start at the end of 2012.

The City of Marysville is open to an independent scientific study, if it can be shown that it will result in enforcement that leads to a solution to the terrible odor that thousands of citizens in Marysville, Tulalip and North Everett have dealt with over the past five years, and remain fully convinced that the Cedar Grove Composting facility on Smith Island is responsible.

This is not that study.

Watch Meeting on Marysville Cable TV

Watch this meeting in its entirety on Marysville government access Channel 21 on Comcast or Channel 25 on the Verizon cable system. Consult the City website at <http://marysvillewa.gov> for dates and viewing times. You can also view the meeting on the City website.

As you will read in remarks made by myself and City Chief Administrative Officer Gloria Hirashima at the meeting, and excerpted below, the study being proposed by PSCAA is flawed on many levels, as was the process for choosing a vendor. We are providing this information to keep you informed on this important local issue.

Mayor Nehring's remarks:

This community has put up with this odor for five years.

We're tired of the delay tactics, we're tired of the endless studies, the government games. It's time for a solution.

For the last two years, we've worked in partnership with the Puget Sound Clean Air Agency, and your representatives have come here and told this community - and we've backed you 100 percent - "call us, call us, call us, this is how we're going to get the enforcement and solve the problem." We've educated our citizens to do just that. This is a solution, we were told. We'll have to wait a couple years for PSCAA to gather the data. The public was diligent, you were diligent.

You got citations levied against Cedar Grove Composting and its operations, and defended the citations successfully before the Puget Sound Pollution Control Hearings Board, and then you gave it away in a settlement where Cedar Grove gets to pick their own odor monitoring firm that is already a vendor of theirs that they pay \$200,000 for odor monitoring. There is no enforcement mechanism. You mentioned you came to the City earlier about the odor monitoring study. We offered you a counter-proposal that included enforcement and solutions. You discarded it in a matter of days and went forward.

It says in your own PSCAA Board of Directors minutes that you went forward against the suggestions of the Marysville and Tulalip communities. Obviously it wasn't that important to you to find out what our solutions were.

This is the problem with this study. We cannot support a study by a biased third party (Odotech). Odotech is already a vendor being paid by Cedar Grove.

In minutes from the June 14 PSCAA Board meeting, a representative (from Odotech) already insinuated that they think the smell might be coming from the Marysville Wastewater Treatment Plant. (The Marysville, Tulalip and North Everett communities) know the smell we're talking about. We drive by it on I-5 every day and on SR 529.

It's a distinct smell that everybody knows, and people are tired. We don't need another data-gathering study. What we need is a solution and enforcement.

We need somebody to step up and care and stand up for the average citizen, and not bury ourselves in another delaying tactic, and that's why Marysville is opposed to this, because we don't have an unbiased firm - we have a very biased one in our opinion, and I've cited examples of why. So we're going to sit here for two more years and collect data that we don't trust. What's the solution after that? I don't see any enforcement in this.

Chief Administrative Officer's remarks (condensed):

Having participated in some of the discussions for this odor monitoring study, I have to say that with 22 years in public service, this process and your agency's participation in it, as well as other agencies, has been the most disappointing public process I have ever seen in my years of public service....We sat down with agencies after reviewing the records for the RFP (Request for Proposals) process for this odor contract. The process was so rigged, it was so flawed...and pre-determined to select Cedar Grove's vendor, that we got a commitment from your staff that you would not go forward with the study because you thought our concerns were valid.

Burglary Strike Team passes 100 arrests in crackdown that sends burglaries plummeting

A Strike Team mobilized by Police to pro-actively crack down on a rise in burglaries in Marysville has had the intended effect: *this is no place to be a burglar.*

The burglary crackdown kicked off on May 8 as part of a planned six-week emphasis campaign, with after break-in rates went above five-year averages in recent months.

Within the first week, police made 13 arrests, which included the three suspects wanted in a rash of callous obituary burglaries perpetrated while homeowners were attending funeral services. After five weeks of operation, the Strike Team had made 52 arrests, said Lt. Darin Rasmussen, who is coordinating the initiative.

By the end of July, the team had made 101 arrests, and recovered \$116,000 in property that included \$20,000 in tools from construction sites, \$20,000 in jewelry, five vehicles, a golf cart, handguns, an acoustic guitar, an antique boat motor and a 100 oz. silver bar.

“We changed our focus from trying to solve individual burglaries to going out and going after people who we know are involved in burglaries,” Rasmussen said.

The Strike Team’s pro-active approach to the spike in burglaries ties in many elements of the Police Department, including the skills of the NITE Team, a detective, three officers, crime analyst and the K-9 unit, said Rasmussen.

Police Chief Rick Smith said the goals of the Strike Team were:

- ❑ Pro-actively identify and apprehend those individuals and rings committing burglaries and vehicle prowls;
- ❑ Educate and inform the community how to protect themselves and how not to be victims of crimes; and
- ❑ Decrease the number of new burglaries and vehicle prowls within Marysville.

Police also used crime analysis to identify five hotspots within the City, which have since been dealt with and seen no new burglaries, Rasmussen said.

At this time each year, the burglary rate rises about 17%. This year, with Strike Team’s proactive approach, they have reduced residential burglary, reduced vehicle prowls, reduced the rate of robberies, and reduced vehicle theft.

Rasmussen said stealing property to quickly turn around and sell for drugs remains a key motivator - but not the only motivator - for breaking into homes and vehicles.

In his annual State of the City Address, the Mayor reported that overall crime last year fell 15.77 percent, due to police redeployment and targeted, pro-active response in rooting out specific criminal activity in Marysville. While nearly all category crimes were down, one category on the rise was burglaries – both residential and commercial. The City had seen a total increase of 19% between 2010 and 2011.

The Chief praised the Strike Team members for their success.

“The Strike Team has actively reached out to the community, and I want to thank Lt. Darin Rasmussen, Sgt. Brad Akau and all of the Strike Team members for the tremendous work they have done.”

What can you do to protect yourself and neighbors?
Become an MVP Volunteer, form a Neighborhood Watch to put ‘eyes and ears’ to work in your neighborhood

Contact: Lt. Darin Rasmussen

Phone: (360) 363-8319

Email: drasmussen@marysvillewa.gov

Pick up an application in the Public Safety Building, 1635 Grove St.

Download form on City website: <http://marysvillewa.gov>



Did you know the most common break-in method is a hard kick to the door? Burglaries occur mostly between the hours of 10 a.m. and 3 p.m. when you are presumably away at work? So, what can you do to protect your home?

Lock all doors and windows, even when leaving for a short time

- Record all serial numbers of any and all personal property (the serial # is needed for the police report to be entered as a stolen item.
- Have locks changed or re-keyed when moving into a new home or apartment.
- Install locking devices on all windows
- Install deadbolt door locks on exterior doors and any interior door between the garage and house.
- Don’t hide spare house keys outside the home. Find a trusted neighbor instead.
- Install track type locks, drop bars, wooden dowels or pinning devices on sliding glass doors.
- If someone knocks at the door, answer it letting them know that someone is home.
- Never let strangers enter your home.

Never let strangers enter your home

- Don’t post photos on social media sites updating people about your vacation.
- Use motion sensors and photocells on exterior floodlights.
- Ask to see door to door solicitors’ business license or permit
- Install peepholes on doors.
- Be aware of strange vehicles and individuals in the neighborhood.
- Never give keys to people making improvements to your home.
- Trim shrubs around doors and windows so burglars don’t have a sheltered place to work.



The City Council meets for Work Sessions the 1st Monday each month, with Regular Meetings the 2nd & 4th Monday of each month. Meetings are 7 p.m. in City Hall, 2nd Floor, 1049 State Ave. Council does not meet in August.

Front row, from left: Councilmember Donna Wright, Mayor Jon Nehring and Councilmember/Mayor Pro Tem Jeff Vaughan. Back row from left, Councilmembers Jeff Seibert, Stephen Muller, Michael Stevens, Carmen Rasmussen and Rob Toyer. Phone numbers below are area code (360) unless otherwise noted.

YOUR 2012 MARYSVILLE CITY COUNCIL

Mayor

Jon Nehring Office: (360) 363-8000 mayor@marysvillewa.gov
Home: (425) 346-9472

City Councilmembers

Jeffrey Vaughan (Mayor Pro Tem)	651-0805	jvaughan@marysvillewa.gov
Stephen C. Muller	657-4844	smuller@marysvillewa.gov
Carmen Rasmussen	(425) 328-9744	crasmussen@marysvillewa.gov
Jeff Seibert	659-2226	jseibert@marysvillewa.gov
Michael Stevens	(425) 530-5646	mstevens@marysvillewa.gov
Rob Toyer	(425) 760-9471	rtoyer@marysvillewa.gov
Donna Wright	659-7027	dwright@marysvillewa.gov

Between April and July 2012, the Marysville City Council took action on 98 agenda items. Below are highlights from their deliberations. To view actual Council minutes, visit the City website at marysvillewa.gov., then click on "City Documents."

APRIL

◆ Adopted 2011 Sewer Comprehensive Plan that addresses the City's planning needs for the next 20 years for wastewater collection, transmission, treatment and disposal, as well as future service area development.

◆ Gave a Key to the City to Michael Jefferson, a Marysville contestant on CBS' "Survivor: One World" reality show. Jefferson was a former Parks and Rec employee and participated in Healthy Communities Challenge Day in June.

MAY

◆ Passed a Resolution opposing impacts of increased rail traffic in Marysville resulting from the proposed coal export rail terminal project in Whatcom County and requesting agencies reviewing the Environmental Impact Statement (EIS) to include impacts along the train route for freight moving to the proposed terminal.

◆ Authorized Mayor to sign an interlocal agreement renewing annual participation in the Snohomish Regional Drug and Gang Task Force.

◆ Affirmed the Planning Commission's recommendations and adopted the 2012-2016 Community Development Block Grants Consolidated Plan.

◆ Established a Citizen Advisory Committee for Housing and Community Development related to Community Development Block Grant planning and funding.

JUNE

◆ Awarded a \$1.4 million contract to SRV Construction for the 51st Avenue NE extension from 84th to 88th Street NE to create continuous north-south corridor the same as State and 67th avenues.

◆ After a public hearing, Council passed a Resolution for the 6-Year Transportation Improvement Plan (TIP), total program cost over six years of \$298 million, with an estimated program of \$38 million for 2012. Funding sources are a mix of grants and revenues from WSDOT, Sno. County, Tulalip Tribes and the City.

◆ Authorized the Mayor to accept the LED Street Lighting Retrofit Project with Totem Electric (see related story, Page 29.)

◆ Adopted a temporary ordinance extending a moratorium for one year on the establishment of medical marijuana dispensaries and collective gardens. The ordinance gives City and planning officials more time to review licensing and permitting issues, and for state and federal lawmakers or potential voter initiatives to address uncertainties in existing law.

JULY

◆ Issued a Proclamation supporting Olympic discus thrower Jarred Rome of Marysville in his quest for gold in the 2012 Summer Olympics in London.

◆ Awarded a \$709,212 contract to SRV Construction for the Whiskey Ridge Sewer Extension and Soper Hill Road Water Main Project. The project includes extension of 1,580 feet of 12-inch gravity sewer west of Soper Hill Road & 83rd and east to the 87th & Soper Hill Road.

◆ Council adopted a set of ordinances to stimulate more building activity in Marysville. Temporary relief includes deferment of development impact fees for parks and open space, traffic and schools; deferment of sewer and water connection charges; an industrial pilot program creating incentives for living wage jobs; and a 22% reduction in traffic mitigation fees thru July 23, 2015 for new construction of industrial/commercial development.

Get in the holiday spirit! Merrysville for the Holidays and Electric Lights Parade

a hometown tradition for 24 years

Join the Merrysville for the Holidays revelry; sign up your group for Electric Lights Parade!

Get in the holiday spirit! Join Santa Claus and Marysville Parks and Recreation for the 2012 Merrysville for the Holidays Electric Lights Parade on Saturday, Dec. 1 in Comeford Park.

Wintery wonderland lights and sounds are never more magical in Marysville than during the Merrysville for the Holidays community celebration. This event brings together individuals, service clubs, sports organizations and businesses, one of Marysville's best-attended events.

Music will be provided in the park. Parade starts at 6:30 p.m. The celebration continues with a family outdoor concert at 7 p.m., the Watertower lighting, food vendors and holiday bonfire. Volunteers needed. Parade lineup will begin at 5 p.m. in the Courthouse parking lot with judging at 6 p.m. Cost is \$20 per entry. Walking and/or motorized entries welcome.

Course #: 9894
Time: 5:00 - 9:00 pm
When: Saturday, Dec. 1
Contact: Andrea Hartland Kingsford
akingsford@marysvillewa.gov
Age: All Ages
Cost: \$20 Parade Entry Fee

Craft Bazaar for Merrysville for the Holidays

Calling all crafters! Vendors interested in selling crafts for the Merrysville for the Holidays Bazaar on Dec. 1 will be chosen by staff for 2012. Call to request a vendor application and return it no later than Sept. 24. We are looking for fine, handcrafted items and gifts. Most booths are indoor, with some outdoor space available as well. For specific information call (360) 363-8450.

Time: 2:00 - 8:30 pm
When: Saturday, Dec. 1
Location: Community Center, 514 Delta Ave.
Cost: FREE for shoppers,
\$25 for vendors

Mark your calendar:
Marysville Community Food
Drive Saturday, Nov. 3



Start a new family tradition!

Cedarcrest Golf Course Holiday Tour of Lights

Thursday * Friday * Saturday
evenings Dec. 6-29



A great low-cost family holiday outing will be presented again this year at Cedarcrest Golf Course for the 2nd annual Tour of Lights Festival.

Marysville's public golf course will be transformed at dusk for public tours of holiday light displays dotting the west side of the course. Tours begin at 6:30 p.m. and end by 9 p.m.

Visitors to this new holiday experience are driven through the course on one of two tractor pulled trains sponsored by Marysville Rotary Club. The holiday-decorated trains provide a fun 20-minute ride passing many holiday displays - and maybe a visit from Santa or his elves along the way.



Displays feature a variety of critters and themes, including pen-guins, golfers, reindeer, a rocket ship and soccer-playing gingerbread people. "These displays will give people something to *ooh* and *ah* about," Marysville Parks Director Jim Ballew says. "It's incredible fun."

As part of the Tour of Lights, Cedarcrest's Bleachers restaurant is offering holiday treats on the deck and a special menu during the weekends. Live music and entertainment, including visits from Santa, are planned throughout the length of the event.

Join the tour at Cedarcrest Golf Course, 6810 84th St. NE. It is free, but suggested donations are \$3 for a child, \$5 for an adult and \$20 for families. For information call Marysville Parks and Recreation at (360) 363-8400 or visit us on the web at <http://marysvillewa.gov>.

Sponsored by:

The Everett Clinic | Smokey Point
For the whole you. | Medical Center



FEBRUARY 2013 PREVIEW

Father-Daughter Valentines Dance

Save the Date! Saturday, Feb. 2 or Feb. 9.
Registration begins **Jan. 7, 2013**. Pre-registration
required. More information: (360) 363-8400.



City of Marysville
1049 State Ave.
Marysville, WA 98270

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Touch A Truck coming Sept. 8!



The City of Marysville invites you to Touch A Truck on Saturday, Sept. 8, an event that puts your kids in the driver's seat of Marysville's biggest heavy-duty rigs. Honk the horns, set off sirens* and kick the tires on a variety of big rigs like dump trucks, a backhoe, vactor truck, police vehicles, street sweeper, Marysville Fire District fire engines, garbage trucks and an aid car. Come join the fun! Marysville Noon Rotary Club will offer special activities for kids. Marysville Kiwanis will have tasty treats for sale.



More info: call (360) 363-8400. No pets, please.

Time: 10:00 am - 1:00 pm
When: Saturday, Sept. 8
Location: Asbery Field at Totem Middle School
1605 7th St. NE
Age: All Ages
Cost: Free

* Horns and sirens from 10:00 a.m.-noon only

Bring a canned food item & help the Marysville Community Food Bank



Three Among the Wolves: A Helen Thayer Presentation

Back by popular demand, author, world adventurer and classroom lecturer Helen Thayer returns this fall to present "Three Among the Wolves," a stirring account of living with wolves in the wild. This presentation is the subject of Thayer's second book. She and husband, Bill and their dog, Charlie, travelled to the untouched Canadian Yukon Territory above the Arctic Circle to live within 100 feet of a wild wolf den. They observed and documented the daily lives and behaviors of the pack, then returned in winter to study the wolves' interaction with polar bears on the northern sea ice. It is a remarkable story of wolves in their true wild state, with pup care, hunts and social hierarchy explained. Audiences will want to take these wolf families and their mischievous pups home with them. This is a motivational program of rare photography, not only of the wolf family but many other Arctic animals including grizzlies, moose and the elusive lynx, and of tundra plains of the far north.



Course #: 9952
Time: 7:00 - 8:00 pm
When: Friday, Nov. 2
Instructor: Helen Thayer
Location: Marysville City Hall, 1049 State Ave.
Age: Adult, 12 and older
Cost: \$15