



# MARYSVILLE READY NEIGHBORS

## Preparing for People with Disabilities and Others with Access and Functional Needs

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*What specific considerations should you think about while preparing for emergencies and disasters? This packet contains more information, examples, and activities to help.*



# Gathering Emergency Supplies

Have you considered the needs of everyone in your household?

## Be Two Weeks Ready

Emergency preparedness kits for people with disabilities or others with access and functional needs are critical, ensuring individuals have specialized medical supplies, assistive devices, and communication tools. Ideally you want to have enough supplies to last you two weeks, so think about what supplies you should gather and different ways you might be able to gradually work towards that goal.

## Supply Considerations

**WHY?** While gathering emergency supplies, it is important to think about the things you use on a daily basis. Below are a few examples to get you started.

- *Several days supply of prescription medicines*
- *Batteries for cochlear implants and extra hearing aids*
- *Supplies for the safety and well-being of service animals*
- *Stimulating activities or noise-canceling headphones*
- *Wheelchair tire repair kit, extra inner tubes, and patch kit*
- *Consider dietary supplements/restrictions for emergency food*
- *Battery operated lantern for communication by sign language*
- *Dry erase board or low tech communication device*

**What else can you add to the list? Use the next page to plan.**



# My Supply Considerations

Use this space to plan for your household supply needs.



# Creating Your Emergency Plan

Have you considered the needs of everyone in your household?

## Planning Ahead

When faced with an emergency or disaster, stress and anxiety can cloud our thinking and decision-making. Planning ahead gives us the opportunity to carefully consider our needs and take action before we're in a crisis situation, ensuring we don't overlook critical items or steps that could affect our safety and well-being.

## Planning Considerations

**WHY?** As you are filling out your Household Emergency Plan, it is important to think about your specific needs. Below are some examples to get you thinking.

- *Plan for medications that require refrigeration*
- *Create a list of all medications, dosage, and any allergies*
- *Label equipment with name and emergency contacts*
- *Identify accessible transportation in case of evacuation*
- *Plan for multiple locations to store back up supplies*
- *Create a support network of people who can help in a disaster*
- *Keep a list of the nearest medical facilities*
- *Identify local repair shops for mobility and assistive devices*
- *Think about how different hazards might impact your health*

**What else can you add to the list? Use the next page to plan.**



# My Planning Considerations

Use this space to plan for your specific needs.



# Assistive Technology

Do you have a plan for your technology in the event of a power outage?

## Planning for a Power Outage

**WHY?** Power outages can disrupt things that many people with disabilities rely on for their health and independence, such as essential medical devices.

- *Create a power outage plan for any durable medical equipment*
- *Know where you can evacuate to for extended outages*
- *Keep devices fully charged to maintain power during outage*
- *Install alarm for electrical service interruption during the night*
- *Keep back up batteries on hand*
- *Have a plan for alternative sources of power*
- *Have a schedule to check alternative power readiness*

## List of Assistive Devices and Medical Equipment

Use this space to note any planning considerations related to durable medical equipment (DME) or assistive technology.



# Assistive Technology & Durable Medical Equipment (DME) Equipment List



**TIP:** Keep a copy of the equipment manual in your kit or another safe place. There may be more than one manual for each item.

Model name: \_\_\_\_\_

Serial number: \_\_\_\_\_

Purchase date: \_\_\_\_\_

Power required?: \_\_\_\_\_ Battery capacity?: \_\_\_\_\_

Rechargeable battery vendor: \_\_\_\_\_

Other notes: \_\_\_\_\_

Model name: \_\_\_\_\_

Serial number: \_\_\_\_\_

Purchase date: \_\_\_\_\_

Power required?: \_\_\_\_\_ Battery capacity?: \_\_\_\_\_

Rechargeable battery vendor: \_\_\_\_\_

Other notes: \_\_\_\_\_

Model name: \_\_\_\_\_

Serial number: \_\_\_\_\_

Purchase date: \_\_\_\_\_

Power required?: \_\_\_\_\_ Battery capacity?: \_\_\_\_\_

Rechargeable battery vendor: \_\_\_\_\_

Other notes: \_\_\_\_\_



## Extra Notes

## More Preparedness Resources (with videos)

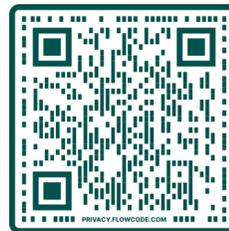
Ready.gov/Disability



Centers for Disease Control and Prevention



Center for Independence (CFI)



*Thank you to CFI Marysville for their input and guidance on creating this resource!*

