


SUMMER SAFETY

Camping Safety Tips

- Choose the right type of shelter, consider age, physical limitations and medical needs of everyone in your group.
- Make sure to keep an eye on the weather forecast before your trip.
- Pack and store food safely! 
- Practice Campfire Safety.



Swimming Safety Tips




- Swim in designated areas supervised by lifeguards.
- Always swim with a buddy; do not allow anyone to swim alone.
- Never leave a young child unattended near water and do not trust a child's life to another child; teach children to always ask permission to go near water.
- Have young children or inexperienced swimmers wear U.S. Coast Guard-approved life jackets around water, but do not rely on life jackets alone.
- USE SUNSCREEN & remain hydrated

Look Before You Lock! Car Safety for Kids and Pets

- Don't leave kids and pets in the car.
- Don't leave children or pets in the car while you run inside someplace on an errand, even with the windows cracked.
- The temperature inside a parked car shoots up nearly 20 degrees Fahrenheit within the first 10 minutes
- Remind yourself to bring passengers inside.

Heat Related Deaths **ARE** Preventable
LOOK BEFORE YOU LOCK



The temperature in your car can quickly become deadly!

Outside Temperature 80°

Inside 99° Time Elapsed: 10 Minutes	Inside 109° Time Elapsed: 20 Minutes
Inside 114° Time Elapsed: 30 Minutes	Inside 123° Time Elapsed: 60 Minutes